



Your life. Your way. Every day. At The Woodlands.







On the north bank of the River Mersey in the metropolitan borough of Stockport lies the friendly suburb of Heaton Mersey, home to our latest retirement community, The Woodlands. Whether you love the bustle of the city, the peace and quiet of the outdoors, or the comfort of your own home, The Woodlands is the perfect place to explore. Dip into the nearby shops and amenities, explore the local green spaces and enjoy life at your own pace.

Look a little closer and you'll find an inspiring new approach to retirement living that protects your independence, respects your privacy, surrounds you with friendly, like-minded people and can even take care of your everyday health and well-being.

Designed to help you make the most of every day, each of our spacious 1, 2 or 3 bedroom apartments includes thoughtful details, clever technology and handy features that make your home safer, easier to access and exceptionally comfortable.

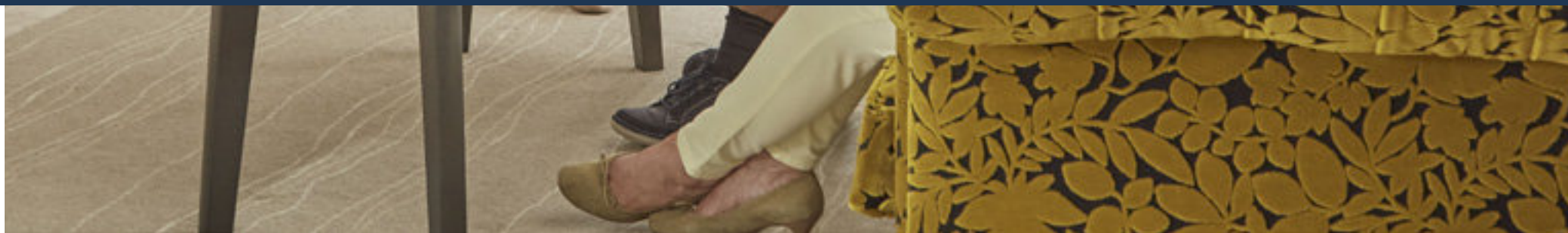
Step outside your own apartment and you'll find communal areas created with the same attention to detail.

Dine out at the table-service restaurant, pamper yourself in the therapy suite or meet friends and family in the Homeowners' lounge. And, if the mood takes you, join in our active social programme and learn a new hobby.

We also provide a 24/7 on-site support team 365 days a year, plus optional personal care packages tailored to your needs when you choose. You're free to live life at The Woodlands, your way, every day.



Join a community of like-minded people



A warm welcome guaranteed

When you move into The Woodlands you're guaranteed the best of both worlds: a beautiful, self-contained apartment to call your own, and a place in a community full of people who see the world the same way, share your hobbies and interests, and bring colour and character to every occasion.

So, however you like to spend time and wherever you choose to relax, you're sure to find a friendly smile and a warm welcome.

With a varied programme of social activities and get-togethers, making friends is easy too. Try your hand at arts and crafts, enjoy a dance lesson or take part in an exercise class. Or, if that all sounds a little too hectic, simply meet your closest friends and family for a coffee in the lounge.

And, when you're ready for a little quiet time, the comfort and privacy of your own home is only ever a short stroll away.





For individuals who love later life



A home with added extras

Everything on your doorstep

Step outside your home and you'll discover an extensive suite of communal facilities, reserved exclusively for you, your friends and your family.

Elegant table-service restaurant*

Enjoy a freshly-prepared breakfast or a delicious three-course lunch. Or, opt for a light bite from our deli menu when you have guests, don't feel like cooking or just fancy treating yourself.

Homeowners' lounge

Relax with your neighbours and friends in the Homeowners' lounge and make the most of our Wi-Fi and coffee lounge.

Hairdressing salon*

Treat yourself in our dedicated hair salon and book an appointment with one of our experienced stylists. Or invite your regular hairdresser to pay a visit.

Therapy suite*

Enjoy a little pampering in our on-site therapy suite.

Activities studio

Make time to indulge your hobbies and interests in our fully-equipped studio.

Landscaped gardens

For a breath of fresh air, step out into our beautiful landscaped gardens and the manicured grounds outside your home.

