



# ENABLING INDEPENDENT LIVING AT HOME

CONTACT US TODAY FOR A FREE, HOME CONSULTATION 01273 077444 | WWW.KINGSWAYCARE.COM Kingsway Care is a modern home-care provider, headquartered in Hove and supporting clients across Sussex. We provide a full range of highquality services to enable independent living at home.

# WHY CHOOSE KINGSWAY CARE?



# We think differently about care

What makes us different? Our focus on you.

We enable independent living at home, whatever that means to you. For some it is practical help around the house, for others someone to take them shopping or a day out. Others seek dependable full-time personal care. We can work with your health professionals to help you manage your wellbeing and access other services and advice if required. Arrangements can evolve to meet changing needs.

You are in control, so you choose as little or as much help as you want, when you want it. You can rely on us to be a safe pair of hands.



# We have a local approach

We are rooted in Sussex and know and love our neighbourhoods. Our staff are local and we invest in the local economy by buying goods and services from Sussex companies and practitioners. We have built relationships with local charities and like to get involved in volunteering and fundraising events.

We will soon launch the Kingsway Coffee Club as our own community hub which is being developed as a sociable drop-in centre for clients and CareGivers, and a space for film screenings, activities, talks and events.





# We have an incredible team

We have recruited a wonderful team of CareGivers and Personal Assistants and are hugely proud of their work in our communities.

We are ethical employers and invest in staff training and wellbeing. We also have a scheme to recognise and reward staff for their commitment to providing exceptional care. This means that clients

enjoy the highest standards of care. You can be assured you will be treated professionally and safely by highly trained and motivated people.



### We use smart technology

We can advise on wearable technology like emergency pendants and fitness trackers. You might like help setting up voice activated devices to turn your lights on and off or remind you to take dinner out of the oven. Many people appreciate assistance with setting up (or troubleshooting) smart tvs, satellite dishes, computers, phones and tablets. We can show you how to shop online and how to avoid scams. We can also help you with devices designed to monitor health or improve safety.

To us, the point of technology is to streamline care management, freeing up time for you to have better quality personal interaction and fun with your Personal Assistant or CareGiver.

## **CALL US FOR A FREE CONSULTATION**

Kingsway Care can identify many different ways to make life easier. We aim to make a positive difference to clients through delivering imaginative support with kindness, dignity and compassion. Tell us what you want and we will help make it a reality.

# HOME CARE

Being supported to continue enjoying life in your own home is a great choice for people who don't want or need residential care. It is a very cost-effective way to get help in the precise areas you need and is flexible enough to be tweaked as needs change. One client may need temporary help at home while they recover from an illness or hospital stay, another might want help finding the perfect live-in carer.

We can work with you and your family or friends to ensure your care is right for you.



### **Personal Care**

Ian "My Dad needs help getting ready for the day, and settled for the night. It's great to know Kingsway Care is there to help him every day"

### **Emergency Care**

Jane "After my operation, I realised that I needed some support at home, so I called Kingsway Care"

## **Dementia Care**

Justin "The dementia care training we received was so useful. We understand Mum's behaviour more now, and got lots of practical tips like rearranging her home so she can find things more easily"

## **Respite Care**



Ann "I really enjoy my weekly art classes. I can relax and get creative knowing my husband is in safe hands with Kingsway Care's respite service"



### Live-in Care

Lilly "I was worried I would feel uncomfortable having someone living with me, but now I can't imagine life without my CareGiver, Claire. I feel safe and we have fun. We both love knitting and are busy making Christmas presents together"

# **Palliative Care**

Sean "My wife and I really wanted my last few months to be spent at home where I can be with my family and my dog. Kingsway Care's qualified CareGivers made it possible"

# COMPANIONSHIP

e have developed the Kingsway Personal Assistant service for people who would like some company. Each Personal Assistant has been selected for their sociable, positive attitudes and desire to help. If you would like someone to help you continue doing something you enjoy, or to explore new interests or activities, talk to us and we will match you to a Kingsway Personal Assistant who shares your outlook and interests.



John "After my wife died, I really missed the Sunday roast. It's great to have someone to come and cook and eat it with me once a month. Talking to him about my life is really helping me write my memoirs too".

# Activities

Mary "I do have fun with my Kingsway Care Personal Assistant, we go to a tea dance every Wednesday and sometimes we just enjoy an ice-cream on the beach"

### **Hobbies**

Geoff "I love cooking so I look forward to my PA, Tim, delivering interesting food every week. He's a foodie too, we've exchanged our favourite recipes and I've learned how to make some new dishes"

# Socialising

Lynne "I love to dress up now and again for dinner in a nice restaurant with the girls. My PA, Karen, doesn't feel like a PA, she's one of the girls now too!"

