## FEELING LONELY? STUCK AT HOME?

Come to
Glamis Hall Wellbeing Centre
Goldsmith Road
Wellingborough
NN8 3RU





## LUNCH CLUB - Monday - Friday, 11am - 2pm

All Welcome - £7.50 per session

Enjoy a freshly cooked 3-course lunch and a game or activity with friends

Transport\* available or use the WELLIBUS

It's FREE if you have a bus pass

## VIP CLUB - Monday - Friday - 9:30am - 3pm

Membership £25 per annum

Members £15 per day / Non-members £16 per day

All the lunch club provides, plus enjoy a day with friends

Hairdresser & Podiatrist\* Shopping and Laundry Service\*

Personal care & Assisted bathing\*

Call 01933 677326

Or visit our website: www.glamishall.org.uk



Volunteers always welcome Drivers, Cleaners, Lunch Assistants, Companions and Entertainers Please call for an appointment