Guest suite*

If friends and family are visiting, we can provide a comfortable guest suite that allows them to stay overnight.

Mobility scooter and bicycle store

If you'd like to use a mobility scooter or store your bicycle, we provide a secure, dry storage facility, complete with electric charging points.

Car parking and EV charging points

Car parking is available and additional facilities are provided to charge electric vehicles.

Shuttle bus service

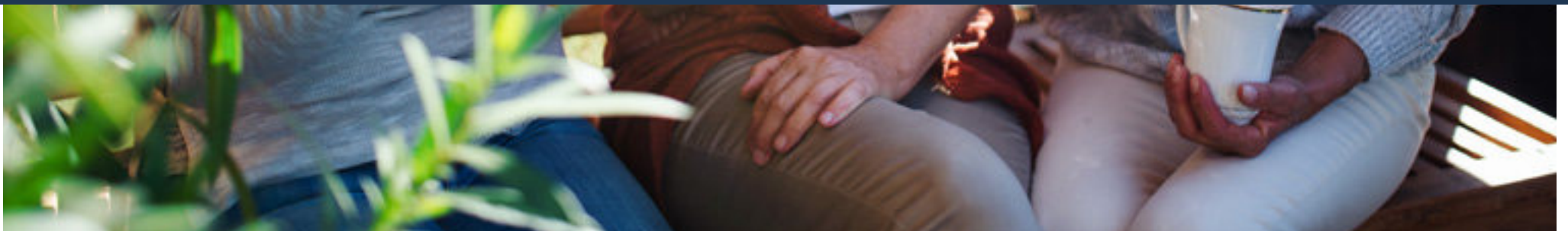
If you'd rather not drive, simply hop on to our shuttle bus service and enjoy a relaxing ride into Heaton Mersey.



*Additional charges apply



Looking out for each other



Care, consideration and companionship

From day one our priority is simple: to look after your health, happiness and well-being, and do all we can to improve your quality of life.

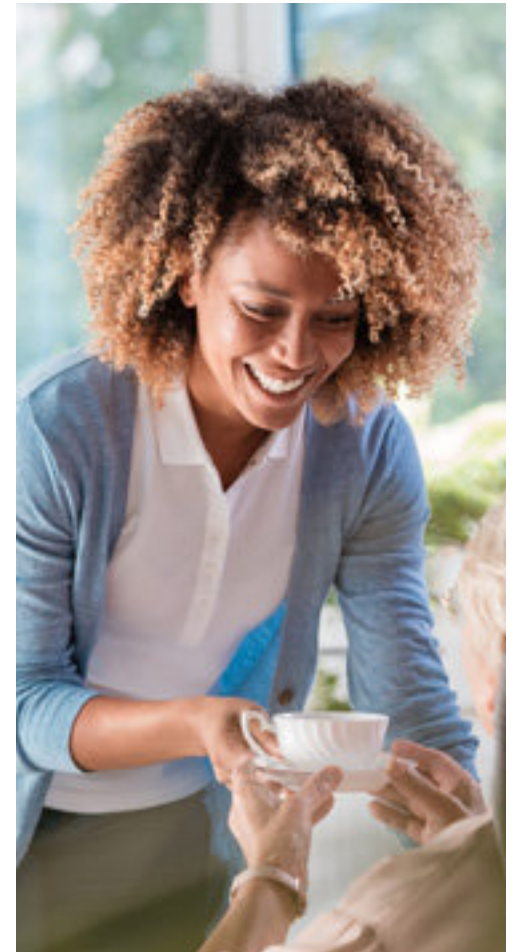
The moment you become a Homeowner in one of our communities, you become part of an extended family that enhances and supports your independence, and takes care of you.

24/7 on-site support 365 days a year

If you ever need emergency help, we're here – 24 hours a day, 7 days a week - day or night, our friendly team are always here to assist.

Tailored personal care packages*

If you have specific care needs, we're happy to arrange a tailored care package that offers the support, comfort and personal care you're looking for.



*Additional charges apply

Homes that really feel like home

The inspiration behind our new apartments was simple: to create spaces that made everyday life easier, simpler, safer and more comfortable.

