

# Field Court, York

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Independent Living



Comfortable one- and two-bedroom apartments designed for later life



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We understand that moving home is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Field Court offering:

- the privacy and pleasure of your own home within a friendly community,
- 24-hour support,
- the latest safety and security.

Enjoying later life to the full is all about having comfort, security and independence – the freedom to live your life, free from hassle and worry, with support available when you need it – and that's exactly what Field Court offers.

## About Field Court

Field Court was opened in October 1991 by the President of the Methodist Conference, Revd Ronald Hoar.

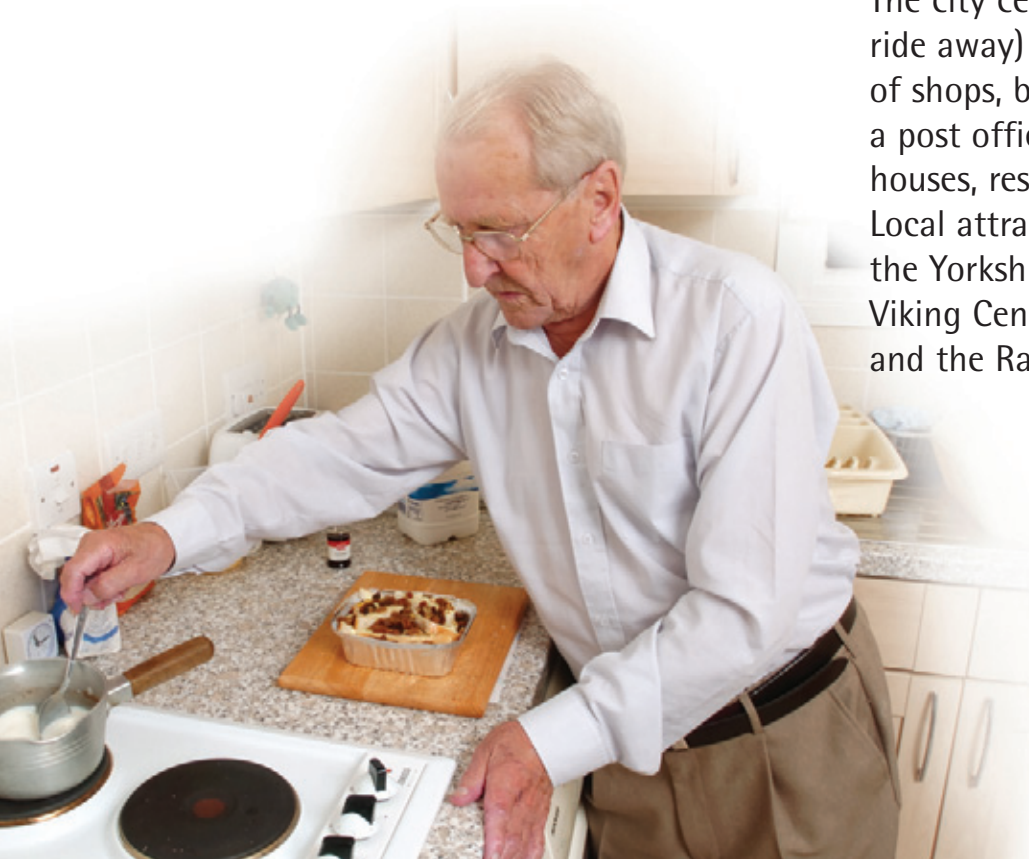
Designed to make life comfortable for older people accommodation is arranged on three levels with a lift and wheelchair access throughout.

The complex comprises 30 purpose-built apartments, eight are for couples, 21 are for single occupation and one double apartment has disabled facilities suitable for a wheelchair user.

## The Location

Field Court is situated on Hempland Lane in Heworth Village, York within easy walking distance of all the local shops, amenities and public transport.

The city centre (just a short bus ride away) boasts an extensive range of shops, banks, building societies, a post office, supermarkets, public houses, restaurants and cafes. Local attractions include York Minster, the Yorkshire Museum, the Jorvik Viking Centre, the Castle Museum and the Railway Museum.



