



**POSEIDON
CARE**

Regulated by



**British Affiliated Gurkha
Nurses Offering Specialist Care**



We are...

- Passionate about caring
- Trustworthy



You can expect...

- Dedicated care
- Compassionate relationships

Quality, Efficiency & Person-Centred Service

We are a specialist nursing and care provider, supplying nurses, care assistants and support workers trained to the highest standard.

Our carers are experienced, qualified nursing professionals, including specialists trained in physical and mental disabilities.

Dependable, Professional & Reliable

We want the very best for you and your loved ones.

We will identify every detail required to provide a bespoke caring service.

We provide management support 7 days a week, 365 days a year.

Key objectives

At Poseidon Care, we believe that care and compassion should be at the centre of the service we provide.

We provide staff who are dedicated to their profession, whose first and foremost concern is patient-carer relationship.

Our carers have a wealth of experience providing a comprehensive range of different care services, delivered with smiles, patience and kindness.

Our clients can expect carers who are:

- Highly experienced and thoroughly vetted to avoid compromise in service.
- Trained and supported with their continuous professional development programmes.
- Dedicated and reliable.

‘Because your needs are unique’



Our Carers

Our carers are skilled and experienced with a passion to provide our clients with the very best service.

They are qualified in specialities including:

- Specialist Care
- Mental Health
- Down's Syndrome
- Physical Disability
- Acquired Brain Injury
- Spinal Injury
- Palliative Care
- Elderly Care
- Learning Disability
- End of Life Care

Our care approach is based on the belief that our clients are unique individuals with unique needs.

- We make our patients and their families our priority.
- We understand our patients needs and goals.
- We communicate with patients, families and healthcare partners, fulfilling all expectations.

Our Carers Are...

- ✓ Caring
- ✓ Compassionate
- ✓ Reliable
- ✓ Resourceful
- ✓ Trustworthy
- ✓ Adaptable
- ✓ Patient
- ✓ Motivated
- ✓ Good communicators
- ✓ Kind
- ✓ Friendly
- ✓ Able to work on their own and as part of a team
- ✓ Outgoing
- ✓ People who have a good heart

Our Carers

For most of the Nepalese people, care starts at home at early age. The inner spirit of nursing which is - care of people remains within most of the Nepalese mothers or women who traditionally take care of their family and provide nursing care to the sick, injured and old people within the family.

There are 95,363 registered nurses in Nepal. It is estimated that there are currently over 5000 nurses of Nepali origin living and working in the UK while the UK, the USA, Australia and Canada are top four countries that receive trained nurses from Nepal.

Education

There are universities campuses along with numerous affiliated colleges that provide professional nursing education in Nepal.

Nurses can qualify as BSC or Diploma Nurses.

B. Sc. Nursing is a four-year program with the aim of preparing academically sound graduate nurses having the ability to function as a care provider, manager, teacher, and researcher in nursing areas. This program is based on annual system and the course duration is of 48 months.

Diploma can be completed within 3 years. In first year, students learn the foundation of nursing practices and get to know about the nursing profession and healthcare industry.

The second-year course focuses on preventive, primitive as well as therapeutic nursing care of the patients and students gain a better understanding of how to perform their duties and responsibilities as a nurse.

The third year the course comprises of the obstetrics and gynecology as well as leadership and management skills that is required to perform the duties in effective and efficient ways.

Both BSc and Diploma courses are taught in English. During studies, nurses undergo clinical training which is also conducted in English language.



Work Experience

Our carers are experienced, qualified nursing professionals, including specialists trained in physical and mental disabilities.

Carers' specialties are determined based on their experience but it is not limited only to one specialty.

They are all capable of working in other departments and most of them have experience in areas other than their main specialty.



What to expect from our carers?

Our carers can provide everyday assistance from helping you get up and about in the morning, making sure you take your medication at the right time, feeding pets to helping you move around the house.

They can also provide 24-hour medical support in the comfort of your own home.

- ✓ We conduct an initial assessment of your needs; We can create a plan around those needs.
- ✓ We conduct monthly reviews of our care plans.
- ✓ We will support you with social, leisure and recreational activities; This would be as simple as providing real companionship or helping you get out and about to events.
- ✓ We will work with you and your family to ensure complete satisfaction.



Our Services

The privilege of making a difference

We offer a wide range of home care and residential services.

Home Care

Live-in Care

What is Live-in Care?

Live-in care helps you live the life you want on your own terms. By establishing your preferences and routines, we will put a unique package of support in place with a carefully chosen carer. Together, we'll help you stay in the home you know and love.

Daily services

Include everything from home help (housekeeping, meal preparation, laundry, shopping and running errands) to companionship (conversations, appointments' attendance, walks, exercises, hobbies, events).

Home health can include nursing and rehabilitative therapy provided in your home. Care is focused on helping you manage a chronic condition or recover from an acute illness, surgery, accident or a change in medical condition.

Our mission is to provide you with high-quality, comprehensive and compassionate care in the comfort of your home, remaining sensitive to your personal circumstances and unique medical needs.

We deliver services according to a plan of treatment developed by patients, their family members, physicians and our carers to maximise independent functioning.

You can remain safe in a familiar surrounding with family members and carers.

Residential Care

Full range of care services to meet staffing requirements of organisations with shortages of workers.

What is Residential Care?

Primary aim of residential care organisations is seamless continuity of care. Residential care homes provide a comfortable, secure and happy home for each resident.





Care services we provide:

- 24-hour care - 24/7 live-in care in your home
- Care after hospital discharge
- Complex care at home
- Elderly care
- Emergency care
- Overnight care
- Re-ablement care
- Respite care
- Support for young adults
- Support for children

Training

We aim to be the first choice company for both clients and carers

The care sector is highly regulated. Our central support teams, as well as our home teams, ensure that we are up-to-date with the latest policies and procedures.

We invest heavily in the latest training for carers at all levels to ensure we deliver the best quality care to our clients.

All our carers have received theoretical and practical training and have been awarded a Care Certificate from Skills for Care (www.skillsforcare.org.uk).

Care Certificate is an agreed set of standards that define the knowledge, skills and behaviours expected of specific job roles in the health and social care sectors which includes 15 minimum standards:



Understand your role
Your personal development
Duty of care
Equality and diversity
Work in a person centred way
Communication



Privacy and dignity
Fluids and nutrition
Awareness of mental health, dementia and learning disabilities
Safeguarding adults
Safeguarding children



Basic life support
Health and safety
Handling information
Infection prevention and control

Our specialist carers undertake a wide range of diverse training, from manual handling to infection control and safeguarding. They are provided with a range of training modules to build on their knowledge and experience in Mental Health, Autism Awareness, Leadership, Patient Condition Management and others. All training modules are CPD accredited and tailored to suit the specific needs of our clients.



Enquiries

If you think we could help improve the quality of life for you and your family members, please contact us.



care@poseidon-gp.com



01252 282110



www.poseidon-gp.com/care