# **Caring Help At Home**

- Support workers have been personally vetted, DBS checked (formally CRB)
- Support workers will embrace the caring help at home ethos of person centred services.
- Support workers will respect peoples dignity and privacy.
- Support workers will maintain confidentiality at all times.



#### How do I find out more?

Please contact us to discuss your needs. Quality support fully insured at affordable hourly rates.

Di Walsh - Director

All enquires please call:

Tel: 01788 571776

Mob: 07787413263

 $\hbox{E-mail: di.walsh@caringhelpathome.co.uk}\\$ 

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Supporting People, Families & Carers

# **Caring Help At Home**

Are you worried about a loved one while you are at work or away from home?

Would you like help to manage day to day activities so that you can enjoy life to the full?

Are you or your loved one feeling lonely or isolated?

Would you or your loved one benefit from flexible support offering individual care?

### **Caring Help At Home**

Will provide you with the right level of practical support to enable you to confidently and safely remain in the comfort of your own home.

We will support you with your chosen daily routine and activities while maintaining your independence and individual lifestyle.

As a carer we will help you balance work commitments, family, leisure and social life with your caring role.



### Your Lifestyle

**Your Choice** 

Your Care

# We can provide:

- Companionship
- Support to access leisure & social activities
- Escort to attend appointments
- Respite services
- Shopping/prescription collection
- Preparing and cooking meals
- Housework/laundry
- Home from hospital support
- Welfare benefit information and form filling
- Pet care
- Gardening/handyman