

Marcus Garvey Day Centre

Day Service primarily catering for the needs of older African/Caribbean citizens

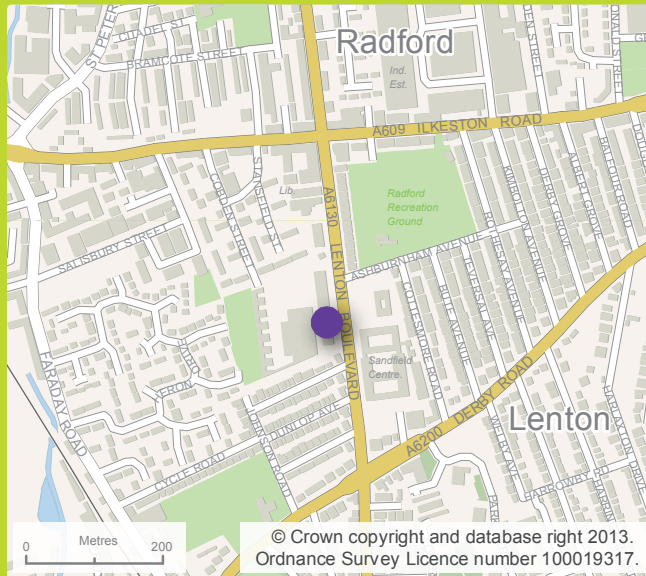


How to find us

Marcus Garvey Centre
Lenton Boulevard
Nottingham
NG7 2BY

For a friendly chat about our Centre, including opening hours and appointments please call 0115 876 3222.

The Marcus Garvey Day Centre is easily accessible by public transport and is served by major bus routes.



If you need our help to access or understand this information, please call us on 0115 876 3222 or email adultsocialcare@nottinghamcity.gov.uk

“I enjoy meeting my friends and new people. I also enjoy the meals and if I did not come out to the Day Centre I would be very lonely and depressed. My old neighbours have all gone. Staff are friendly and helpful.”

About the Marcus Garvey Day Centre



The Marcus Garvey Day Centre primarily caters for the needs of older African/Caribbean citizens with dementia, physical, sensory and mental health disabilities. All the staff at the Centre are from African-Caribbean background and are fully trained and skilled in caring for the elderly.

During your first few weeks at the Marcus Garvey Day Centre, we will work closely with you to carry out an assessment of your needs.

Our aim is to support you to work towards your goals and to help you have as much independence as possible. We will also maintain close links with your carers, and give support and advice where needed.



We provide an activity-based service with links to other agencies. We are able to put you in touch with other organisations that can help you.

You are assigned a keyworker, who will ensure that you get the most out of your attendance at the Marcus Garvey Day Centre. If you have any problems or issues, please speak to your keyworker.

How can the Marcus Garvey Day Centre benefit you?

The Centre aims to develop, maintain and prevent the loss of a person's independence by enabling people to rebuild their confidence, increase socialisation and an overall improvement in their quality of life.

At the Marcus Garvey Day Centre our services are built around you. Everything from meals and transport to activities and leisure time is tailored to provide you with quality care and an enjoyable experience.

Activities: We offer interesting and varied activities including chair-based exercise, days trips and indoor activities including arts and crafts, puzzles, quizzes, storytelling and dancing. People with dementia are looked after in our Alzheimer's group and staff carry out reminiscence and memory work and activities designed to stimulate and encourage people.

As our care is person-centred, we try to accommodate for requests made by citizens, for example suggestions made regarding activities which they would like to take part in.

Transport: We can facilitate transport to and from the Centre, for which there is a charge. There is car parking available for visitors to the Centre.

Meals: You can have authentic Caribbean meals at the Day Centre. We cater for most dietary needs, and all our meals are reasonably priced.

Personal care: We provide personal care to those who require it, in a dignified and respectful manner. All our staff are fully trained in this area of care.

Representative groups: The Marcus Garvey Day Centre has members' representative groups which meet regularly to discuss and input on issues in the Centre and in the community as well.

"I love the friendliness of all other people who attend and the staff team."

"Marcus Garvey Day Centre is a place for me to go out of the house to take part in activities, keep myself active and also provides break to my family who look after me."

"Coming to Marcus Garvey Day Centre stops the loneliness."

Call us now on 0115 876 3222