



# telecare

*peace of mind for  
you and yours*

**Telecare links you to support via an alarm and sensors. The alarm will connect you to a skilled operator in the event of an emergency, if you are unwell or have fallen.**

It gives you peace of mind and the confidence to live independently knowing that help is on hand if you need it 24 hours a day, 365 days a year.

- Equipment tailored to your needs
- Free installation, demonstration and assistance
- Key safe installation



The alarm unit is connected through your telephone line\* and receives alerts from the pendant you wear and/or sensors such as gas, smoke or carbon monoxide alarms. We also supply and install equipment such as bed exit or door exit monitors for those who have more complex needs.

*\*If you don't have a telephone line, the service can run through a SIM card.*

Friend or family member



Emergency responder



Emergency services including Ambulance, Fire or Police



Care agency

Sensors can also alert loved ones if something is amiss providing reassurance for everyone.

Installation is free and the weekly charge covers 24 hour monitoring and sensors and there's no minimum contract.

Arrange your free demonstration by calling Freephone **0800 731 2228**, email **telecare@portsmouthcc.gov.uk** or visit **www.portsmouth.gov.uk** and search for **telecare**



You can get this information in large print, Braille, audio or in another language by calling 0800 731 2228