

Services to help you live well in Woking

Independent with Careline

Our Community Alarm Service allows people to live independently in their own home, safe in the knowledge that help is at hand 24/7 at the touch of a button.

Staying connected

Home Support Officers make daily, weekly or fortnightly home visits to keep you connected with your local community. They can help with tasks such as shopping and liaise with other support services.

An appetite for life

A balanced diet is essential for maintaining good health. Our Community Meals Service can deliver a selection of nourishing lunchtime meals and a teatime sandwich direct to your door.

Safe and secure at home

Look after your home and it will look after you. Our Homelink Handyperson can carry out low-cost repairs and minor adaptations to support your changing needs.

Keeping active

The varied programme of activities and refreshments on offer at our Centres for the Community provide opportunities for learning, exercising and socialising. Located in Knaphill, Byfleet, Sheerwater, Westfield and Goldsworth Park.

Bright minds

For people coping with memory loss, The Wellbeing Centre, at The Vyne in Knaphill, offers drop-in sessions, information and support for carers.

For further information visit woking.gov.uk/livingwell



BROCKHILL

Care and companionship on your doorstep

Extra Care

woking.gov.uk/livingwell



“
Love and compassion are necessities, not luxuries. Without them humanity cannot survive.
”

Dalai Lama
Spiritual leader, Tibet

Additional information

Opening hours

Brockhill is open to the public Monday to Friday 9.30am to 3pm. Lunch is served at 12.30pm.

Contact details

The Brockhill housing support staff are on-site Monday to Friday 9am to 5pm, weekends 8am to 2pm.

Phone: 01483 743975

Email: brockhill@woking.gov.uk
Clifton Way, Goldsworth Park
Woking, Surrey GU21 3NE

Getting to Brockhill

Brockhill is situated on Clifton Way, off Denton Way, close to the Goldsworth Park Shopping Centre in Woking, Surrey.



Parking

Parking on site is limited with priority given to disabled visitors and Brockhill tenants. Additional parking is available at the shopping centre, a two-minute walk from Brockhill.

Public transport

The number 91 bus stops outside Brockhill. It runs frequently between Woking Town Centre and Knaphill via Goldsworth Park.

Bustler Dial-A-Ride provides an assisted door-to-door service. A return journey costs around £4.50. Book in advance by calling 01483 724433 or ask the staff at Brockhill to help you.

How to apply

Demand for residential places and care packages at Brockhill is high and certain criteria apply. Please speak to a member of the Brockhill Team about current availability and eligibility.

Living in the community

Goldsworth Park is a thriving community popular with families wanting to be close to Woking Town Centre but with enough space to enjoy family life and convenient access to local amenities.

Shopping

Brockhill is a stones throw from Goldsworth Park Shopping Centre which tenants can easily access on foot to pick up their everyday essentials. Facilities include:

- Large supermarket
- Newsagents with Post Office
- Pizza restaurant
- Dry cleaners
- Coffee shop
- Pub
- Cash machine
- Pharmacy
- Hospice shop
- St Andrew's Church and coffee shop

Goldsworth Park Health Centre

The health centre, off Denton Way, is home to Goldsworth Medical Practice, which provides GP services, a range of clinics and a wide variety of other medical services. Sharing the same roof is Parkside Dental Centre, which offers both NHS and private dentistry.

Sites of interest

The Basingstoke Canal

The Basingstoke Canal to the south of the area is a fully navigable waterway. It was restored in the 1990s and is a Conservation Area. Langman's Bridge is a nationally recognised historic site and a Scheduled Ancient Monument.

Goldsworth Park Lake

An oasis in the centre of the Goldsworth estate, the lake has become a haven for visitors, both animal and human. There is an abundance of wildlife, including 13 species of fish making the lake popular with anglers. It is surrounded by a vast expanse of grassland, ideal for a gentle stroll and healthy dose of fresh air.

Goldsworth Park Recreation Ground

For those that prefer a little more action, take root on a park bench off Wishbone Way. Watch local teams battle it out for sporting glory or enjoy the sound and atmosphere of children at play. The nearby Goldwater Lodge Community Centre offers a convenient pit stop.

Welcome to Brockhill

Brockhill is a unique housing scheme in Goldsworth Park designed to meet the needs of frail or vulnerable people living in Woking. Unlike other schemes it offers round-the-clock care to help people with additional support needs to remain as independent as possible.

On your doorstep

Brockhill consists of 49 self-contained flats and a communal facility that houses a range of essential and accessible services to help people live well.

Brockhill tenants can benefit from assisted bathing, hairdressing and chiropody services on their doorstep, as well as other on-site facilities including a large dining room where meals can be purchased daily, laundry rooms, communal lounge, conservatory and a beautifully maintained garden.

