



## Extra Care Housing for older people... a new alternative

Nant y Môr, Prestatyn



## Your life, your choice...

Nant y Môr Extra Care Housing scheme offers state-of-the-art supported accommodation for older people to help you to live independently for as long as you possibly can.

Situated on Marine Road, Prestatyn, Nant y Môr comprises 59 apartments – 27 one bedroom, 32 two bedroom and was built by Wales & West Housing in partnership with Denbighshire County Council.

Care staff are available 24 hours a day to deliver care in response to your individual care plan, or in the event of an emergency.

Apartments are available for you to rent, or buy, from Wales & West Housing, for those people who meet the eligibility criteria.

And it couldn't be simpler... To apply to live at Nant y Môr, you just need to be aged 60 or over, currently living in Denbighshire, and in need of care and support.



## In the heart of the community...

Nant y Môr is located within easy reach of Prestatyn's bustling town centre, with its vibrant community of shops, churches, cafes, pubs, the library, the Scala Cinema and other community amenities. A regular bus service operates between the scheme and the town centre daily and Nant y Môr is just one mile away from Prestatyn railway station.

### Key features at Nant y Môr include:

- 24 hour on-site care staff
- The services of a Scheme Manager and a Facilities Manager
- All apartments have en suite level access showers and fully fitted kitchens
- A self-service restaurant serving nutritious, locally produced food
- A garden room / conservatory room
- Communal laundry facilities
- A buggy store
- On site parking
- Lounges
- Leisure snugs with books, DVDs and games
- A guest suite
- Hairdressers
- Treatment room
- Terraces / roof gardens
- Regular social and leisure activities



## Like to know more?

To find out more about living at Nant y Môr, including details of rent and service charges, or to discuss in more depth the eligibility criteria, **call Freephone 0800 052 2526** any time to speak to our Housing Options Team.

Or you can **request a Nant y Môr application pack by writing to:**

**Extra Care Housing**  
Customer Service Centre  
Wales & West Housing  
3 Alexandra Gate  
Tremorfa  
Cardiff CF24 2UD

Email: [contactus@wwha.co.uk](mailto:contactus@wwha.co.uk)  
Or visit: [www.wwha.co.uk/ourservicesandinitiatives/olderpeople](http://www.wwha.co.uk/ourservicesandinitiatives/olderpeople)



## Apply now at no obligation to yourself...

Many older people end up living somewhere they are not happy to be, simply because they don't want to be a burden on their families, or they want to please other people. If you think through your options before circumstances force you to do so, you can make a really positive choice for yourself.

If you're aged 60 or over, in need of care and support and currently living in Denbighshire, you may be eligible to apply for an apartment at Nant y Môr.

After completing a simple form (which we can help you with) your needs will be assessed. If you meet the eligibility criteria we will contact you as soon as an appropriate apartment becomes available.

Or go to [www.wwha.co.uk/Our Services & Initiatives/Our Services for Older People/What is Extra Care?](http://www.wwha.co.uk/Our Services & Initiatives/Our Services for Older People/What is Extra Care?) to see more photos of the scheme and to find out more.





## Tai Gofal Ychwanegol i bobl hŷn... dewis arall newydd

Nant y Môr, Prestatyn



Mae cynllun Tai Gofal Ychwanegol **Nant y Môr** yn cynnig llety â chymorth o'r radd flaenaf i bobl hŷn, er mwyn eich galluogi i fyw'n annibynnol môr hir â phosibl.

Wedi ei leoli ar Marine Road, Prestatyn, mae Nant y Môr yn cynnwys 59 rhandy – 27 ag un ystafell wely, 32 â dwy ystafell wely, ac fe'i hadeiladwyd gan Tai Wales & West mewn partneriaeth â Chyngor Sir Ddinbych. Mae staff gofal ar gael 24 awr y dydd i ddarparu gofal mewn ymateb i'ch cynllun gofal unigol, neu pe bai argyfwng yn digwydd.

Mae fflatiau ar gael i chi eu rhentu neu eu prynu gan Tai Wales & West, os ydych yn cwrdd â'r meinu prawf cymhwyster. Ac mae gwneud cais am le i fyw yn Nant y Môr yn syml iawn... Mae gofyn i chi fod yn 60 oed neu'n hŷn, yn byw yn Sir Ddinbych ar hyn o bryd, ac angen gofal a chefnogaeth.



