

**One Housing**  
Care & Support



# RODEN COURT

ASSISTED SENIOR LIVING IN HIGHGATE

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# WELCOME

Welcome and thank you for your interest in Roden Court. I hope you enjoy your visit to this stylish modern property and have a chance to explore our beautiful grounds.

We help our residents to live better by offering great homes that are designed for your lifestyle and your needs with a programme of activities to promote friendship, health and wellbeing.

I'm proud that One Housing Care & Support builds affordable, high quality homes that let older people keep their independence with the safety net of the best support available.

The team here is committed to creating homes for our residents to enjoy an independent life in, as part of the community. If you have any questions please ask our staff and we look forward to welcoming you soon.



**Martin D'Mello**  
Group Director Care & Support



## ABOUT Us

One Housing Care & Support offers you flexibility and a choice of accommodation to ensure you can remain independent and part of the community.

We develop and manage beautiful retirement communities that are contemporary, vibrant, needs-adapted and in desirable locations. We promote independence and active lifestyles but also provide personalised support when you need it.

Care & Support is part of One Housing, an award-winning provider of housing, care and support across London and the South East since 1966.







## LIFESTYLE

Care & Support senior living at Roden Court offers you a fulfilling independent life with care and support on-hand if you need it, giving you peace of mind.

It means that all of our staff are fully trained and dedicated to helping you, ensuring that your social and health needs are met, while you're free to enjoy the lifestyle that you choose.

There are beautiful communal spaces in which to meet up and chat with neighbours or join in with social activities. There's a helping hand whenever you need it, including the emergency call system in each apartment.

Invite friends and family to join you for cup of tea or a glass of wine in our lounge or dining area and when you want to, you can close your front door and relax in your own flat.

# RODEN COURT

Roden Court is a collection of self-contained apartments for the over-55s in Highgate.

Located in the London Borough of Haringey for local residents who need help to continue living independently but don't want to move far.

There are 17 one-bedroom and 23 two-bedroom self-contained spacious and modern apartments, complemented by a range of community facilities.

All flats come unfurnished for you to fit out and decorate in your own personal style.

## APARTMENTS

- One-or two-bedroom apartments.
- A spacious lounge area.
- Television and Sky plus point, internet/wifi and telephone.
- A modern kitchen with oven and hob with hood.
- Plumbing for washing machine.
- Walk-in shower room.
- Underfloor heating with individual heating controls throughout.
- On call assistance system.
- The option to be adapted with living aids, such as grab rails or shower seats, if you need them.

## COMMUNAL AREAS

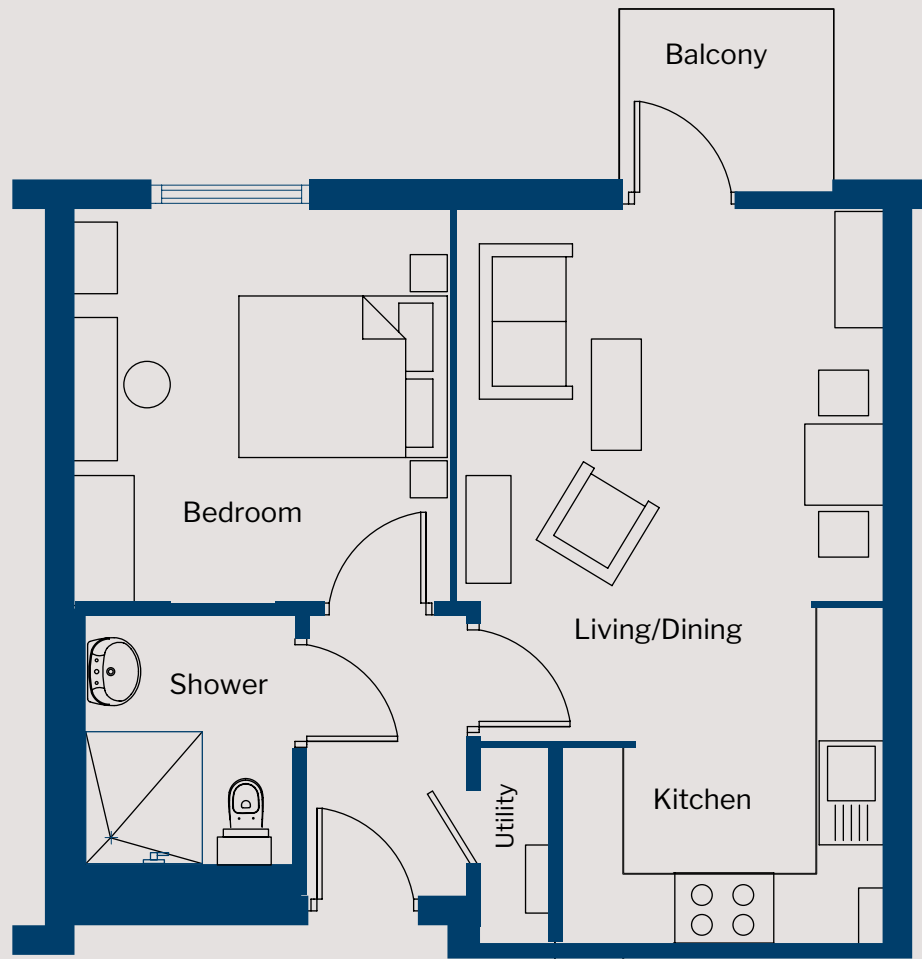
- Communal dining.
- Luxurious lounge.
- Stunning garden.
- Underfloor heating throughout.
- Modern laundry room.
- Assisted bathing suite.
- Mobility buggy charging and store room.
- Wifi in all communal areas.
- Two lifts to all floors.







