

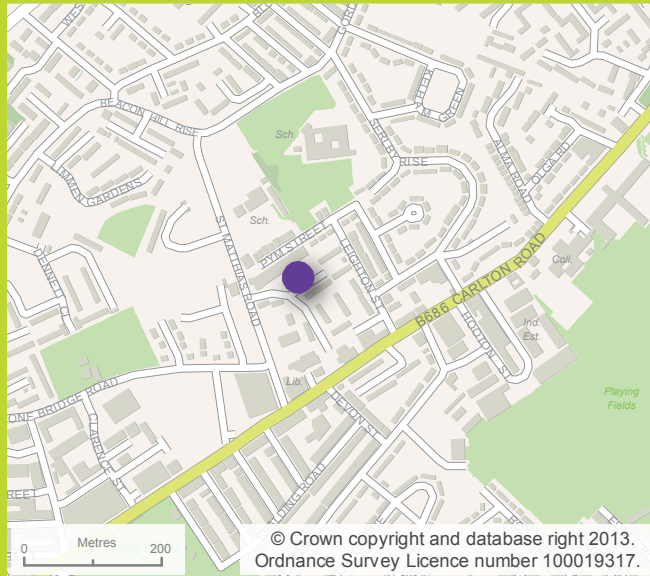
# Albany House Day Service

Day Service for people with dementia, physical, sensory, mental health and learning disabilities



## How to find us

Albany House Day Services  
Orby Close  
Nottingham  
NG3 2FP



For a friendly chat about our Centre, including opening hours and appointments please call 0115 876 3222.

Albany House is easily accessible by public transport and is served by major bus routes.

If you need our help to access or understand this information, please call us on 0115 876 3222 or email [adultsocialcare@nottinghamcity.gov.uk](mailto:adultsocialcare@nottinghamcity.gov.uk)

“It gives my family peace of mind knowing I am safe when I am at the Centre. I have been able to access activities which have not been available to me in the past. It is the best time of my life.”

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For more information please visit  
[www.nottinghamcity.gov.uk/supportingadults](http://www.nottinghamcity.gov.uk/supportingadults)

# About Albany House Day Service



Albany House Day Service, in St Ann's, provides support to people with physical and sensory, mental health and learning disabilities and also specialist dementia support.

During your first few weeks at Albany House Day Service, we will work closely with you to carry out an assessment of your needs.

Our aim is to support you to work towards your goals and to help you have as much independence as possible. We will also maintain close links with your carers, and give support and advice where needed.



We provide an activity-based service with links to other agencies. We are able to put you in touch with other organisations that can help you.

You are assigned a keyworker, who will ensure that you get the most out of your attendance at Albany House Day Service. If you have any problems or issues, please speak to your keyworker.

## How can Albany House Day Service benefit you?

The Centre aims to develop, maintain and prevent the loss of a person's independence by enabling people to rebuild their confidence, increase socialisation and an overall improvement in their quality of life.

At Albany House our services are built around you. Everything from meals and transport to activities and leisure time is tailored to provide you with quality care and an enjoyable experience.

The building is modern with state-of-the-art facilities for bathing and showering, an induction loop system, internet access, gardens with raised flower beds, and outdoor seating areas. All rooms, toilet areas and outside areas are accessible and user-friendly for wheelchair users.

**Activities:** We offer large group activities including quizzes and card games, sing-alongs, chair-based exercises, sports, gardening and social events such as football matches, bowling and eating out.

As our care is person-centred, we try to accommodate for requests made by citizens, for example suggestions made regarding activities which they would like to take part in.

**Transport:** We can facilitate transport to and from the Centre, for which there is a charge. There is car parking available for visitors to the Centre.

**Meals:** You can have meals with us at the Centre. We cater for a range of dietary needs. There is a charge for meals.

**Personal care:** We provide personal care to those who require it, in a dignified and respectful manner. All our staff are fully trained in this area of care.

**Representative groups:** Albany House Day Service has members' representative groups which meet regularly to discuss and input on issues in the Centre and in the community as well.

"I really enjoy the Centre, it gives me an interest and gives my wife respite from her caring role. I also get a well balanced meal and I feel more cheerful and independent."

"Albany House has given me freedom from 'four walls' and it has helped improve my self esteem and wellbeing. It has also helped me make new friends and lasting relationships."

Call us now on 0115 876 3222