

## Caring for you or your loved one

### in your own home.

Are you considering home care to provide support while living in your own home?

Home care or domiciliary care enables someone who needs extra support to stay in their own home for as long as possible.

BB Healthcare provide professional carers who will visit you at home to help with a wide range of tasks.

Maybe you're finding it difficult to cope with daily routines, such as

- Washing and dressing.
- Preparing meals and drinks, help with eating and drinking.
- Picking up prescriptions and helping to manage your medication.
- Helping with shopping, paying bills or collecting pensions.
- Getting out of the house to meet friends.
- Supervision and companionship
- Getting settled for the evening and going to bed.

Help in this way can make a huge difference, not only to your life, but also to your close friends and family, especially if they are caring for you.

BB Healthcare will carry out our own assessment before offering a full care plan. We will do this regardless of how the care is being arranged and funded (for example, through the council or by an individual).



**If you would like to find out more about our services and prices, contact us via telephone for a confidential no obligation chat, just ask for Healthcare.**

## We looking forward to caring for you.