



Delivered to your door by people who care!



Introducing iCare - your local community meals provider

Enjoy a tasty, nutritious and satisfying, **HOT** meal delivered to your door, any day of the week and in time for lunch.

Or, have our delicious meals and desserts delivered **FROZEN** straight into your freezer by one of our CRB checked care-aware community assistants.

Choose from our superb range of freshly prepared meals and desserts, using the finest ingredients - traditional favourites, speciality meals and favourite puddings.

- Delivered 365 days of the year.
- Hot food straight to your door.
- Reliably delivered daily in time for lunch.
- We actively follow the principles of the personalisation agenda, promoting Choice, Control and Independence for our service users.
- Our trained Staff carry out full Well Being checks.
- Superb value, satisfying meal with seasonal vegetables and pudding of your choice.
- Tea time service available - includes sandwich, cake and fruit juice.

With our frozen meals, you're spoilt for choice

For more information and prices please
Call our Customer Care Team on

0845 604 1125

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More Choice!

Not only do we make sure your food is satisfying and nutritionally balanced but all our meals exceed the standards set by the National Association of Care Catering. We also provide a wide range of special dietary options. So whatever your requirements ICare has the meals to cater for them.

- **Traditional meals and desserts**
- **Vegetarian meals**
- **Special dietary needs**
- **Soft and pureed diets**

Order your meals today

You can order over the phone, via your community assistant or by post. If you are new to ICare our friendly staff will be most happy to help you through your first order.

Please phone us with any queries, we are here to help you. Calls are local rate.

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We also provide Home Shopping and Private Home Care - please ring our customer service team for more information.

Simply ring the number below for our current price list

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