

# Learning and physical disabilities

## Your personal assistant (PA)

### Your PA, enables you to do what you want, where you want

Our complex care PA's and teams support clients, of any age, to follow their chosen lifestyle and activities.

Providing full or part time support at home and in the community which allows you, or your family member, to live the life you wish to lead with our professional assistance and experience.

### Safe environment

It is important that we ensure a safe home environment and importantly you have all the equipment needed to maintain independence in your home. We work with your network of social services and occupational therapists to advise and gain access to necessary equipment.

Our support and care is arranged on your terms and is designed to meet your existing preferences for activities, meals, timescales, and established medication and care routines.

### Choosing your Personal Assistant

Your PA will be flexible and their support will evolve as your care needs change. Finding the right PA to support you is the single most important factor in getting your care right and every care is taken to provide you with the most appropriate PA. It may be that you want a:

- PA with a certain level of experience and/or specialist training
- Female or male PA to support your personal care needs
- PA who can drive, someone who shares an activity, hobby or career interest
- PA who is comfortable looking after your pets.



*"I can't praise Gregg enough for supporting John at his Neighborhood Learning centre and promoting active participation by encouraging John to investigate what the dry plants need to grow, checking for snails/slugs underneath the plants and watering the dry plants, John looks forward to going into the greenhouse and looking after "his plants"."*

  
**Dementia Pledge**  
*Aspire to deliver the best possible care!*