



**Independent  
Living  
Advisers**

# Home Is Best. Live Life Your Way



Our advisers arrange the support you need, so you can get on with living every day to the fullest — in your own home.

[www.ILA.life](http://www.ILA.life)



1 in 3 over 75's falls every year

# Home Is Best

“The longer older people live at home the happier they are”

(source: The Audit Commission)

However, as we get older, risks increase and we all need more support.

With the help of your Adviser, you can enjoy your independence knowing that high-quality support is in place—for day-to-day life and when crisis strikes.

## Your Adviser

Your Independent Living Adviser is an experienced community nurse who gets to know you— and what you need to enjoy living your life at home.

Your Adviser will arrange your medical, practical and social support, ensuring you always get excellent service in a timely manner.

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# Our Services

ILA is a specialist service to help you enjoy life at home. For an annual or one-off fee our expert local Adviser will organise all the support you need, providing a single point of coordination.



**Peace Of Mind**

## ***For day-to-day support:***

### **ILA At Home:**

Your Adviser is an experienced community nurse who gets to know you, organising and managing the high-quality all-round support you need to live happily and safely in your home over the long term.

## ***For expert help following a crisis:***

### **ILA LifeLine:**

A local health professional is at your side, responding to a 24x7 call to manage all aspects of your recovery and independent-living needs for 3 months, with day to day expert support while you get back on your feet.

## ***Peace of mind from ILA membership:***

### **ILA Passport:**

Provides the foundation for independent living with benefits including factsheets, newsletter and 24x7 helpline to activate ILA LifeLine for fast, local and professional support.

# How We Help

ILA works with you to create a flexible, individual support plan.

## *Services we can organise include:*

- Health services
- Visual & hearing solutions
- Living aids (e.g. alarms)
- Connecting to social groups
- Protection from nuisance calls
- Memory and dementia support



- At-home care
- Mobility support
- Home repairs
- Gardening
- Financial advice
- Wills & Power of Attorney

## Could we help you or your family?



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Call us on **01892 210100**  
E-mail us at **hello@ILA.life**  
Visit our website at  
**www.ILA.life**