

# Fresh daily

We are a meals on wheels service with a 5 star rating from environmental health. We cover a 15-20 mile radius of Thetford, delivering hot traditional meals and desserts 7 days a week, to the local community.

## LUNCH IN 3 EASY STEPS

**1**

PICK

**2**

PAY

**3**

ENJOY!

## Our Hot Introductory **OFFER**

Order **5 meals** in  
your first week  
and get your **6th**  
**meal free!!**

Please contact Rachael or Chloe

**01842 766575**

mobile: 07918907532 email: [redhotmeals@gmail.com](mailto:redhotmeals@gmail.com)

