### Telecare

Telecare is additional equipment that works with a Lifeline. They automatically contact the monitoring centre if there is a problem and can give added reassurance to friends and family.

Here are just some options:

#### Fall detector

Automatic alert if you fall to the ground.

#### **Medication dispenser**

Automatically reminds you to take your pills.

#### Heat detector

Placed in the kitchen, these detect the heat of a fire and send an alert.

### Lifeline for outdoors GPS Tracker

For peace of mind when you are out of the house why not try our GPS tracker? Think of it as a mobile Lifeline service, suitable for people who like to get out and about and may need to call for help

suddenly. Wherever you are in the UK you can press the SOS button on the tracker and it will call our care centre. An operator will talk to you through the tracker to find out the problem. One press and all the details needed to find you and get you the help you need will appear on the operator's screen. It is simple to use and, being palm-sized, convenient to carry around too.

# FREE Lifeline installation

#### For your appointment call 01293 438468, email lifeline@crawley.gov.uk or visit crawley.gov.uk/lifeline

We'll visit you in your home to show you how it works. There's no obligation. Just let us know if you'd like to go ahead. Installations are free and there is no fixed term to the contract.

Lifeline Crawley Borough Council Town Hall The Boulevard Crawley RH10 1UZ



# Lifeline

Your local emergency alarm and telecare provider

We can help **you** keep your independence

Contact us 01293 438468 crawley.gov.uk/lifeline lifeline@crawley.gov.uk





# Lifeline

### What is it?

Lifeline is a personal alarm in your home. It's a unit and pendant with a red button, which you can press in an emergency. Most work with your home phone line or router, but we can offer one that uses mobile phone technology.



The Lifeline pendant (red button) is worn on a neck cord or wristband so it's always within reach, wherever you are in your home or garden.

#### Call for help 24 hours a day, seven days a week

When activated, it calls the monitoring centre through the unit. Their friendly operators are always there to talk to you, using the powerful microphone and speaker in the base unit. reassuring you and getting you help should vou need it.

They'll know who you are, any health conditions you have and who to contact, even if you can't talk.



# Always within reach

#### Free installation then rent for a small weekly charge

The weekly rental charge for a Lifeline includes an annual service visit, maintenance of the equipment and the services of our monitoring centre and Lifeline team.

Call us on 01293 438468 to find out the current charges.

#### How do I pay for the Lifeline?

Choose the option that suits you. You can choose monthly Direct Debits, or pay by debit or credit card, online or over the phone.

We can also send your bill to someone else if we have their permission.

#### Who can have one?

Anyone living in Crawley and the surrounding areas who feel they would benefit by having a lifeline can apply for one.

We'll create a personal package to meet your needs, to help you live your life independently and safely.

It doesn't matter if you're a tenant or own your own home – you can rent the Lifeline and telecare equipment for as long as you need them.

#### **Keys**

Your key holders can be family, friends or neighbours who are happy to respond to your calls.



If you don't have any local contacts a key safe is a good alternative to enable access to your home in an emergency.

We can offer a key safe as part of a Lifeline package.

## What our customers say

'A tonne weight has been lifted, my daughters don't need to worry about me anymore"

"A real lifeline for my dad when he fell and broke his hip at 2am"

#### "I fell and couldn't

move, I pressed the button and they got me paramedics in minutes. I was bleeding badly and if I hadn't had a Lifeline I wouldn't be here to tell the tale"

"I'm not old but even though I don't have any medical problems I do live alone and you never know when you will need help"