

**If you have been assessed by Social Services as being eligible for care or support services, you can choose whether to have a service arranged by Social Services, or to have a payment so that you can make your own arrangements.**

Direct payments also referred to as self-directed support are cash payments made directly from your local authority to give you more flexibility, choice and control about who provides your care and when you receive it.

Some people may not always find services flexible enough to respond to their needs, or some people may feel that other services lack in continuity. If you are currently receiving a care package through your local authority you can still change to a direct payment at any time.

“ I struggle to find the words to describe how much your input meant to my family. ”

You may find that the home help or carer arranged by the council cannot come at the time you want. With direct payments, CLC can help you because we are a specialist support service regulated by the Care Quality Commission providing a full range of services that can be tailored towards individual needs, CLC can help children, adults and the elderly to live their lives independently and without worry through our fully managed support services.



CLC employs Personal Assistant's (PAs) specifically to meet your individual needs. PAs provide tailor-made support to meet an individual's needs and outcomes. The tasks involved in a PA's job description can range from accompanying a disabled individual swimming or taking them shopping to more intimate needs such as feeding and personal care.

“ The service they provide is beyond compare. They work as a team and consult with me frequently to provide a better quality of life. ”

CLC provides a unique service which will help you to decide the type of person you want in your home and enables you to tailor care and support to your individual needs so we can employ a Personal Assistant that is just right for you.

**Our unique person-centred approach enables us to find out what likes and dislikes you have, what interests and hobbies you have, what type of qualities you require from your Personal Assistant, what experience and training is important to you so we can build a clear picture of your ideal Personal Assistant.**

“ A big thank you is not enough. The service is so personal to me and like nothing I have experienced before. ”

We will create a PA job advertisement specific to your needs. We will deal with all the people who respond to your advertisement. We will draw on our expertise to identify the most suitable PA for you, and we will present you with a few PAs to choose from.

We arrange informal meetings for you to meet the PAs and then we support you to choose a PA who you think is the right type of person to help you live independently.

We then provide specific and detailed training to the PA and allow you to develop a relationship with our PA which keeps you in full control, allowing you to achieve positive outcomes.

“ The Personal Assistants bring a breath of fresh air to mum's home. They are bright, cheery and pro-active and mum is much like she was before her operation. ”

At CLC we believe in keeping things clear and simple as such our charges for the services we provide are clear and simple:

### Low Level Support

£11.50 per hour

- Outings to the local community (shopping and going to the hairdressers).
- GP, hospital and dental appointments.
- Domestic support (light housework and cleaning).
- Companionship and befriending in the comfort of your own home.
- Assistance with getting in and out of bed.
- Meal preparation.

### Medium Level Support

£12.50 per hour

- Support with washing, bathing and dressing.
- Personal care.
- Supervision and prompting of prescribed medication.
- Support provided when discharged from hospital (including support in preparing your home for equipment and adaptations)
- Sleepovers and waking night care.

### High Level Support

£14.50 per hour

- High dependency and care needs involving Personal Assistants to require specific and intensive training for the health needs of an individual.
- High levels of support with sensitive personal care needs such as toileting, continence care, washing and bathing.
- Personal Assistant working with other agencies, including District Nurses and other healthcare professionals to provide more health care services.

**Our services are charged and invoiced to you or your third party managed account based on the number of hours worked by the Personal Assistant, our services range from 30 minutes 'pop-in' to 24 hour care.**

We believe individuals and their families should be involved and participate in the creation of their own personalised care packages, so we offer a free consultation to create a person-centred support plan to get to know you and understand your needs.

Our support plans can also assist you with applying for your direct payment or a personal budget from your local social services.

Community Life Choices has established many services and support mechanisms which enable individuals to have greater choice and control from the community and marketplace in which they live. For further details on the support available please contact us to discuss your individual requirements.

All our prices quoted are exclusive of VAT



[www.communitylifechoices.co.uk](http://www.communitylifechoices.co.uk)

If you'd like more information about our support services, please contact us:

Tel: 01254 416088

Fax: 01772 842181

Email: [info@communitylifechoices.co.uk](mailto:info@communitylifechoices.co.uk)

Post: Unit 5 Albert Edward House, The Pavilions, Ashton, Preston, Lancashire, PR2 2YB

If you require a copy of this leaflet in an alternative format please let us know.