



Made with love. Delivered with care.

We provide excellent value for money with restaurant quality food delivered free of charge to your door, 7 days a week

SAMPLE DISHES

Desserts

Cherry Bakewell pudding served with cream or custard

Fresh fruit salad served with cream Black forest gateau served with cream

Treacle tart served with cream or custard

Waffles served with blueberries, raspberries, maple syrup & whipped cream

Profiteroles served with chocolate sauce

Strawberry gateau served with cream Lemon cream & raspberry brandy snap basket

Apple & blackberry crumble served with cream or custard

Lemon & lime sponge pudding served with custard or cream

Sunday Specials

All main courses include potatoes of your choice and 3 vegetables of your choice (see inside)

Main Courses

Roast pork, ½ roast chicken or roast beef, served with Yorkshire pudding Lancashire hotpot served with Yorkshire pudding

Roast Lamb breast Beef stew & dumpling

Roast gammon

Desserts

Apple pie served with custard or cream

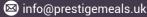
Lemon meringue pie served with cream

Black cherry crumble served with custard or cream

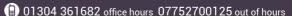
Victoria sponge served with cream Sticky toffee pudding served with custand or cream

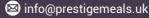






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Established in 2017, we are a local family business with 30 years of experience in the food industry.

All our products are made in our excellent foodrated kitchen, and sourced locally where possible.

Our aim is to take the strain of food preparation on your behalf and serve deliciously cooked meals at excellent prices.



- Restaurant quality food at outstanding value for money
- Excellent choice of fresh meat, fish & vegetables
- Menus change weekly see sample dishes here and overleaf
- Delivered to your door seven days a week, free of charge
- Order as little or as often as you like
- Latest menus are available on our website, or call us and we'll deliver one to you
- We deliver to Dover, Folkestone, Deal, Sandwich, Eastry and surrounding areas. Please contact us for more information.
- Weekly accounts available

Opening hours

Monday, Tuesday, Wednesday & Saturday 08.00-14.30 Thursday & Friday 08.00-18.30 Sunday 08.00-16.30



SAMPLE DISHES

Starters from £3.95

Prawn cocktail served with brown bread & butter

Filo prawns served with a sweet chilli dip

Smoked salmon parcel stuffed with potato salad, served with brown bread & butter

Deep fried whitebait served with salad garnish

Homemade Scotch egg served with salad garnish

Chicken satav skewers

Creamy mushrooms with stilton, served with a bread roll

Salads

Poached salmon, prawn, beef, chicken, ham, egg or cheese

Sandwiches

Prawn, Cheese & onion, egg mayonnaise, tuna mayonnaise, ham (pickle & mustard available) Served on brown bread or white

Served on brown bread or white bread, baguette or wrap, with salad garnish.

Jacket Potatoes

Prawn mayonnaise, cheese & onion, ham, chilli con carne, tuna (with sweetcorn or cheese), coronation chicken.

Served with salad

All main courses include potatoes or rice and 3 vegetables of your choice

Potato & Rice choices

New, mashed, plain boiled, chipped, baked jacket, french fries, potato wedges, croquette or roast potatoes. Boiled rice.

Vegetable choices

Cauliflower (plain or with cheese sauce), broccoli (plain or with cheese sauce), carrots, peas, cabbage, broad beans, sweet corn, puréed swede & carrot, mushy peas, braised red cabbage, butter beans, roast parsnips, leeks & bacon, fried onion rings.

Main Courses from £6.00

Cottage pie

Steak & kidney pie served with gravy Slow roast pork belly served with gravy

Salmon & leek fishcake served with parsley sauce

Tagliatelle carbonara

Baked fillet of salmon served with a leek & tarragon sauce

Hunters chicken

Beef steak medallions, served with a creamy peppercorn sauce

Fillet of seabass served with lemon

Liver & bacon served with gravy Pork fillet served with peppercorn

sauce or gravy

Corned beef hotpot

Spaghetti bolognaise

Breaded scampi

Battered fillet of haddock

Thai green chicken curry

Stir-fry beef & noodles

Cod mornay

Homemade chicken Kiev

Slow cooked lamb shank, served with a mint gravy

Pan fried mackerel with ginger, chilli & lime drizzle

Coq au vin, boneless chicken thighs Omelettes: Cheese, ham, mushroom, or any combination

All day breakfast. Fried or scrambled eggs, bacon, sausage, mushrooms, grilled tomato, hash browns, fried bread & baked beans

Mixed grill, gammon, sausage, liver, lamb chop, grilled tomato, mushrooms

Vegetarian Main Courses

Courgette, feta & leek gratin Vegetable hotpot Cheese & onion quiche Leek & parsley macaroni cheese Vegetable pasta bake

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