

ABOUT US

Essex Assisted Living has over 20 years' experience in providing support to older people. Empowering you is at the heart of everything we do. It is our promise to dedicate our time and energy into making every day happy, sociable, comfortable and safe.



Please do get in touch

Whether you are considering Essex Assisted Living for yourself or a family member, whether you have just started exploring options or are ready to take the next step, we are here to talk.



For enquiries

Where we are

Situated in Epping, Hilltop Lodge is within walking distance of both the high street with its variety of local amenities such as shops, restaurants, post office and the tube and bus stops. The home benefits from its own grounds and is a short way from Epping Forest giving you the opportunity to enjoy the open air.



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**HILLTOP LODGE
EPPING**

www.essexassistedliving.co.uk

OUR SERVICES

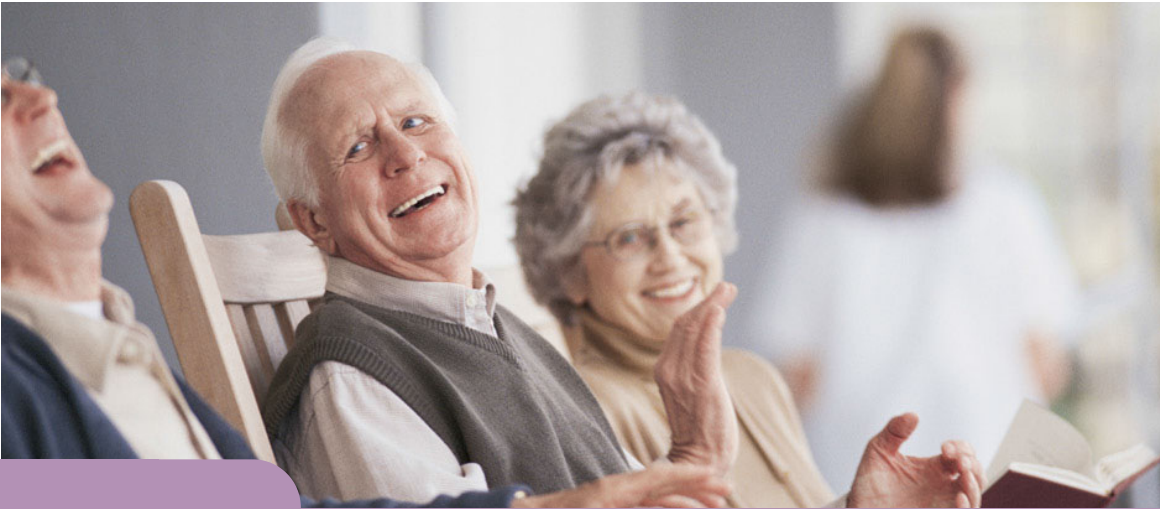
At Essex Assisted Living you are able to enjoy peace of mind that all the little things will be taken care of by our friendly staff.

Peace of mind

Our dedicated team are on hand to provide access to your own personal carers ensuring you can go about your usual daily routine. We have a 24-hour emergency support available to ensure your safety, and all household bills are included in the cost, leaving you to enjoy your time.

Happiness starts with you

We believe in enjoying later life and at Essex Assisted Living you are part of our community. Whether it is meeting friends or making new ones or getting involved in the activities, your happiness is our number one priority.



"There are so many friendly faces and so many things to do I never feel lonely here "



1

Delicious daily meal plan

Our team of chefs are on hand to provide daily home cooked meals with new menu choices each week. taking into account any dietary requirements you may have

2

Social activity plan

Our dedicated team offers an extensive activity programme. We understand the importance of your emotional and physical wellbeing and enjoying later life is crucial to this.

3

Comfortable spaces

If you choose to live with us you will enjoy your own comfortable room, socialising in shared lounges and dining areas.

4

Assistance on demand

We offer on demand assistance, providing an on-site laundry service as well as cleaning of rooms and a shopping service to satisfy your needs.

Why choose us:

- Daily home cooked meals
- Social engagement and activity programme
- House-keeping and assistance
- 24-hour security
- Personal care-admin



ESSEX ASSISTED LIVING