## Householders say...

"Having someone to help me takes the pressure off, and I enjoy the company"

"It's really comforting to know there's someone else in the house at night in case I need emergency help"

"Homesharing has given me the confidence to stay in my own home and allowed me to stay independent"

"I don't know how you did it, but you managed to find me the perfect sharer"

"We get on well, it's lovely to have a friend to talk with"

## **Sharers say...**

"We enjoy each other's company and laugh a lot. She likes my cooking"

"It's great to have someone to talk to when I get home from work. I like having her company and friendship"

"We get on well, have similar interests, and respect each other's privacy"

"It's a breathing space to get my life in order"

"I feel on equal terms, and I'm happy to be here. We support each other"





www.homesharewest.org

#### Call or email:

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Are you an older person wishing to stay in your own home, but finding it a bit of a struggle?



Homesharing may be the answer...

## **What is Homeshare West?**

Since 2001 Homeshare West has been supporting people who need some help to live independently at home. We are a not-for-profit organisation.

## What is Homesharing?

Homesharing is a beautifully simple idea based on an exchange of needs. The Householder provides a comfortable room in their home to a Sharer who can give practical help and companionship.

Homesharing is about friendship, mutual respect and support. The Householder and Sharer benefit from each other's company, enjoying security and independence in equal measures.

We put a lot of time and effort into bringing the right people together to arrange successful and long lasting matches.

## How much will it cost?

There is no registration or joining fee, just a small monthly payment to Homeshare West.





### Householders

If you are an older or disabled person wanting to stay in your own home but finding things harder to manage, you might want to think about Homesharing as a solution.

## What does it give you?

The reassurance of having a responsible adult in your home overnight, plus ten hours of their time each week for companionship and help with everyday tasks like cleaning, shopping, cooking or gardening.

### What do you give in return?

You provide a homely atmosphere, offering the Sharer a rent-free room, use of the facilities and companionship.

## What are you paying for?

- A personalised service
- Careful matching
- On-going monitoring to ensure you are satisfied with the service
- Rapid response to any problems
- Help to end the match if needed
- At your request we keep in touch with your family or helpers

#### **Sharers**

Being a Sharer is a lifestyle choice – not for everyone – it's more suited to mature, reliable, friendly people. You'll need the energy and commitment at the end of your normal day to spend some of your evenings and weekends engaging with the householder and helping out with household tasks.

# What sort of people share?

- Reliable, mature adults who are interested in helping older people
- Often professional people, sometimes from abroad
- Normally over the age of 30, working or studying
- ✓ Fully referenced, DBS checked

# What is my commitment as a sharer?

We expect you to share for a minimum of one year. You will be spending at least three evenings each week at home and sleeping there every night. You will have at least one clear day each week and every third weekend off, when you can be away overnight if you wish.

