

Care in your home

Your care in our hands

Support, assistance and companionship

InTouch Home Care understand that clients wish to live in the comfort of their own home but may need some help to do this and companionship if living alone. We will listen to your personal needs and wants then provide a care service in your home that is unique to you. The process is simple.

We provide a wide range of services tailored to you:

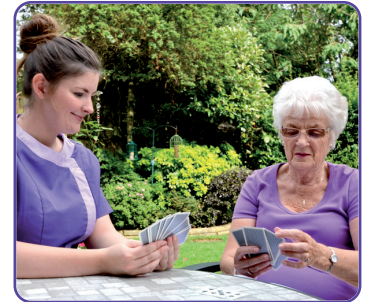
- Support with a 'good morning' start to the day; help to get up, wash, bath or shower, get dressed and have breakfast.
- A timely prompt for medication when due.
- Preparation of the food and drink each client enjoys.
- Shopping assistance – go out with you or we can agree your shopping list, go to the shops for you, and put it all away. alternatively we can go online with you to browse and order meals, clothes and household items.
- Undertake household tasks such as cleaning, ironing and laundry on a regular basis or as a 'spring clean' whatever the season.
- Indulging sessions – arrange an occasional visit to organise fresh bedding, clean clothes, companionship and a game of cards or shopping, bathing, cupboard organising and a caringly prepared meal.
- At the end of each day help with getting ready for bed and securing your home.
- Provide a sitting service service. If you are performing the role of principal carer, then you may need support during your time off each week or for emergency events that draw you away from home.

Your next step

Call our nearest office and we will explore, with you, your care and support choices and discuss costs.

- **Night care services** for those people who need them can either be on a 'sleep in' basis, where our care worker expects a realistic night's sleep but is on hand for emergencies, or a 'waking night' where our care worker is on duty all night.
- **Live in care** for individuals or couples - providing a care worker to live with you in your home. We often provide temporary live-in care when a client needs support when returning from hospital or through a period of convalescence.

Above is only a small selection of the services we can assist you with. If you require other services to suit your unique needs, please call us to discuss further.



"Thank you all so very much for the wonderful care all the year around".