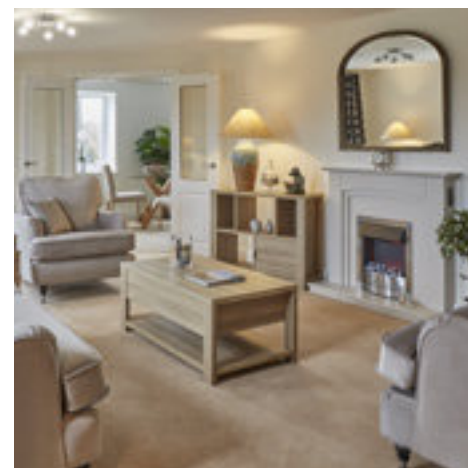
We began by looking at the little details that make a big difference to how a home feels, such as natural light, a user-friendly layout, a private patio or balcony and smart, space-saving storage.

Next, we added quality fixtures and fittings to guarantee years of hassle-free living – like hardwearing 80% wool carpets that reduce heat loss and add a touch of luxury.

For peace of mind, an audio visual entry security system with viewing monitor, that allows you to see who's calling, without leaving the comfort of your home.

We also considered the practical needs of our Homeowners and added special features including wider door frames and long-lever taps for easier use and better access, plus on-site parking is available.

Finally, we gave each and every apartment its own front door and letterbox. So, your home feels like your own from the very first day.



Kitchen

Fully-fitted kitchen
Silestone quartz worktop
Integrated appliances
Elica extractor hood
Zanussi oven
Zanussi hob
Zanussi microwave
Zanussi fridge freezer
Zanussi dishwasher
Automatic switches for kitchen window

Bedrooms

Thermostatically controlled heating system
Fully-fitted 80% wool blend carpets
Fitted wardrobes to master bedroom

Living room

Thermostatically controlled heating system
Feature fireplace with integrated fire
Fully-fitted 80% wool blend carpets

Bathrooms

Fully-tiled shower room
Modern bathroom suite

Utility room

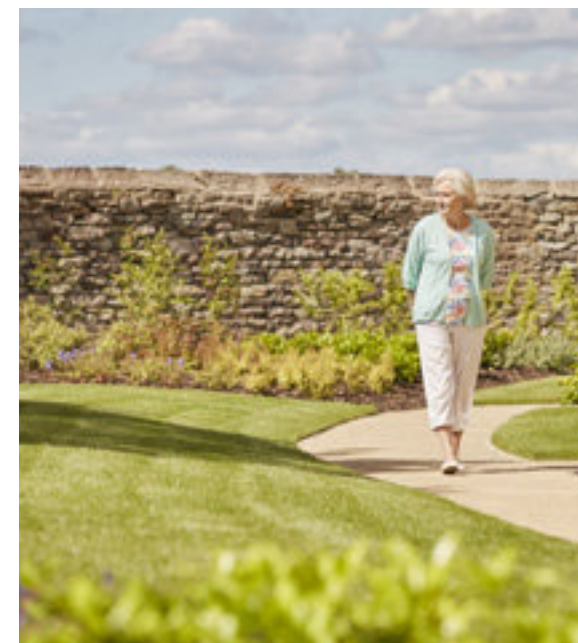
Spacious storage and utility cupboards



Landscaped gardens to call your own

The outside of your new home has been designed with the same thoughtfulness and attention to detail as the interior.

Walk out of your apartment and in seconds you'll be in a beautiful landscaped garden, with quiet corners and relaxing spaces to watch the world go by. And best of all, you won't have to lift a finger when it comes to gardening or maintenance.



