

## Client Testimonials

*I have been looking for a trustworthy cleaner in my area for some time now. I found Mum's Helping Hands, the staff are professional and very helpful. I fell ill some time ago and was unable to pick my daughter up from school, luckily they had their own taxi company 'Mum's Cars' which helped me tremendously.*

**Cindy Malbourne – Mapperley**

*I have been using Mum's Helping Hands Cleaning Service for several years now as part of my business turning around rental properties for new tenants. I have found her and her team to be professional and ready to accommodate, even at short notice. Their service has been exemplary and I would highly recommend their service to anyone"*

**Keith Knowles – Lenton, Nottingham**

*I have a very busy work schedule that prevents me from cleaning my own house and I can honestly say that I could not clean my house as well as Mum's Helping Hands.*

**Alex Whitaker – Ruddington, Nottingham**

*Initially we contacted Mum's Helping Hands to help us on a temporary basis and they were extremely efficient and instantly found us someone to help. Now they work for us on a permanent basis and it is a joy to walk into such a clean office every day.*

**Darren Thomas – Blue Telecommunications, Nottingham City Centre**

*"Mum's Helping Hands has delivered our cleaning for a few months, we are delighted with the service, Janet is always reliable and trustworthy and we look forward to having her every week. We are unable to get out of the house, and we have our Pension collected and some shopping done as well".*

**Phyllis Ball – Bilborough, Nottingham**

*What a unique service, just came out of hospital had a major operation, hopeless can't do anything. Thanks to Mum's Helping Hands I solved my problems in one go. They did all my domestic chores which I hate anyway. Very professional and I would recommend them to anyone.*

**Maxine Pearson – Long Eaton, Nottingham**

Are you sleeping with the enemy?  
Do you feel itchy?  
Having sleepless nights?  
Having trouble breathing



### Symptoms of Dust Mite Allergy include:

- Wheezing or tight chest
- Coughing, especially at night
- Eczema
- Sneezing or sinus symptoms
- Hay fever or blocked noses

Of course you may not have any allergies or any of the symptoms of allergic reactions. You may just want to enjoy a good nights sleep



If you suffer from any of the symptoms listed above, or just need any bad odours removed from a mattress, then call us on

**0115 970 6705**

**NEW**



## SEA-GREEN Kitchen Degreaser

*The Natural  
Cleaning  
Power of  
Seaweed*

**Try our new  
eco-friendly  
cleaning product**



**Your own personal  
Helping Hand**

Available to you by making one call  
**Tel: 0115 942 0028**





Mum's Helping Hands is a friendly and professional organisation providing a high quality cleaning service for the home or office in the Nottinghamshire area at affordable rates.

#### **Mum's Helping Hands services include:**

- General Home Cleaning
- Washing & Laundry
- Ironing
- Making Beds & Linen Changing

#### **Additional Services include:**

- Domiciliary care
- End of tenancy cleaning
- Mattress cleaning service
- Shopping service
- Home organisation & tidiness
- Baby sitting and childminding service
- Early discharge from hospital assistant
- Companionship
- Gardening and maintenance service
- Commercial office cleaning
- Handy-man maintenance
- Doctors, Dentists and Vets cleaning services
- Window cleaning service
- Fireproofing services
- Dry cleaning service
- After builders cleaning
- Pet sitting and dog walking service

*All our services are tailor-made to our clients needs. So please call us at any time to discuss these in more detail.*

**Tel. 0115 942 0028**  
[www.mumshelpinghands.com](http://www.mumshelpinghands.com)

All staff employed by Mum's Helping Hands, are subject to a criminal records bureau check to give you peace of mind that you are in safe hands when allowing members of staff into your home and helping you in some of the most personal aspects of your life. All our staff are uniformed and we are fully insured and fully vetted.

#### **Mum's Helping Hands staff will:**

- Treat you with respect
- Help you to live as independently as possible
- Keep information about you confidential
- Work with you to provide the service you need
- Treat you fairly on the basis of need and not discriminate against you on the grounds of race, age, sex, religion, disability or sexual orientation
- Be CIEH trained in health and safety. (Chartered Institute of Health and Safety)
- Use ECO friendly cleaning products
- Be available, 7 days each week



Registered with and licensed by  
 the Care Quality Commission (CQC)

**OFFICE ADDRESS**  
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