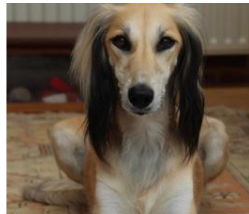


# Trusted } Companions }

Keeping you happy at home



*Companionship and help at home for older people*

Would you (or a loved one) like help with household chores, pet care, or gardening?

Or company at home, on outings, or to appointments?

Please get in touch, I'd love to help

For more information please see [www.trustedcompanions.co.uk](http://www.trustedcompanions.co.uk)

Or call me, Sarah Relf, on 07900 493653

Or e-mail [sarah@trustedcompanions.co.uk](mailto:sarah@trustedcompanions.co.uk)

