



CARE VISITS AT HOME

Good Old Fashioned Service



www.bluebirdcare.co.uk

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And most of us think that there is a stark choice between living self-sufficiently, without care, or going to a residential home.

However [Bluebird Care](#) has a solution which allows our customers to live full, interesting lives and still stay within the comfort of their own home and with the safety and peace of mind of their own front door.

Care at home normally involves one or more visits a day for relatively short periods, possibly up to an hour, to help with the everyday tasks of life.

However the service does not stop there because longer duration visits are available as well, including overnight help or even live-in care.

We provide care for everyone. People who have learning or physical disabilities, short term respite and post operative support and, of course, care for older people, all are able to receive specialist and professional care.



Whilst traditional personal care is a major part of what we do, we also provide all sorts of **other services**. Cooking, shopping, sightseeing, visiting relatives or simply helping with the day-to-day challenges of modern life can all be part of the service.

What we do

Your care plan will be tailor-made for you. We will talk to you about just what you want and respect your wishes throughout. As a guideline, some of our services include:

- Help with getting up or going to bed
- Preparing meals
- Trips to see friends, relatives
Sightseeing or leisure activities
- Shopping
- Washing and ironing
- Personal hygiene
- Cleaning the home
- Assist with medication
- Overnight care
- Live-in care



Tailor-made

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Who we are

Bluebird Care is one of Britain's foremost care providers, with offices throughout the UK.

We are successful because we provide excellent **quality care** for our customers.

All our care staff are handpicked and fully trained to provide a safe, efficient and **friendly service**.

We continually train and develop our staff to make sure that they are fully up to date on modern methods and techniques but, at the same time, we recognise that customer satisfaction is vital.

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How do I start?

It really is as simple as ABC.

A Phone us and have a chat about what sort of care you would like. We are happy to give advice and to talk you through how you can set up your care.

B We will come and visit you to have a face-to-face meeting and talk about all those little details which make all the difference.

C We will set up the care and introduce your care worker. We will make sure the care worker knows exactly what you want. We will make sure that is what you get, by supporting and supervising the people who provide your care.



Get in touch

Call and talk to one of our friendly professional team

For our Hillingdon office:

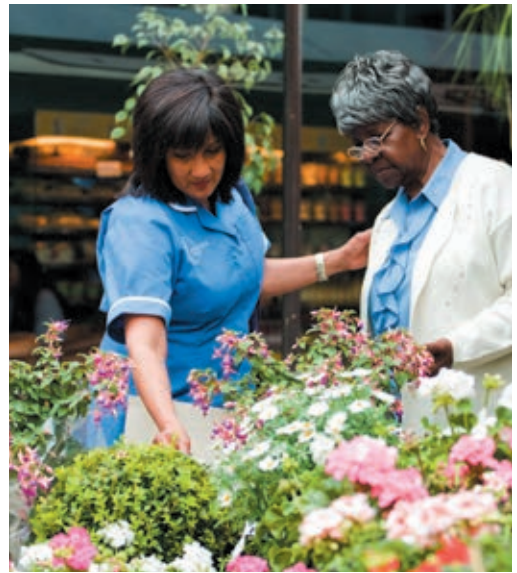
Tel: 01895 231211

Email: hillingdon@bluebirdcare.co.uk

**Brook House, 54a Cowley Mill Road
Uxbridge, Middlesex UB8 2QE**

Get in touch

Each customer is provided with not only good professional service but also with respect and kindness.



Respect and Kindness

There are several different forms of dementia and it affects people in different ways. That is why it is so important that each customer is provided with not only good professional service but also with respect and kindness.

Far too many times, people with dementia find themselves pigeonholed when, in fact, each is an individual and it is only the dementia they have in common. Sometimes care will be of a practical nature, help with getting up, washing or dressing or perhaps help with meals, laundry and ironing.

But it may be about going out to the shops, or a walk in the park or a visit to relatives or friends. Many people with dementia are looked after on a day to day basis by a spouse or other family member.

But caring relatives need a break from time to time and this is where our “sitting service” comes into its own - on a fixed day every week we will come to allow the family member time to themselves, to go out for a well-earned rest. Some of our customers want live in care, which is also available.

Our staff

Bluebird Care runs regular training updates for its carers. This makes sure that our staff understand the practical and emotional aspects of caring for people with dementia. Visits are usually from 30 minutes to an hour long but there is no upper limit for our care visits, indeed many of our customers who have some form of dementia have one of our live in carers to provide that extra dimension to their care.

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Practical help

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Live in Care

A realistic alternative



What does it mean?

Live in care comes into its own when, typically, someone needs a personal assistant around the house at various times of the day. This may involve all aspects of care (assistance with getting up, washing, personal hygiene etc.) and generally 'keeping house'. The need may include shopping or accompanying their customer on visits to friends.

One of the beauties of live in care is its flexibility. No two days need be the same and our customers can, if they wish, choose a different agenda each day.

The daily tasks of everyday living can be fulfilled by the Personal Assistant but he/she can also help with pastimes and activities if required. This does not mean, however, that the Personal Assistant will be some 'holiday camp entertainer' who will take over the house and everyone within it. Bluebird Care Personal Assistants are trained to be active when required but to be as unobtrusive and retiring when

their presence is not needed. In that way, our clients can relax and enjoy the comforts of their own home (which is, after all the object of the exercise).

How to start up your live in care service

The first step is to contact Bluebird Care to arrange an initial visit. This is nothing more than an opportunity to ask all your questions face-to-face.

Only when you are entirely happy with the service and comfortable with instructing us, will we move to the next stage. One of our supervisors will visit you to carry out the necessary safety assessments and to note all the details we need to go through before we start the care.

How the service starts

On the first day the Personal Assistant and the Supervisor arrive at an agreed time. The job of the Supervisor at this point is to introduce the Personal Assistant to you, and to the way you want the job done. But it doesn't stop there and the Supervisor will keep

in contact on a regular basis to make sure that everything continues to run smoothly.

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