Kindred Hearts
SUPPORT SERVICES
A caring presence. A helping hand. Peace of mind.

KINDRED HEARTS SUPPORT SERVICES

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> **A little support can make a meaningful difference.**
> Kindred Hearts Support Services offers friendly companionship and practical, non-personal-care support to help older people enjoy everyday life, maintain independence and stay connected to their communities.

Who We Support & Our Approach

Our service is for older adults who would welcome a friendly face, more social connection or a little extra help with suitable everyday activities. We also understand that families may be looking for reassurance and additional support for someone they love.

We take time to listen, understand each person's preferences and agree support around their interests, routines and goals. Our approach is friendly, respectful and person-centred—supporting choice and independence rather than taking over.

COMPANIONSHIP

Friendly conversation, shared interests, and quality time together.

PRACTICAL HELP

A helping hand with agreed everyday tasks, shopping, and errands.

CONNECTION

Encouragement to enjoy hobbies, outings, and local community life.

How We Can Help

Service Area	Support Offered
Friendly Companionship	Conversation, a shared cup of tea, reading together, playing games, or simply spending time with someone.
Social Activities & Hobbies	Companionship to enjoy crafts, art, music, gardening, and other personal interests.
Shopping Assistance	Help to plan a shopping list, accompany a shopping trip, or assist with agreed shopping errands.

Service Area	Support Offered
Accompanied Outings	Companionship for suitable local outings, such as a café visit, a walk, or a community activity.
Everyday Practical Help	Agreed light household tasks, simple organisation, and everyday errands that make daily routines manageable.
Appointments & Community	Companionship when attending suitable appointments or community activities arranged in advance.

Let's Start With A Conversation

If you are looking for companionship or practical everyday support for yourself, a parent, or someone you care about, we would love to hear from you.

GET IN TOUCH

Email: khssupportservices@gmail.com

Telephone/Whats App: 07867261200

Service Area: Lancashire & South Cumbria — please enquire about your location

Social Media: Facebook / Instagram: @khssupportservices

Important Information: Kindred Hearts Support Services is promoting companionship and practical, non-personal-care support. We do not provide regulated personal care, nursing, medication administration, or clinical services as part of this offer. The suitability of each request will be discussed before arrangements are agreed.