# FLOOR PLANS



One-bedroom flat - all flats come unfurnished







Two-bedroom flat - all flats come unfurnished

# LOCAL AREA

Roden Court is situated on a beautiful tree-lined, wide pavement road between Highgate Village and Crouch End in the north London borough of Haringey.

It is perfectly located to benefit from both areas, which boast an abundance of attractive architecture, restaurants and coffee shops, lively shopping streets, transport links and leafy parks.

The Crouch End Clock Tower was erected in 1895 by the architect Frederick Knight, in 'appreciation and recognition of the public services' of Henry Reader Williams.

The tower is sited at the heart of Crouch End, at the point where the Broadway splits into Park Road and Tottenham Lane, and where once a wooden cross stood.

Today, Crouch End is often described as a little urban village. It is a lively multi-cultural neighbourhood with a strong sense of community and history.





# CORE SERVICES



## Services include:

- on-site management team
- support staff on-site 24hrs a day
- care-coordination and liaison
- family liaison
- co-ordinating assistive aids
- emergency response and support and reactive care
- local healthcare registration (GP surgery, dentist etc)
- medication ordering and collection
- housing-related support such as paying and monitoring of rent
- helping with utilities, setting up and maintaining the fabric of the home.

For more details, please see the inserts at the back of this brochure.

# MENU SERVICES

## Personal care

### We offer:

- help with getting up, washing and dressing
- hair care, manicure and pedicure
- help with dental hygiene, hearing and sight aids
- waking night care
- prompting and assistance with medication
- help with moving from chairs, wheelchairs and beds.



## Practical support

### We offer help with:

- cleaning and domestic/housework
- laundry services
- ironing
- shopping
- paying bills
- key holding
- preparing light meals and snacks
- bed changing.



## Companionship and social support

### We offer:

- accompaniment to appointments
- encouragement and support with customer-led activities
- companionship
- help enabling communication
- support for well-being
- help maintaining social contacts.



For more details, please see the inserts at the back of this brochure.



# NEXT STEPS

## Eligibility

To be eligible to become a resident at Roden Court you must be:

- aged 55 or over
- have a local connection
- able to live safely on your own with some support
- have an assessment with the Care Team at Roden Court at a time that suits you.

## Costs

Everyone will pay an amount towards the cost of living at Roden Court. How much depends on your assessed financial position. There is help available towards the cost and we will explore this before you move in.

## Contact us

To apply, please do one of the following:

- contact Senior Living Team on 0207 272 2735  
or or [seniorliving@onehousing.co.uk](mailto:seniorliving@onehousing.co.uk)
- contact Haringey's First Response Team on 020 8489 1400  
or [firstresponseteam@haringey.gov.uk](mailto:firstresponseteam@haringey.gov.uk)

For more information, please refer to the inserts at the back of this brochure.

