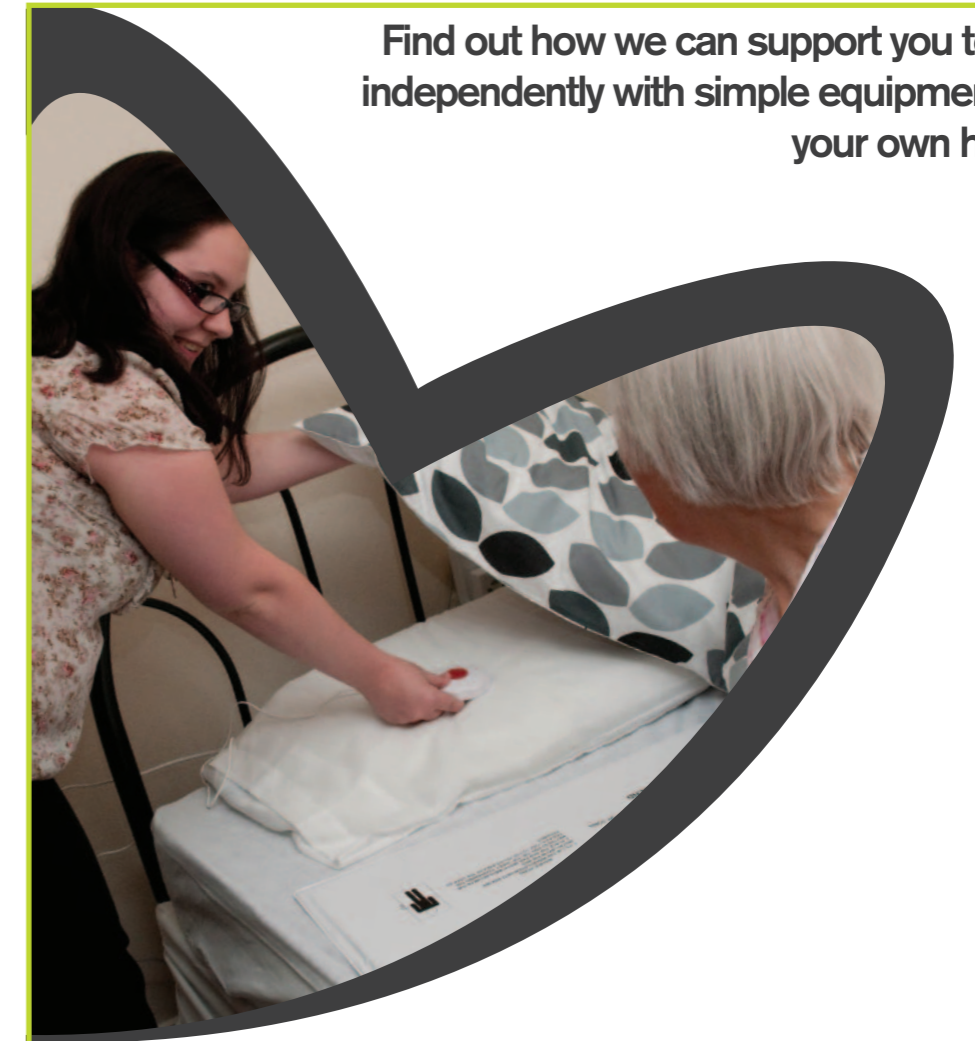


See Nottingham Telecare in action

Contact Nottingham Telecare

Nottingham Telecare Service

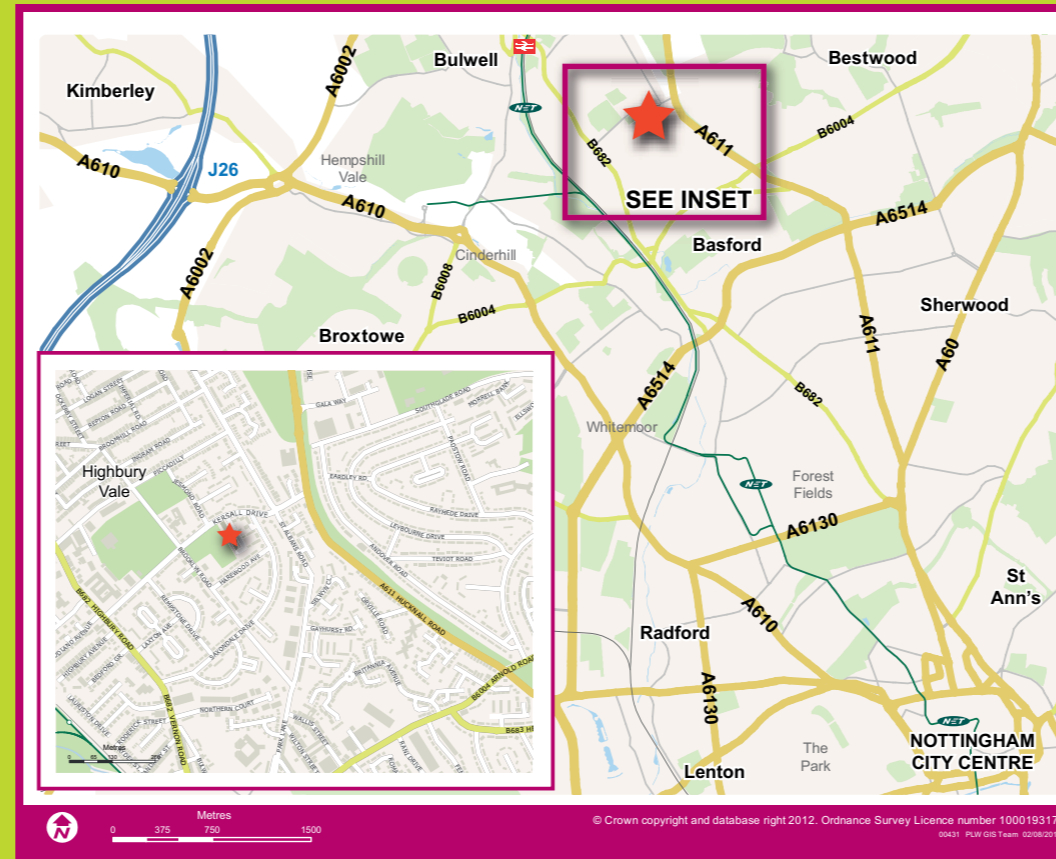
Find out how we can support you to live independently with simple equipment for your own home



The Telecare service has its own demonstration flat. Equipment has been arranged here as it would be set up in the home environment, so you can get a real sense of what it is like to live with Telecare in your home. You can call us or email us to arrange an appointment to visit the flat. See back page for details.

Nottingham Telecare is easily accessible by public transport and is served by major bus routes.

If you need our help to access or understand this information, please call us on 0115 876 3222 or email adultsocialcare@nottinghamcity.gov.uk



To find out more about Nottingham Telecare or to apply, please contact:

Telecare Office & Demonstration Flat, Flat 1, Kersall Court, Kersall Drive, Highbury Vale, Nottingham, NG6 9DT

tel: 0115 876 3222, email: adultsocialcare@nottinghamcity.gov.uk

Working in partnership with



What is Telecare?

Nottingham Telecare Service provides a range of equipment designed to help people remain safe and independent. It can provide support and reassurance, or help a person to manage everyday tasks.

Intended for use by disabled or vulnerable people of all ages, as well as those with long term conditions, Telecare can work in one of two ways, explained as follows.



Linked Equipment

The Telecare Service provides a personal reassurance system designed to enable people to remain living independently in their own homes for as long as possible. The monitoring charge is only £2.85 per week and the linked equipment itself is free.

Linked equipment consists of four main elements:

- a **pendant alarm** and a range of linked **assistive technology** (e.g. smoke detectors and movement sensors) that generate an alert when there is a problem and help is required
