

# Home Counties Carers

Friendly, professional and reliable home care



### What we do

"We help people to continue to live independently, safely and in comfort in their own home, for as long as they want."

#### Lucinda Kalpuka

Co-founder and Registered Manager



"We are a local, family-run business that takes pride in recruiting and training Carers from the local area. Before they can join the Home Counties team, they must pass DBS checks and show a genuine commitment to providing friendly, sensitive and supportive care at home."

#### Matthew Kalpuka

Owner & Business Manager

"Together we will tailor care to your individual needs, match our carers to you and provide what you want when you want it"

#### Ingrid Clift

Care Manager

Some customers only need our carers to pop in for an hour, once a week. Others require several daily visits, overnight care, or it could simply mean sharing a friendly ear and having a chat over a cup of tea.



## What our carers do

#### Personal care

- · Help getting up, getting dressed and getting ready for the day
- · Undressing and getting ready for bed
- · Bathing, washing and oral hygiene
- · Toileting and continence care

#### Companionship and personal assistance

- Medication reminders
- · Mobility and hoisting
- · Preparation and assistance with meals
- Conversation and companionship
- · Light housekeeping and laundry
- · Errands such as dog walking or collecting prescriptions
- Shopping
- · Helping with travel, visits and transport
- · Recreational activities
- · Help with mail, telephone calls and emails

#### **Specialist services**

- · Dementia care
- Parkinson's care
- · Post-operative support
- · Learning & physical disabilities from 18 years
- Respite
- · Sleeping and waking nights
- · 24 hour care packages
- · Live-in care in conjunction with Loga Care



## Who we are

### Lucinda Kalupka

### **Co-founder and Registered Manager**

Care has always been central to my nursing career and I have especially enjoyed working with the elderly. It is important to us that our service is not just one of duties performed and care given, but one of friendship and support, and our goal is to enable our clients and enrich their lives. Our carers understand that their role is also reaching out and being there for those that may not have a family or social network.

### Matthew Kalupka

#### **Co-founder and Director**

People have always come first for me, whether it is family, friends or colleagues – their trust and happiness have always been my priority. Our goal is to maintain our clients' independence, safely and comfortably. We do this with minimal intrusion or disruption, assuring family & friends that their loved ones are being cared for to the highest standards by the best staff in the industry.



## What our clients say

"Lovely carers helping me care for my partner with Alzheimer's and working with me to ensure he retains as many skills as possible following an accident. Very supportive and willing to adapt to changing needs."

Mrs W, Merrow

"My elderly father (97) came back to his house from a nursing home. Home Counties Carers were able to offer him excellent support during the day and also provided a night sleeper at the house. This gave me peace of mind to know that my Father was well cared for and safe. The carers were well trained and very caring to my father. I have no hesitation in recommending them."

#### Mrs S, Bookham

"When my mother lost her husband she was completely overwhelmed with grief. Unable to return to their family home because it would have meant nights alone and having to do everyday tasks which were impossible to contemplate, she came to me .I soon realised that she was just sitting, lost in grief. I was unable to leave her alone even for an hour. Home Counties came into our lives and, most importantly, became genuine companions to her. What a relief they were. Thank you."

Mrs T, Guildford



## Where we work

Our home care and support services cover Guildford, Woking, Leatherhead and the surrounding area.

Get in touch, talk to us – we are here to help.

## 01483 224 985

www.homecountiescarers.co.uk info@homecountiescarers.co.uk

The Cottage, The Street, West Clandon, Surrey GU4 7SY

