



## Cedar House Care Home

3/4 The Cedars, Ashbrooke, Sunderland, SR2 7TW

Website: <http://www.parksidecare.co.uk/cedarhouse>

EAC ID: 122002

**Owner:** Parkside Care Homes

**Person in charge:** Lynn Bell

**Job title:** Manager

**Telephone:** 0191 565 5385

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### YOUR DESCRIPTION

Cedar House is part of Parkside Care Ltd, a small family company delivering quality care, dignity and support to older people since 1988.

Cedar House is a unique building with character and history and we invest constantly in the surroundings and furnishings. As a traditional building every room is different and also decorated individually to make it feel like a "home from home". Residents are encouraged to individualise their rooms and many bring in favourite pieces of furniture, ornaments and pictures.

Cedar House is located in the quiet residential area of Ashbrooke overlooking Backhouse Park, and is well served by public transport and close to many local amenities.

At Cedar House we offer excellent facilities and friendly person centred care to meet every client's individual needs. The Home is staffed by an experienced and dedicated team of caring personnel, who have a special understanding of the needs of the elderly.

### ACCOMMODATION

#### Private rooms

Single

Double

Total ensuite

Total reg. beds

#### Communal rooms

Number of lounges or seating areas

Hobby room

#### Residents may bring

Own furniture

Own decoration

#### Building type

Purpose built

Conversion

Storeys

#### Wheelchair access

To all floors

Ground floor only

No access

#### Rooms have

Phone point

TV point

#### Lifts

Full lift

Stair lift

No lift

#### Outdoors

Garden

Seating areas

#### Details of any associated housing

#### WEEKLY COST

##### Personal care

From:

##### Nursing care

From:

Accept local authority rates

Accept Continuing Care funding

## LIFESTYLE

### Pets

- Pets accepted  
 Home has a pet

### Decision making

- Residents' committee  
 Relatives' committee

### Smoking

- Smokers not accepted

### Daily routines are

- Fully flexible  
 Flexible to a degree  
 Not known

### Meals

- Meal times are flexible  
 Meals can be taken in own room  
 There is a choice of menu  
 Residents assist in planning meals  
 Meals are prepared in the home  
 Snacks are available at any time  
 Vegetarians are catered for  
 Special diets are accommodated

### Family and friends

- Overnight facilities available  
 Can usually accommodate visitors

## REGISTRATION and SPECIALISMS

- Care only    Beds:   
 Nursing    Beds:   
Year registered:   
Year built:

### Registration categories

Older people generally  
Mental disability  
Dementia

### Care specialisms

### Care for people who need:

- Minimal help  
 Moderate help  
 A high level of help

### Can usually accept people with:

- Visual impairment  
 Deafness  
 Urinary incontinence  
 Faecal incontinence  
 Moderate memory problems  
 Severe memory problems  
 Disruptive behaviour  
 Challenging behaviour

### and/or people who:

- Walk with a frame  
 Use a wheelchair  
 Are bedfast  
 Wander indoors  
 Wander outside

### Duration of care:

- Short / respite     Day care  
 Longer stay     Home care  
 Trial visits can be arranged  
 Dedicated beds for respite care  
 Dedicated beds for convalescence

## CULTURE and RELIGION

If the home is particularly suited to particular groups of people, please describe:

### Specific requirements addressed?

- Religious     Dietary     Language

Languages spoken:

## ACTIVITIES

- Entertainment in the home  
 Outings  
 Regular activities programme  
 Facilities for hobbies  
 Involvement in gardening  
 Own minibus

How often are activities organised?

## LOCATION

Location type:      Shops walkable

**Distances**    **yards**    **miles**    **Distances**    **yards**    **miles**

Local shop:      Bus:

GP:      Town centre:

For a free profile on EAC's websites [www.housingcare.org](http://www.housingcare.org) and [www.firststopadvice.org.uk](http://www.firststopadvice.org.uk), and inclusion in FirstStop's printed reports for care seekers, simply post or fax this form to:

**EAC, 3rd floor, 89 Albert Embankment, London SE1 7TP Fax 020 7820 3970**