- a **care alarm** that receives the alert and automatically dials for help via the phone line
- a **monitoring and response centre** that receives the alert
- an **appropriate response** to help assist with the problem.

Stand Alone Equipment

The Telecare Service provides a range of stand alone equipment which alerts and prompts in the home to help keep people safe and support with daily living tasks.

Stand alone alarms are sounded from the device itself or to a receiver nearby, notifying a carer or relative in the vicinity that you need help. There is also equipment available which can help to make daily living tasks easier. Stand alone equipment is free of charge to those who are eligible.



Examples of some stand alone equipment are:

- automatic lights, or easy to switch on lights
- sensor mats to alert carers of movement when people are at risk of falling
- loud and flashing doorbells (for people with visual and/or hearing impairments)
- easy to read calendar clocks (for people with dementia).



How Telecare can benefit you

The Telecare Service is for people who would like to feel safer, more protected and independent in their own home.

The installation of Telecare, both linked and stand alone, has proved to make a difference to people's lives, not only for those using the service but for their families who feel less anxious, especially in cases where their loved one may have a condition that prevents them from understanding the equipment themselves.



Our current service users include:

- older and vulnerable people or people with disabilities
- individuals who have been discharged from hospital and require additional support and assistance at home
- those caring for someone with a disability or a long term health condition
- people at risk of domestic violence, racial harassment, repeat victimisation or distraction burglary.



“I feel safe knowing that I can use this in an emergency and my family no longer have to worry”