

How can you help?

Make a donation today

- Single donation: no matter how small, your donation will make a difference.
- Regular giving: you can choose how much and how often you want to give.
- Paying tribute to the life of a much loved relative or friend: by making a donation to us instead of, or as well as, flowers at a funeral.
- Leaving a legacy in your Will is a simple and straightforward process.

Remember that by adding Gift Aid to your donation, we are able to reclaim an extra 28p for every £1 you donate.

You can make a donation online by visiting our website **www.ageukcambridgeshire.org.uk** or alternatively you can call us on **01354 696 650**.

Fundraising

Why not organise your own event or take part in one of ours?

Arrange a sponsored challenge event, pub quiz or auction.

Find something that suits you, have fun, meet new people and raise much needed funds for Age UK Cambridge.

Contact us

Please call **01354 696 650** for more information about how you can support our work or email **office@ageukcambridgeshire.org.uk**

If you choose to help us, either through donation, legacy, Gift Aid or sponsored fundraising you can be assured that your participation will be valued and appreciated.

Cambridgeshire Day Services

Providing friendship and social activities



Giving members a day to look forward to

Our aims

We aim to provide a wide range of flexible, person-centred services to meet the needs of people in later life in a happy and stimulating environment.

We have fully trained staff and volunteers who have undergone the appropriate police checks.

Our Day Services may help you to maintain your independence or help your carer provide the necessary help you need for longer.

What is the service?

We provide day services at six centres across the county. A hot meal and tea or coffee is provided. Games, quizzes, entertainment, speakers and sometimes outings can be a part of our day. Some centres can arrange hairdressing, chiropody and mobile shopping services.

We may be able to arrange transport or direct you to local services that can help with transport arrangements.

What can the service do for you?

- Prevent you from being lonely at home.
- Make sure you have a hot meal.
- Give your carer a break.
- Help you stay independent for longer.



Where are our Day Centres?

Cambridge City

Cherry Trees Day Centre,
St. Matthews Street, Cambridge CB1 2LT

t 01223 361 766

Open Monday, Tuesday and Thursday

Huntingdon

Cambridgeshire Day Centre Huntingdon,
Ambury Road, Huntingdon,
Cambridgeshire PE29 1AD

t 01480 435 624

Open Wednesday and Friday

Fenland

Burrowmoor Road, March PE15 9RS

Lyons Court, Chatteris PE16 6NJ

Oasis Centre, St. Michaels Avenue,
Wisbech PE13 3NR

Boyden Court, Elizabeth Terrace,
Wisbech PE13 2AF

Fenland day centres operate daily

t 01945 428 662

m 07935 337 278

Lines open Wednesday, Thursday
and Friday