





Castlebar Nursing Home

46 Sydenham Hill, London, SE26 6LU

	Website:	30., 0220 020			
				EAC ID:	140515
Owner:	Excelcare				
Person in charge:	T Gladstone				
Job title:	Manager				
Telephone:	020 8299 6384/5/6				
e-mail:					
YOUR DESCRIPTION	N				
	_				
ACCOMMODATION					
Private rooms	Residents may bring	Rooms have	Details of any assoc	iated housing	
Single 30	Own furniture	Phone point			
Double 15	Own decoration	▼ TV point			
Total ensuite 3	Building type	Lifts			
Total reg. beds 63		✓ Full lift			
Communal rooms	Purpose built				
	✓ Conversion	☐ Stair lift			
Number of lounges	Storeys	No lift	WEEKLY COST		
or seating areas	Wheelchair access	Outdoors	Personal care	Nursing care	_
☐ Hobby room	✓ To all floors		From:	From:	
,	Ground floor only	✓ Garden	Accept local autho	rity rates	
	□ No access	Seating areas	Accept Continuing	-	

LIFESTYLE		REGISTRATION and SPECIALISM	
Pets ✓ Pets accepted	Meals	Care only Beds: 0	
·	Meal times are flexible	✓ Nursing Beds: 63	
☐ Home has a pet	☐ Meals can be taken in own room	Year registered: 1993	
Decision making	☐ There is a choice of menu	Year built:	
Residents' committee	Residents assist in planning meals		
☐ Relatives' committee	☐ Meals are prepared in the home	Registration categories	
Smaking	Snacks are available at any time	Older people generally	
Smoking	☐ Vegetarians are catered for	Dementia	
□ Smokers not accepted	☐ Special diets are accommodated		
Daily routines are	Family and friends		
Fully flexible	Overnight facilities available		
☐ Flexible to a degree ✓ Not known	☐ Can usually accommodate visitors		
✓ Not known		Care specialisms	
CULTURE and RELIGION		.	
	suited to particular groups of people,		
please describe:			
		Care for people who need:	
		☐ Minimal help	
Specific requirements add	chesses.	Moderate help	
Religious Dietary		A high level of help	
Languages spoken:		Can usually accept people with:	
Languages spoken.		☐ Visual impairment	
		☐ Deafness	
CTIVITIES		☐ Urinary incontinence	
_		Faecal incontinence	
☐ Entertainment in the hom	e	☐ Moderate memory problems	
Outings		Severe memory problems	
Regular activities prograr	nme	☐ Disruptive behaviour☐ Challenging behaviour	
Facilities for hobbies			
Involvement in gardening		and/or people who:	
Own minibus		☐ Walk with a frame	
How often are activities orga	☐ Use a wheelchair ☐ Are bedfast		
		☐ Wander indoors	
		☐ Wander introofs	
OCATION		Duration of care:	
OCATION			
Location type: Not known	☐ Shops walkable	✓ Short / respite✓ Day care✓ Longer stay✓ Home care	
Distances yards mile	es Distances yards miles		
Local shop:	Bus:	☐ Trial visits can be arranged☐ Dedicated beds for respite care	
		☐ Dedicated beds for convalescence	
GP:	Town centre	Doublated beds for convaiescence	

For a free profile on EAC's websites www.housingcare.org and www.firststopadvice.org.uk, and inclusion in FirstStop's printed reports for care seekers, simply post or fax this form to: