

## Care Matters – High Quality Care at Home

### Personal Care



A friendly face will call to cheer your day up and help you with your personal care needs, albeit with prompting you to take your medication, helping you to wash, bathe or shower, if there is any aspect of your personal care you need assistance with please ask

### Palliative Care



Our dedicated, trained staff will be there to give you support and understanding, be it with direct personal care, or words of comfort. Care Matters can offer companionship to give some respite to loved ones

### Holiday Cover



Are your main carers going on holiday, but you would prefer to stay in your own home? Care Matters staff can call in to offer support with your needs, and to ensure that you are safe and well looked after until their return

### Transportation & Activities



Are you wanting to get out more to social activities? But find it difficult to manage with public transport and no one to go with you to support you. Care Matters have Support workers who may have the same interests as yourself to escort you to and from activities using their own transport

### Domestic & Housekeeping



If you are struggling to manage domestic tasks but otherwise can manage quite well to live in your own home, Care Matters can help you to promote your independence by assisting with these jobs

### Reablement - Hospital to Home



After a long stay in hospital or respite, you may feel that you need support and reassurance to get back into a normal routine, Care Matters staff can help support you until you regain your confidence in every day living skills