## Eich bywyd chi Eich dewis chi...

## Yng nghalon y gymuned...

Mae Nant y Môr wedi ei leoli o fewn cyrraedd hawdd i ganol tref brysur Prestatyn, gyda'i chymuned fywiog o siopau, eglwysi, caffis, tafarndai, y llyfrgell, Cinema Scala a mwynderau cymunedol eraill. Mae gwasanaeth bws rheolaidd yn mynd o'r cynllun i ganol y dref ac yn ôl bob dydd, a dim ond milltir sydd rhwng Nant y Môr a gorsaf drenau Prestatyn.

### Mae nodweddion allweddol Nant y Môr yn cynnwys:

- Staff gofal ar y safle 24 awr y dydd
- Mae gwasanaethau rheolwr Cynllun a rheolwr cyfleusterau
- Mae gan bob rhandy ystafelloedd ymolchi ensuite a cheginau gyda'r holl offer
- Bwyty hunanwasanaeth, sy'n cynnig bwyd maethlon a gynhyrchwyd yn lleol
- Ystafell gardd / ystafell wydr
- Cyfleusterau golchi dillad cymunol
- Storfa coetsys
- Parcio ar y safle
- Lolfeydd
- Llyfrgell
- Ystafell i westeon
- Salon trin gwalt
- Ystafelloedd triniaethau
- Terasau
- Gerddi ar y to
- Cynllun cymdeithasol gweithgar, sy'n cynnwys clwb garddio



## Eisiau rhagor o wybodaeth...?

I gael rhagor o wybodaeth am fyw yn Nant y Môr, gan gynnwys manylion am y rhent a'r taliadau gwasanaeth, neu i drafod y meinu prawf cymhwyster yn fanylach, **ffoniwch y rhif rhadffôn 0800 052 2526** unrhyw dro, a siaradwch gyda'n Tîm Dewisiadau Tai.

Neu, gallwch **ofyn ambecyn cais Nant y Môr drwy ysgrifennu** at staff:

**Tai Gofal Ychwanegol**  
Canolfan Gwasanaethau Cwsmeriaid  
Tai Wales & West  
3 Alexandra Gate  
Tremorfa  
Cardiff CF24 2UD

e-bost: [contactus@wwha.co.uk](mailto:contactus@wwha.co.uk)  
Neu ewch i: [www.wwha.co.uk/ourservices\\_andinitiatives/olderpeople](http://www.wwha.co.uk/ourservices_andinitiatives/olderpeople)



BUDDSODDWYR  
MEWN POBL | Aur

## Gnewch gais yn awr heb unrhyw rwymedigaeth...

Mae nifer o bobl hŷn yn gorfod byw mewn mannau nad ydyn nhw'n eu hoffi, a hynny gan nad ydyn nhw eisiau bod yn faich i'w teuluoedd, neu am eu bod nhw eisiau plesio pobl eraill. Os byddwch yn ystyried eich dewisiadau cyn i amgylchiadau eich gorfodi i wneud hynny, gallwch wneud dewis cadarnhaol iawn drosoch eich hun.

Os ydych yn 60 oed neu'n hŷn, ac angen gofal a chefnogaeth a'ch bod chi'n byw yn Sir Ddinbych ar hyn o bryd, fe allech chi fod yn gymwys i ymgeisio am randy yn Nant y Môr.

Ar ôl llenwi ffurflen syml (y gallwn eich helpu i'w llenwi), bydd eich anghenion yn cael eu hasesu. Os byddwch yn cwrdd â'r meinu prawf cymhwyster, fe wnawn ni gysylltu â chi cyn gynted ag y bydd rhandy priodol ar gael.

Neu ewch i [www.wwha.co.uk/Ein\\_Gwasanaethau\\_a\\_Mentrau/Ein\\_Gwasanaethau\\_I\\_Bobl\\_Hyn/Beth\\_yw\\_gofal\\_ychwanegol](http://www.wwha.co.uk/Ein_Gwasanaethau_a_Mentrau/Ein_Gwasanaethau_I_Bobl_Hyn/Beth_yw_gofal_ychwanegol)? i weld rhagor o luniau o'r cynllun a chael rhagor o wybodaeth

