

Complex Care
with Bluebird Care

Why Home Care?

We all want to be surrounded by
the things we love. Our friends.
Our families. Our pets. Our garden.

Home Care makes *this possible*

It means your loved one can get
the support they need, in the place
they love. A place that's safe and
familiar, and that's actually proven
to help people feel physically and
psychologically stronger for longer.

Tailored
to you

Facing a health
challenge can feel
overwhelming,
especially as conditions
develop. Our home care
services are crafted to
support individuals in
living joyful, fulfilling
lives in the comfort of
their homes.



If you want us to help your loved one
live a healthier, more fulfilling life at
home call us on

01923 775 300

Or email us at

watford@
bluebirdcare.co.uk

bluebird
care® Complex
Care

It's good to
be home

*Watford & Three
Rivers*



bluebirdcare.co.uk/three-rivers

*Your home
your life*



Care that
evolves

Complex Care

Some conditions require specialist care services. At Bluebird Care we understand that when people have complex needs due to an illness or injury, they may need extra care and support.

So, we work closely with individuals, their families, and healthcare professionals to create a customised support plan that puts customers' needs and goals right at the heart of everything we do.

Whether an individual's complex needs are recently diagnosed or is something they've lived with for many years, you may feel that residential care is inevitable but it doesn't have to be. This type of care can be delivered in the home through trained care experts and healthcare professionals making it easier for individuals to receive all the care and support they need in the familiar surroundings and comfort they love best. At home.



We want your loved one to feel as comfortable as possible. So as their needs evolve, our services do too.



"If I didn't have care from Bluebird Care, I wouldn't be able to live in my home"

★★★★★

Mark

Watford & Three Rivers

Our care experts have lots of experience caring for a whole range of complex conditions and disabilities including:

- > Chronic diseases such as diabetes, COPD and cardiovascular disease
- > Neurological conditions such as strokes, brain injury, multiple sclerosis and epilepsy
- > Palliative care
- > Post-operative care
- > Complex wound care
- > Dementia and Alzheimer's
- > PEG care and feeding
- > Tracheostomy care and ventilator care
- > Mental health
- > Physical and learning disabilities
- > Rare diseases
- > Other long-term conditions

And what matters most is that we recognise that everyone's condition, circumstances and preferences are different; managing the effect of complex care needs is emotionally and practically challenging for everyone concerned. With Bluebird Care, we promise you're not alone.

Help & guidance

We can assist you in understanding the different types of care, explain funding options, and offer advice on aging well.