Plan of The Woodlands



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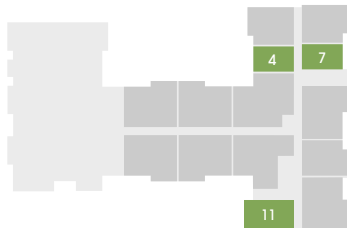
One bedroom apartments

Typical Dimensions: 35.70m² / 384ft²

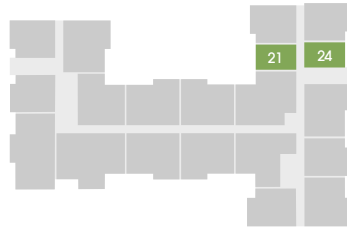
Kitchen	2.73m x 1.92m	(8'11" x 6'3")
Living room	4.38m x 3.44m	(14'5" x 11'3")
Bedroom	3.09m x 2.50m	(10'1" x 8'2")
Shower room	2.26m x 1.42m	(7'5" x 4'8")
Utility/store room	1.42m x 1.00m	(4'8" x 3'3")

Location

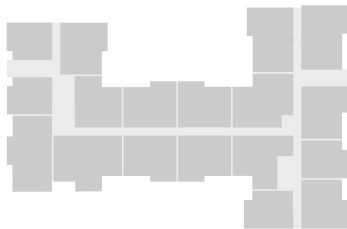
Ground floor



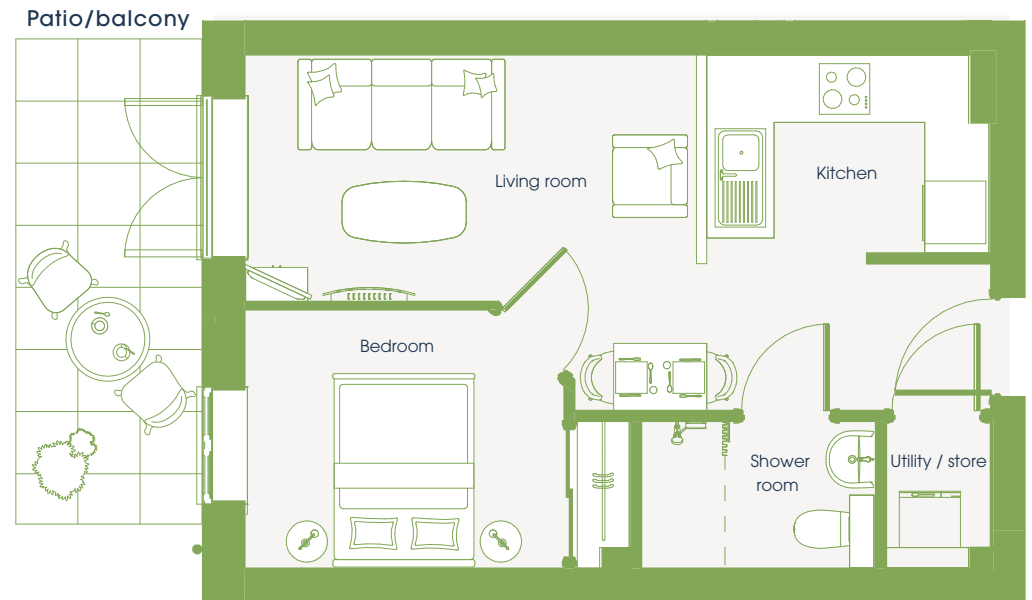
First floor



Second floor



Third floor



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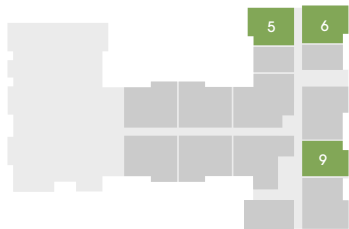
One bedroom deluxe apartments

Typical Dimensions: 55.64m² / 599ft²

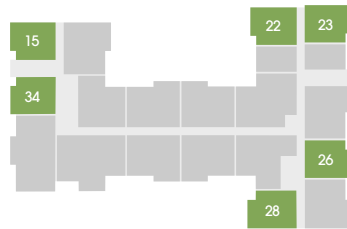
Kitchen	3.16m x 2.41m	(10'5" x 7'11")
Living room	6.89m x 3.44m	(22'7" x 11'4")
Bedroom	4.46m x 3.44m	(14'8" x 11'3")
Shower room	2.55m x 1.90m	(8'4" x 6'3")
Utility/store room	2.10m x 1.33m	(6'11" x 4'4")

