

Mission Statement:

STAMP Revisited exists to provide a free, independent and confidential Advocacy Service to people with Mental Health issues, supporting them and empowering them to put forward their own views.

Our aim is to do things **with** people instead of **to** them or **for** them.

Our Service is available to people living in the following areas:

Middlesbrough
Redcar & East Cleveland
Stockton-On-Tees
Billingham
Hartlepool
County Durham
Darlington
Scarborough, Whitby & Ryedale

If you would like to show your support for our organisation and keep up to date with latest news, why not become a member.

You can contact us for a Membership Form or join our group on

[facebook](#)

Testimonials:

'I would just like to say how grateful both my Wife and I are with the help and support we have received from STAMP Revisited. Thank You'

'STAMP Revisited helped get my life back on track'

'I am writing in support of the Advocacy work that is done by STAMP Revisited in supporting people with Mental Health problems'

'The Advocacy service, which you offer, is invaluable in assisting vulnerable people to gain access to their rights and to state their viewpoint'

'Thank You for all your support, I don't know what I would have done without you'



**INVESTORS
IN PEOPLE**

Registered Charity Number:
1048991

www.stamprevisited.org.uk



Could You Benefit From A Mental Health Advocate?



Roseberry Park, Cleveland Way,
Marton Road, Middlesbrough, TS4 3AF

01642 837555

An Advocate is someone who will support you, listen to you and can speak for you in times of need.

At times people with Mental Health problems may feel vulnerable and need support in getting their voice heard.

If you feel no-one is listening to what you want or how you feel about a particular situation, an Advocate may be the answer.

We encourage people to express their views about their health and treatment and to let those in power know what is important to them.

We are an independent organisation and are not part of any statutory body or mental health services.

People with mental health issues have as much to contribute to society as anyone else and with the correct support can become very active citizens, especially when it comes to helping others with similar issues.

01642 837555

Instances where you might benefit from an Independent Advocate include:

- When finding out about your mental health condition or medication.
- Following compulsory admission to Hospital.
- During the planning of your care, including CPA (Care Programme Approach) Meetings.
- Support during a Mental Health Assessment, Mental Health Review Tribunal or at a Manager's Meeting.
- Accessing information and services
- When you want to make a complaint about an individual involved in your care.
- When unhappy about the level of support provided to you.
- To help you understand your rights under the Mental Health Act (Sections etc).
- Debt Management and financial issues.

- When facing difficulties in employment, strains within the family or neighbour disputes.
- When trying to find suitable housing in a place where you would like to live.
- Problems with Police and support at Court Appearances.
- When trying to get welfare benefits to which you are entitled.

An Advocate will be available to help you with any issue that is causing distress.

An Advocate's role is to ensure you have a say in what is happening and is important to **YOU!**

Should an Advocate be unable to help you, we have information on other organisations which we can refer you to.

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