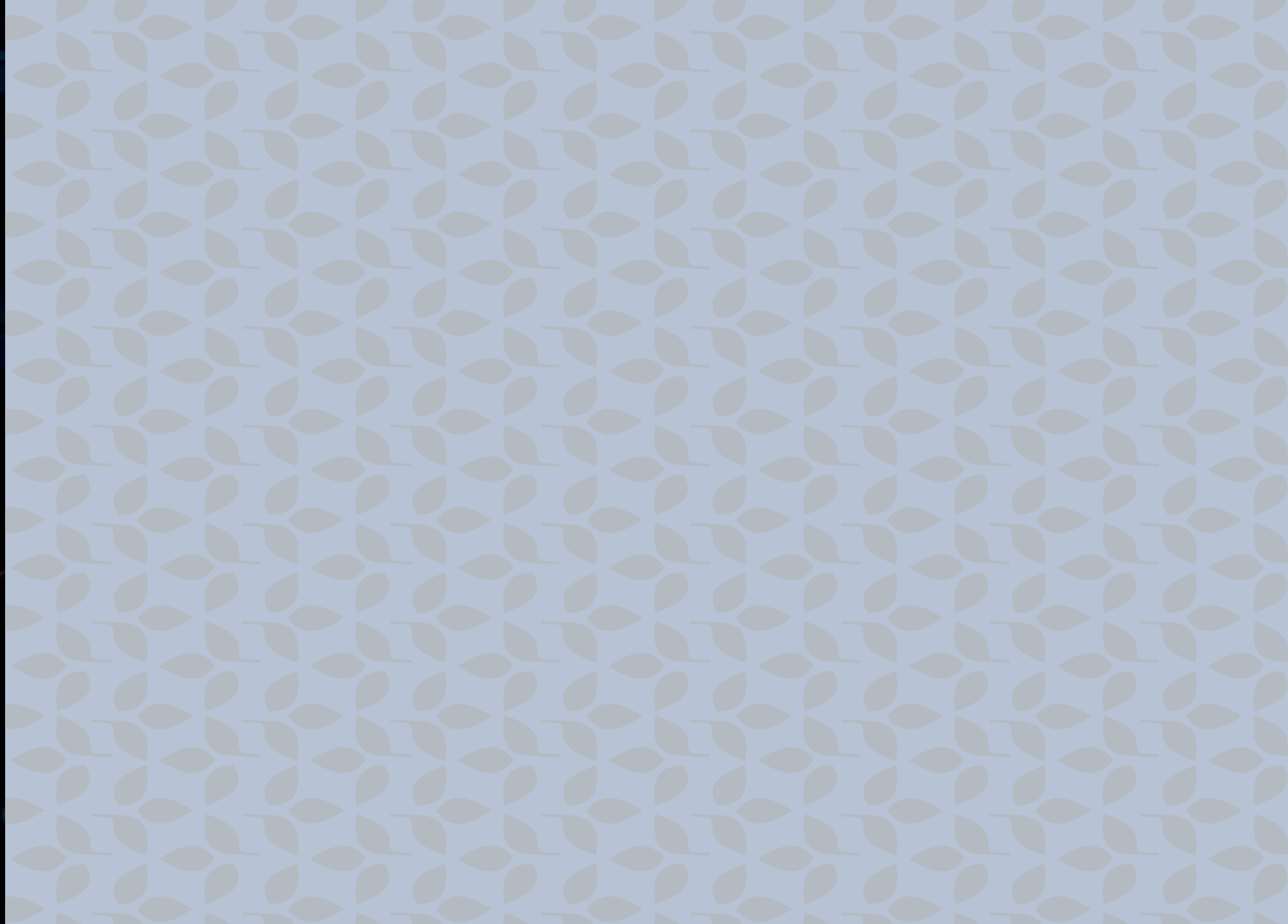
All images in this brochure are representative only.











RODEN COURT

# One Housing Care & Support



## Roden Court

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## General enquiries

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