Location

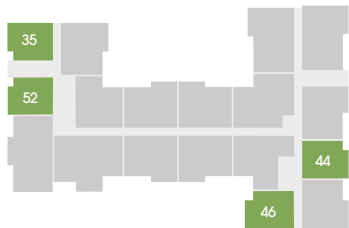
Ground floor



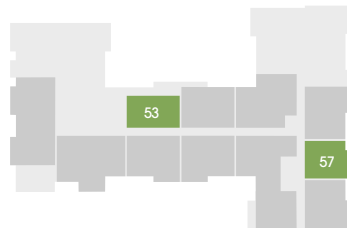
First floor



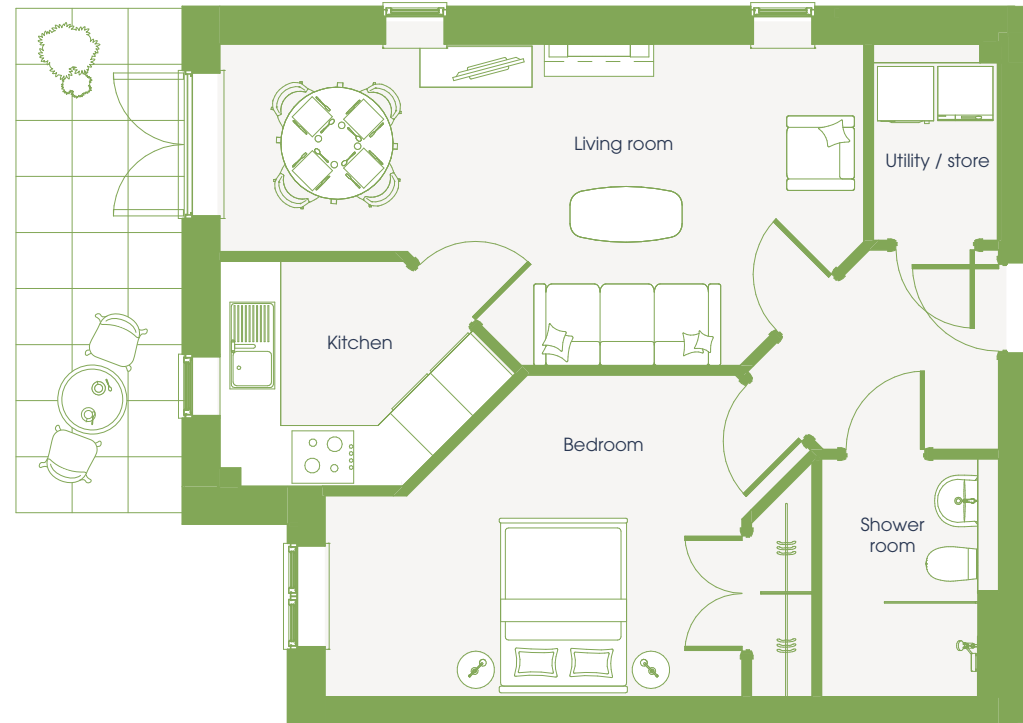
Second floor



Third floor



Patio/balcony



Two bedroom apartments

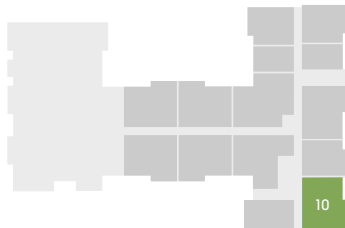
Typical Dimensions: 74.28m² / 800ft²

Kitchen	3.16m x 2.41m	(10'5" x 7'11")
Living room	6.97m x 3.44m	(22'10" x 11'3")
Bedroom one	4.46m x 2.90m	(14'8" x 9'6")
Bedroom two	4.46m x 3.03m	(14'8" x 9'11")

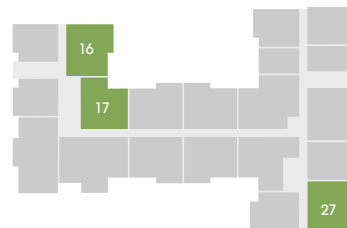
Shower room	2.55m x 2.00m	(8'4" x 6'7")
Utility	2.30m x 1.00m	(7'7" x 3'3")
Store room	3.44m x 1.25m	(11'3" x 4'1")

