



In Health We Care

Rance Healthcare Services Ltd **Dementia & Alzheimer's Care Service**

Alzheimer's and other forms of dementia can be very difficult to deal with for both you and your family. Whether you only have mild symptoms, or you are experiencing one of the later stages of the illness, it can be a very challenging time in your life and you will need support. At Rance Healthcare Services Ltd, we are aware that every case is very different, the illness affects everybody in different ways, therefore it is extremely important to us that each of our clients receives high-quality personalised care to suit their needs.

Our highly experienced carers provide compassionate and sensitive support for you in your own home. Depending on what help you and your family think you need, they can support you with day-to-day activities that you may find difficult; help stimulate your memory; reassure you and prompt you to remember certain tasks or dates; provide personal care if you need it; and become a kind and caring companion. We understand how hard this illness can be on people and we want to be there for you to allow you to keep living your life as independently, healthily and happily as possible.

We also provide respite care for if you already have a family member or friend caring for you. How often you wish our carers to come is entirely up to you, we create our Support Plan around your individual needs and requirements. Therefore, if you already have a carer and only need us to come round once a week this can be arranged, allowing your personal carer a break whilst still providing you with the best care possible.

Our Care Process

We recognise that everyone is different and has different requirements, therefore our services are always tailored to each individual to ensure we provide you with the best possible care that suits your needs and situation. This is why we like to begin our service with an assessment of your particular requirements. If you decide to choose us as your care provider we will arrange to have a member of staff come to visit you and discuss your needs and situation with you and your family, taking into account any input you and your family may have. Our team at Rance Healthcare Services Ltd are very friendly and approachable; we are here to answer any questions or queries you may have and ensure that you are entirely comfortable with the Support Plan we arrange with you.

At Rance Healthcare we base our Dementia and Alzheimer's Support Plan around the different symptoms that can arise from the illness:

Memory loss

Dementia can cause you to forget. You may have trouble remembering what day it is, or what it is you had started doing. You may also not recognise people anymore. These symptoms can be very frightening and overwhelming, but you are not alone. With their years of experience, our carers build close and trusting relationships with their clients and will be there to reassure you and provide you with the support you need. They can prompt you to remember certain tasks such as brushing your teeth or walking the dog, they can also help you stimulate your memories with the use of photo albums and scrapbooking. Sometimes just a chat with a friendly person you trust can help you engage with and preserve precious memories that you don't want to lose.

Becoming confused and disorientated

Dementia can cause you to feel unsure and confused. Not remembering where you are or what you are doing can be very difficult to deal with. Having somebody you trust there to support you through this is very important. Nobody likes to be told what to do, especially if they don't understand or remember why, therefore our carers are gentle and understanding in their approach. They will patiently and considerately guide you and assist you when you need it.

Becoming socially withdrawn

As time passes you may find that you want to leave your house less and less, causing you to lose contact with friends and family. You may have trouble communicating or finishing sentences. We understand how daunting it can be to partake in social activities and to do some of the things that used to be so easy. With gentle encouragement and continued support we can accompany you and help you take each step at a time to build relationships and enjoy your life with the people who love and care about you.

Difficulty in carrying out daily activities

Everyday tasks that you used to be able to perform easily may become more difficult for you if you have dementia. Our live-in carers can help take a load off your mind by helping you with household chores such as cleaning, vacuuming, washing up and laundry. We can also assist you with your food shopping and cook your meals for you. Staying healthy is very important so we provide you with nutritious meals that support a healthy and balanced diet. If you are able to perform these household tasks yourself but still have some concerns, our carers can just be there to assist you and help you, our services depend entirely on your personal needs and lifestyle.

Behavioural changes

You may find that your behaviour and personality start to change. You may become irritable, anxious, panicky or even depressed. Dementia can be tough and nobody should have to go through it alone. With our continued support and reassurance we can help you through this difficult time. The close relationship that you will have formed with your carer means not only can you trust them completely, but they will always be kind and patient with you, and never react angrily. Depression can be common with people who have dementia. Depressive symptoms occur in approximately 45% of Alzheimer's cases. Our carers are trained to recognise symptoms of depression and will refer you to a doctor if they feel you need anti-depressants. During this time they will be a constant and dependable support to you.



Frequently Asked Questions



When can my care service begin?

As soon as you want it to. When you first contact us we will arrange for a member of the team to come and visit you and discuss and assess your individual situation and needs. We will then produce your personalised Support Plan which will be confirmed with you and your family. It will be tailored to suit you and your lifestyle, preferences and abilities, so we need to ensure that you are completely happy with the plan. From then on we can begin providing you with the services in your plan.

How long can I receive care from you?

As long as you want. We realise that Dementia and Alzheimer's are very difficult to plan around and predict the progression of. We can just continue to provide you with the care you require for as long as you need it.

What if I don't get on with my carer?

All of our carers are highly trained and experienced in their area. When assigning you someone, we take great measures to make a good match, taking into consideration your age, interests, beliefs and personality. If for any reason you do not feel compatible with your carer, we can always modify the arrangement and find you somebody that you feel more comfortable with. We will always take the utmost care to respect your decisions and take you into consideration every step of the way.

How much does it cost?

To receive a quote on what your Support Plan would cost, please contact the Rance Healthcare Services Team. You may be entitled to funding from social services. To find out if you are you can contact your local authority. Alternatively, you can contact us for more information and we can discuss your financial options with you, as well as directing you to funding organisations

Quality Assurance

We guarantee that all of our staff have the necessary training, experience and qualifications needed in order to do their jobs professionally and effectively. During our recruitment procedure we certify that they are compliant with the Care Quality Commission (CQC) and the Disclosed Barring Service (DBS). We undertake rigorous measures to ensure that they are constantly working to the highest of standards with regular observations, spot checks and reviews. Many of our staff undergo further training with us in order to continually advance their skills and improve themselves professionally. Please see our website for more information regarding our training and recruitment procedure.



www.rancehealthcareservices.co.uk
Call our team today 01902 973451