



## Care for adults of all ages across New Milton, Lymington & Surrounding Areas

Here at **Helping Hands New Milton**, we provide more than just essential **Care**; we're here to help with every element of **day-to-day life**, to ensure you can stay at home whatever your circumstances.

We can help you with:

- Learning disability care
- Mental health support
- Housekeeping
- Support for young adults
- Elderly care
- Dementia care
- Companionship
- Running errands



For more information on how we can arrange the perfect package of support to suit your needs please:

Telephone: 01425 383938

Visit: [www.helpinghands.co.uk](http://www.helpinghands.co.uk)