Location

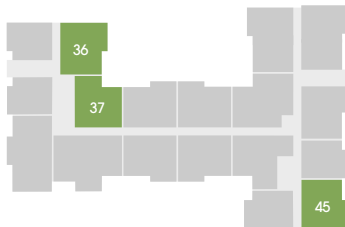
Ground floor



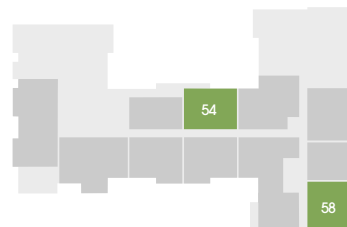
First floor



Second floor



Third floor



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Two bedroom en-suite apartments

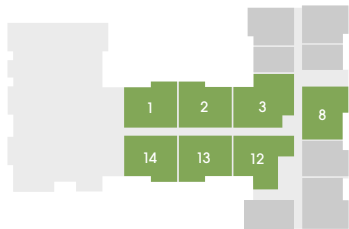
Typical Dimensions: 79.96m² / 861ft²

Kitchen	3.16m x 2.41m	(10'5" x 7'11")
Living room	6.92m x 3.44m	(22'8" x 11'3")
Bedroom one	5.41m x 2.90m	(17'9" x 9'6")
Bedroom two	4.23m x 3.65m	(13'10" x 12'0")
Bathroom	2.54m x 1.69m	(8'4" x 5'6")

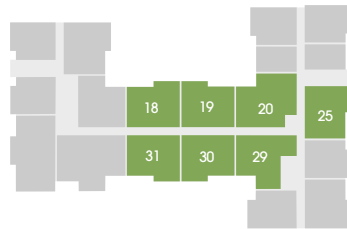
En-suite shower	2.54m x 1.89m	(8'4" x 6'3")
Utility	1.41m x 0.70m	(4'8" x 2'3")
Store room	2.66m x 1.30m	(8'9" x 4'3")

Location

Ground floor



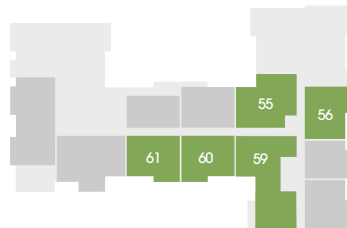
First floor



Second floor



Third floor



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Three bedroom apartments

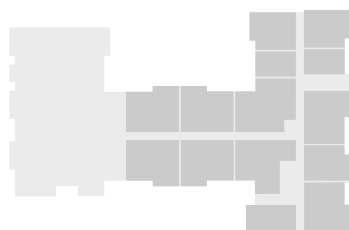
Typical Dimensions: 116.41m² / 1,253ft²

Kitchen	3.11m x 2.10m	(10'2" x 6'11")
Living room	6.17m x 4.62m	(20'3" x 15'2")
Bedroom one	7.26m x 4.39m	(23'10" x 14'5")
Bedroom two	5.28m x 2.80m	(17'4" x 9'2")
Bedroom three	4.18m x 2.50m	(13'8" x 8'3")

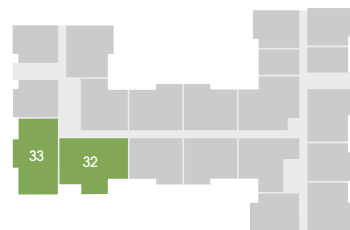
Bathroom	2.46m x 1.71m	(8'1" x 5'7")
En-suite shower	2.54m x 1.89m	(8'4" x 6'3")
Utility	1.41m x 0.70m	(4'8" x 2'4")
Store room	4.49m x 1.81m	(14'9" x 5'11")

