

# A Personal Assistant can give you freedom and independence!



**Hub Care Support is a free introductory service (we are not an agency)!**

We help you find the best support by introducing you to high quality, fully vetted, QCAS approved Hub Personal Assistants.

With total control over the support you receive, you choose your Personal Assistant and what support they provide.

## **Hub PA's can support with:**

- Social support / companionship
- Building independence at home and within the community
- Meal preparation / domestic tasks
- Respite care
- Personal care
- Assistance with shopping or going to appointments
- Live-in care



Tell us what you want & need



Review the PA profiles we send



Meet with any PA's you choose



Agree which PA will support you

**Your Care | Your Choice | Your Hub**

**01908 464 350**  
**www.hubcaresupport.co.uk**