Lifted Exceptional care for loved ones, peace of mind for families









About us

Lifted provides exceptional care for loved ones and peace of mind for families. With a big heart and industry leading technology, we do home care differently; better training and pay for Carers, exceptional reliability with 24/7 support, and access to our Care App that gives you detailed updates before and after each visit. All at a fair price.





Hi, I'm Rachael

I'm the co-founder and CEO of Lifted. My lovely mum was diagnosed with dementia when she was 56. When I realised we needed some help looking after her, I had no idea where to turn. Everything was so confusing and unreliable, and I hated that I didn't know what was happening at home when I wasn't there.

I knew she deserved better, so I quit my job and co-founded Lifted. I'm so proud that every day we are giving families the care I dreamed of, and I can't wait for you and your loved ones to experience it too.

Our services

HOURLY CARE

We're here to help with the daily tasks that support families and loved ones to live safely and securely at home. Our Carers can help with getting up and going to bed, taking medication, staying active, washing and dressing, meal prep and shopping, light housekeeping, and more.

LIVE-IN CARE

A great alternative to a care home, our Live-In Carers stay seven days a week to provide reassurance and hands-on practical support. Whether it be a helping hand with the morning routine, or intensive support for clients with complex needs, our Carers are trained to think of everything.

Meet some of our Carers...



Evelina

Evelina was a physiotherapist in Lithuania before she became a Carer with Lifted. She is passionate about helping people maintain their independence and loves meeting new people.



Julia

Julia discovered she loved caring when she looked after her Grandma who was living with Alzheimers disease. Now she has over IO years of experience supporting people to live happily and safely at home.

...And a couple of the Care Team who support families 24/7



Haezell, Head of Care Quality

Haezell has over 15 years experience in the care sector overseeing care for a large range of conditions including advanced dementia, mental health care and learning disabilities. She provides round the clock support to families and Carers.



Nick, Client Operations Lead

Nick has an extensive background in supporting families in their care journey as their dedicated point of contact for advice and queries. He is inspired by Lifted's commitment to transforming the experience of care.



Michelle and Sylvia: A Lifted Family

This is Sylvia. She is 84 years old and lives with dementia. Michelle, Sylvia's niece, came to Lifted a year ago concerned that Sylvia needed some support to cook and look after herself. Since then, our Carers have visited daily and got to know Sylvia. Not only have we helped Sylvia to have 3 meals a day, we've also helped her rediscover her love of dancing. One of our Carers, Emily, a budding musician, even wrote a jazz piece for her. Meanwhile, Michelle checks the app every day so she always knows Sylvia is well supported even when she is far from home.

Michelle had this to say:

"The Lifted team show compassion and empathy on a daily basis and look after Michelle as if one of their own family members... I would, without hesitation, highly recommend."





< Visit details	
Karen Jones ≝ Tue, Feb 20 ⊙ 10:0	00 - 17:30
	NI IDD
☆ Your rating for Karen	****
VISIT SUMMARY	
Susan was in a great mood today. of today's tasks and helped her to left. We went for a walk in the park had a great time.	bed before I
WELLNESS SUMMARY	
Mood Susan was in a great mood today.	•
رو ت Sleep Susan slept pretty well last night.	··

"Their service has been based on empathy, respect and most of all it's tailored to fit our mother and her personality. This is definitely the future of caring."

> GUSTAVA Lifted customer

Source: Trustpilot, Lifted, Oct 2019



COVID-19

The safety of our clients and Carers is our highest priority. All of our Carers are equipped with high-quality personal protective equipment, and have received additional training in how to use and dispose of this safely. Carers are also supported to regularly wash their hands thoroughly, and observe social distancing with any visitors to the home, and with clients where that is possible.



lifted

Contact us today to get your first 5 hours of care free*

Reference code: LiftingLives

020 3972 6546

lucie@liftedcare.com www.liftedcare.com

*Offer valid with a minimum booking of 20 hours or more per week for I month