Location

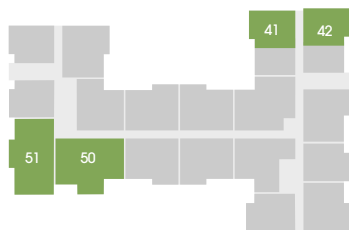
Ground floor



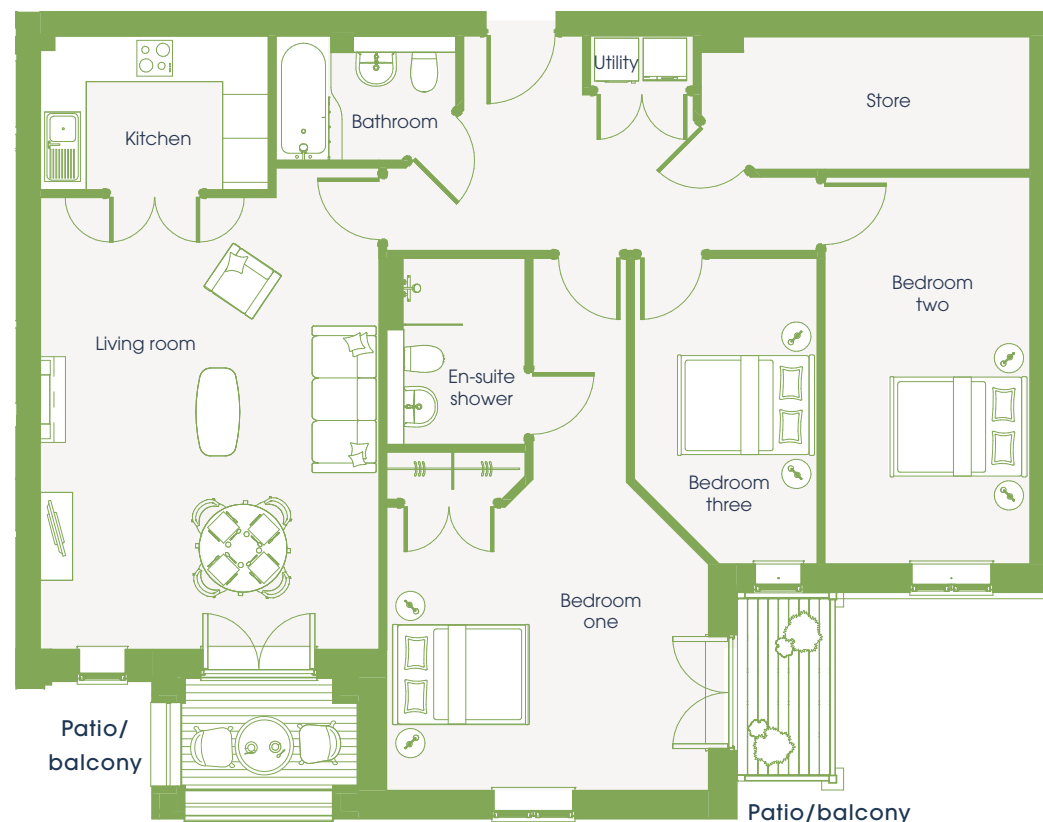
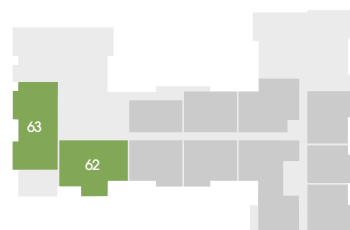
First floor



Second floor



Third floor



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A hassle-free way to move

Moving to The Woodlands is almost as easy and trouble-free as living here.

- We help you to sell your own property by liaising with estate agents and organising a valuation on your behalf
- We work closely with moving specialists to help with de-cluttering your current home, packing and unpacking – stress-free
- We'll help you settle into your new surroundings with a personal tour of your new apartment and a free 8-hour handyman service to help with hanging curtains and pictures
- We also provide the services of a Personal Clerk to take care of paperwork, redirect post, and register you with the utility companies

And to make sure you feel at home on moving-in day, you'll receive a complimentary meal in our restaurant.

Lower living costs

All of our communities are packed with energy-efficient features to help reduce your bills, such as full thermal insulation, double-glazing and cost-effective heating.

A monthly Service and Well-Being Charge takes care of our 24-hour on-site team, restaurant facilities, communal area cleaning, heating and lighting, water charges to your home, cleaning of all external windows, buildings insurance and garden maintenance.

