

What people say about us

- ◆ I used the Advocacy Service at the times when I was most ill. They helped me to survive
- ◆ If it wasn't for my Advocate I would be lost in the system
- ◆ Someone I can talk to and trust!
- ◆ I felt my Advocate was the only person who understood me
- ◆ When Advocacy Centre North is the advocate, I know the patient is in safe hands

How to contact us

Advocacy Centre North*
NCVS
Higham House
Higham Place
Newcastle upon Tyne
NE1 8AF

Tel: 0191 235 7013

Fax: 0191 230 5640

Email: advocacy@cvsnewcastle.org.uk

Website: www.cvsnewcastle.org.uk

*Previously called: Newcastle Advocacy Centre



Advocacy Centre North is a project of Newcastle CVS. Newcastle CVS is a registered charity (number 1125877) and company limited by guarantee (number 6681475) registered in England and Wales.



Advocacy Centre North



Advocacy



Quality Services

- Do you feel that you are not being listened to?
- Do you need help to speak up for yourself?
- Would you like support to find out about your rights and to make decisions and choices?
- Do you want help to get services or support?

What is advocacy?

- ◆ Advocacy is taking action to help people say what they want, secure their rights, represent their interests and obtain services they need.
- ◆ Advocates work in partnership with the people they support and take their side.
- ◆ Advocacy promotes social inclusion, equality and social justice.

Our Advocates are:

- ◆ Independent
- ◆ Free
- ◆ Confidential
- ◆ On your side

Our Advocates can help you with things like:

- ◆ Understanding your rights
- ◆ Getting the health, housing and social care services you need
- ◆ Finding information
- ◆ Dealing with letters and phone calls
- ◆ Supporting you to keep safe from abuse

Volunteers

We recruit, prepare and support volunteer advocates for some of our work. For more information see our website or contact us.

Our services

Advocacy Centre North provides a range of services for people in vulnerable circumstances, mainly to adults living in Newcastle:



Black and Minority Ethnic (BME) Advocacy

supports adults from BME communities with health and social care issues.



Citizen Advocacy (Advocacy in the Community)

provides longer term support for adults with disabilities and physical or mental health needs.



Independent Mental Health Advocacy (IMHA)

supports people from Newcastle and Gateshead subject to the Mental Health Act around their care and treatment.



Mental Health Advocacy supports adults with mental health needs.



Older People's Advocacy supports people aged over 65 (and a limited number aged 55 to 64).

Referrals

If you would like to:

- ◆ make an enquiry about Advocacy for yourself
- ◆ make a referral for Advocacy on behalf of someone else

Please phone us, email us or fill in a referral form on our website (see back page for our contact details).