# HOME SERVICES

hat would you like done? We can help with any aspect of cleaning and laundry. If you can't keep up with the garden, we can mow lawns, weed and prune, clean and repair paths and fences. It can be hard to find reputable tradespeople so we can arrange to fix leaky taps, put up shelves and curtains and help with redecorating. We know looking good helps you feel good so we have a network of qualified professionals, from hairdressers and barbers to chiropodists, masseurs, and beauticians who will come to you.

### What would you love to do?



Afternoon tea at the Brighton Grand hotel

Did you know our services extend outside the home? Many of our clients enjoy a visit to the cinema or a walk in the fresh air, along the seafront. Perhaps you would like to look forward to a lunch or coffee, combined with a trip to a garden centre or National Trust property? We can find a friendly companion to help you to continue enjoying whatever makes you happy.

#### Housework



Charlotte "My husband always used to do the cleaning. Now he is no longer around I have a cleaner twice a week and the house looks lovely"



## Gardening

Veronica: "I love gardening, but find weeding hard work. I really look forward to my weekly visits from Kingsway Care. They mow the lawn and have made some raised flower beds for me. They lug the heavy sacks of compost so I can concentrate on tending my plants"

### **Pet Care**



Cynthia: "I felt sorry for my dogs when I began to find the long walks tiring, so I called Kingsway Care. They now take care of vet visits as well as regular walks, so I am thrilled"



#### **Maintenance & Repairs**

Claire: "When Mum was diagnosed with dementia, Kingsway Care recommended how to rearrange things at home, and made suggestions to improve her safety"

# Health, Beauty & Grooming

Sheila: "I really missed my monthly trip to the hairdresser since giving up my driving licence. But now I've arranged a monthly grooming package with Kingsway Care. I enjoy haircuts, manicures and facials in the comfort of my own home"

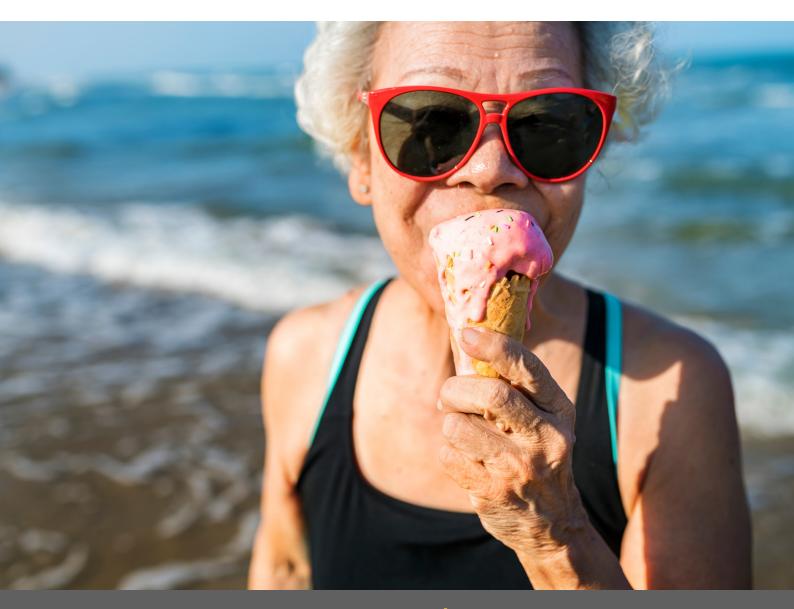
# **Meals & Shopping**



Rachel: "I felt empowered once Kingsway Care showed me how to order food online! It is so easy and convenient"

#### **Transport, Excursions & Holidays**

Violet: "I hadn't been on holiday for years and longed for a change of scene. I didn't think it would be possible as travel insurance is expensive. But Kingsway Care arranged for me to have four nights in Devon with Karen, their CareGiver, to look after me. I used to go there as a child and it was great to be able to go back"





# **Home Safety**

Jean: "I was always worried about falling at home alone and not being able to raise help. Kingsway Care showed me the different alarms that could be worn as a pendant or on my wrist. Now I am confident help will arrive should I ever need it"

# **Home Technology**

Maxine: "When my TV broke down, I had no idea where to start choosing a new one. My CareGiver said Kingsway Care could help. I've now got a Samsung Crystal UHD 4K HDR Smart TV and a subscription to Now TV. Even my grandkids are jealous!"



If you or a loved one need extra support, Kingsway Care can help. We can tailor our home care, companionship and home services just for you. Contact us today for a free home consultation.



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