While your own household expenditure should reduce when you move to The Woodlands, it's important to remember that you'll still typically be responsible for:

- Council tax
- Your apartment electricity
- Contents insurance
- Telephone and broadband
- TV Licence for your apartment
- Satellite TV to your own apartment (though a communal dish is already provided)



"I had always thought I would move home in the future but when I came to look at Adlington I thought this is the future. The day I moved in I sat out on my balcony and thought this is absolute bliss - and I have never stopped thinking that."

Mrs Burgess, Homeowner



"It's been a big relief not having to worry about doing jobs. We've had one or two jobs that needed doing and we have a very good handyman here and we get a lot of help. Our two sons think we have made the right move. I actually love it. I feel like I'm on my holidays!."

Mr & Mrs Braithwaite, Homeowners

"Having the dog, it helps a little bit. It gives you a bit of comfort, you know. And the staff and everybody, they are wonderful. They're lovely, every single one. I've got no complaints at all. I'm really happy that I moved now. It really is lovely here. I've got a balcony and I've got plants out on it. Everybody here is there for you."


Mrs Henry, Homeowner



"I managed on my own for quite a while, but I wanted to take charge of my life. I could have moved in with one of my children, but it would have become a matter of Grandma sitting on the settee and waiting for things to happen...and I'm not quite ready for that. I'm not sure I ever will be! I wanted to keep my independence and also to keep my relationship with my children a happy one, which it is. Now we enjoy the time that we spend together."

Mrs Buckley, Homeowner

An award-winning approach to retirement living



Our innovative apartments and retirement communities don't just win over Homeowners and their families; they also win the recognition of our industry peers.

We have built award-winning retirement apartments in Otley, West Yorkshire, Portishead, Somerset, Macclesfield, Cheshire and Romiley in Stockport at the WhatHouse? Awards for 'Best Retirement Development in the UK'.



A unique vision of later life

Adlington Retirement Living is part of the respected Gladman Group, which has been in the development industry for over 30 years. We're committed to creating quality homes for the older generation who want to remain independent.

All our apartments are specifically designed for retirement living and feature spacious

developments, with 24-hour on-site team, plus the option to add bespoke personal care packages required now or in the future.

Our first development, in Rhos-on-Sea, Wales, was launched in 2009 and we now have over 500 Homeowners across the North West, Yorkshire, Midlands and the South West.



All information stated in the brochure is correct at time of printing. Details are given as a general guide and may be subject to alteration. The plans or photographs do not represent any contractual offer or obligation on behalf of Adlington. For individual apartment details please ask the sales team. The plans shown are not to scale and the dimensions should be used for reference only and should not be relied upon for ordering furniture and fittings. Apartments are sold unfurnished unless otherwise stated. Measurements are based on the original plans and are taken wall to wall to a tolerance of 50mm and are taken as a maximum where appropriate.



Explore the local area

Nestled in a leafy suburb of south Manchester, our welcoming retirement community brings you all the benefits of being close to the major city, and the peace and quiet of living off the beaten track.

With Manchester city centre a 20 minute drive away, you can dip into the city whenever you like and explore the theatres, galleries, shops, restaurants and museums. Or, if you prefer, stay local and venture to neighbouring Heaton Moor to visit The Savoy Cinema. With plenty of pubs, supermarkets and shops on your doorstep, you'll never have to go far to find what you're looking for.

If exploring the great outdoors is more your thing, take a stroll around idyllic Mersey Vale Country Park, or follow the winding River Mersey into the heart of Stockport. Escape to the landscaped gardens of Fletcher Moss Park in Didsbury, or head for the hills and discover the Peak District National Park.



How to find us

From M60 exit at junction 1 to take the A5145 to Stockport Centre/Stockport West.

At the roundabout, take the exit onto Didsbury Road and continue for approximately 1.5 miles. Take a right turn onto Woodlands Road immediately after the BP garage.

From the A34 Kingsway, take the turning onto Parrs Wood Lane (A5145). Continue for approximately 500m and the turning to Woodlands Road will be on your left.

Parking is available on-site.

The Woodlands, Woodlands Road,
Heaton Mersey, SK4 3AF



THE WOODLANDS

HEATON MERSEY

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0161 241 5933

ADLINGTON
— RETIREMENT LIVING —