

**VOLUNTEERS  
NEEDED**



**Essex Dementia Care**

Life doesn't stop with dementia

# OASIS ACTIVITY CENTRES

for people in mid to late stages of dementia



## **Where:**

**Braintree** - Every Monday 11am to 3.30pm

**Rayleigh** - Every Wednesday 11am to 3.30pm

**Leigh on Sea** - Every Tuesday 11am to 3.30pm

[www.essexdementiacare.org.uk](http://www.essexdementiacare.org.uk)  
[info@essexdementiacare.org.uk](mailto:info@essexdementiacare.org.uk)

Charity Number: 1129038

Come and try  
a **FREE** taster  
session call:

**01245 363789**

For more details