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## Apartments

The light and spacious accommodation comprises:

- One or two bedrooms,
- Lounge/dining area,
- Fully fitted kitchen with space for a fridge and an electric oven,
- Bathroom with a specialist low-sided bath, grab rails, toilet and shaver point,
- Additional built-in storage in the entrance hall and bedroom,
- Slip-resistant flooring in kitchen and bathroom.

## Communal Areas

Shared facilities include:

- A communal lounge with kitchenette for social functions and activities,
- A communal laundry,
- Two en suite guest rooms for visitors,
- A level-access shower room where you can enjoy a refreshing shower,
- An attractive and well-maintained courtyard garden providing plenty of outdoor space for your enjoyment,
- The convenience of enclosed private car parking,
- Lift to first and second floors,
- Computer and internet facility.

## Flexible Support on Your Doorstep

At Field Court a dedicated Scheme Manager is available to residents between 9am and 5pm (Monday to Friday), to provide flexible support tailored to your individual needs. An emergency call system is in place evenings and weekends. The Manager is responsible for organising all the cleaning, health and safety checks and maintenance of the building so you don't have to worry.

All residents receive a daily, morning call and the Scheme Manager is available to discuss any issues you may wish to raise in confidence. Social activities and events are also organised for your enjoyment. All residents can participate if they wish. Our aim is to enable you to continue to live independently in your own home and maintain a good quality of life.

## Safety & Peace of Mind

You will have no worries about security. A video door-entry system enables you to see visitors on your television and speak to them on your phone, before opening the front door – from the comfort of your own apartment.

In the case of an emergency outside the Scheme Manager's working hours, help is always at hand with our emergency call system. Pull-cords are located in the lounge, bedroom and bathroom, and if required each tenant has a pendant to access an alarm control centre, which allows you to call for emergency assistance at any time.

## Spiritual Well-Being

At MHA, we support each person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our caring staff and volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

## Quality Standards

We offer a welcoming environment with caring support to all our residents. MHA has been awarded accreditation by the Centre for Sheltered Housing Studies, which means that we meet all their high-quality requirements.

We are registered with the Tenant Services Authority and fully comply with their requirements and those of the Care Quality Commission. MHA Managers regularly monitor all our housing schemes to ensure service delivery is the very best. Staff are chosen carefully to meet the standards required, regularly updating skills and knowledge to meet residents' needs.







*Map not to scale –  
shown as a guide only*

## Where Are We?

### From A1.

Leave the A1 at the A64 York junction and proceed towards the city. Leave the A64 at the A1079, signposted York and Hull. At slip road turn left at traffic lights signposted York city centre. Continue on dual carriageway in right-hand lane, through traffic lights and up to a large roundabout. Go straight over (2nd exit), continue heading towards city centre through two more sets of lights – at the third set of lights, turn right into Melrosegate, following signs for Heworth. Continue on this road to a five-road junction with traffic lights, turn right into Heworth Village. Proceed down to the T-junction with Hempland Lane, turn left and Field Court is immediately on the left.

### From A19 Selby.

Approach via A19 through Fulford – note the Worsley Barracks/Police Station on the right. At the next large junction, take the right filter following signs for Hull/Scarborough/Thirsk and Cemetery Road. Approach the next set of lights in the left lane and continue onto A1079 Foss Islands Road. At the next set of lights, with a carpet store on the right, turn right into Layerthorpe and continue straight on into East Parade. At the next set of lights carry straight on, into Heworth Village. Proceed down to the T-junction with Hempland Lane, turn left and Field Court is immediately on the left.



### Interested in finding out more?

Please give us a call on:

**01904 430147**

We will be delighted to talk to you.

Field Court  
Hempland Lane  
Heworth  
York  
YO31 1DN

Phone & Fax: 01904 430147

Email: [scheme.york@mha.org.uk](mailto:scheme.york@mha.org.uk)



### Head Office

Epworth House  
Stuart Street  
Derby  
DE1 2EQ

Phone: 01332 296200

Fax: 01332 296925

Email: [enquiries@mha.org.uk](mailto:enquiries@mha.org.uk)

Website: [www.mha.org.uk](http://www.mha.org.uk)

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