At the centre of the community

Monday to Friday people can drop in to take advantage of Brockhill's communal facilities, take part in the weekly social activities or enjoy a great value home-cooked meal in the busy dining room. Brockhill also provides a limited number of Day Care places for frail or vulnerable people in the community.

Opening hours:

Weekdays Brockhill is open to the public 9.30am to 3pm.
Lunch is served at midday - book before 10.45am.

Phone: 01483 743975.

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Living well at Brockhill

Brockhill is a council-run housing scheme that offers frail and vulnerable people in Woking the opportunity to continue living independently with help at hand if they need it.

Accessibility in mind

Brockhill is suitable for individuals or couples.

Each flat is designed and equipped to help tenants move around freely and easily. Accommodation at Brockhill is suitable for most wheelchair users, complete with lift access, low-level showers and adapted kitchens.

Communal facilities include:

- Coffee bar
- Hair salon
- Assisted bathing suite
- Laundry rooms
- Large dining room where meals can be purchased daily
- Communal lounge
- Conservatory
- Beautifully maintained garden
- Parking
- Guest accommodation

Help at the touch of a button

Each flat is linked to the Council's community alarm service. There are emergency pull cords in each room

and tenants are provided with pendant alarms allowing them to summon help wherever they are within the Brockhill facility.

Extra mile

During the day all Brockhill tenants benefit from the presence of an on-site housing support team, which can provide immediate first aid or liaise with a tenant's GP. Also available to Brockhill tenants is a prescription collection service and twice yearly visits by a local optician.

Extra care

Tailored care packages are available at Brockhill. These can include:

- 24-hour personal and social care.
- Help with daily tasks such as getting dressed.
- Mobility assistance.
- A hot midday meal prepared and served at home.
- Support accessing bathing, chiropody and other essential health services.
- Help participating in social activities.

Day Care at Brockhill

Brockhill can provide Day Care for up to 15 frail or vulnerable people living in the wider community. Affectionately known as the 'Brockhill Buddies', the service is available to people Monday to Friday between the hours of 10am and 3pm.

Becoming a Brockhill Buddy helps people to overcome loneliness and reconnect with the community. Staff and volunteers at the Centre ensure they are safe and supported throughout their visit, helping them at mealtimes, to move around the Brockhill facility and encouraging them to interact with others.

It is an ideal opportunity for people wishing to be considered for housing at Brockhill to sample all that's on offer.

Day Care includes:

- Care and assistance provided by housing support staff at the Centre.
- Return journey with Bustler, which provides an assisted door-to-door transport service suitable for people with mobility issues.
- Access to hot drinks and snacks available in the coffee lounge.
- The opportunity to take part in social activities and gentle exercise.
- A hot midday meal.
- Access to disabled toilets and other adapted facilities.

How to apply

Demand for residential places and care packages at Brockhill is high and criteria apply. Please speak to a member of the Brockhill Team about current availability and eligibility.



Living an active and full life at Brockhill

Monday to Friday people can drop-in to take advantage of Brockhill's communal facilities and services, take part in the weekly social activities or enjoy a great value home-cooked meal in the busy dining room.

Coffee and companionship

You can meet and make friends in the bright, warm Brockhill lounge. Weekday mornings the coffee bar serves refreshments from as little as 50p for a cup of tea. Drop in whenever you're in need of company.

Dine with friends

A balanced diet is essential for maintaining good health, so is access to healthy, nutritious meals. People can enjoy the company of others and a choice of hot or cold midday meals in Brockhill's bright, spacious dining room.

All meals are prepared on-site and the team can cater for a wide range of dietary requirements. A two-course meal starts at £4.

Place your order at reception before 10.45am or phone **01483 743975**.

Exercise the mind

Brockhill boasts a varied programme of daily activities to entertain and challenge you. People who are as bright as a button and sharp as tack can indulge their competitive side with card games, bingo, crosswords and quizzes, while the more creative are catered for with arts, crafts and weekly knitting sessions.

New experiences

Every month there is also a number of organised events on offer at Brockhill for people to enjoy including themed lunches, supervised outings and live entertainment. For a new experience or some lively interaction, ask at the Centre for a 'What's On' information sheet.

Fit, flexible and free from falls

Regular physical activity helps to maintain strength, flexibility, stamina and balance so that you can carry on doing the things you enjoy. Each day at Brockhill starts with ten minutes of gentle movement to get you motivated for the day ahead. To invigorate body and soul while maintaining a stable footing, Brockhill offers Armchair Exercise and Armchair Yoga classes to keep you in optimum health.

Foot care

Healthy feet keep you mobile and independent. Brockhill has a private treatment room where you can book an appointment with the visiting chiropodist. They can provide advice on how to look after your feet and what type of shoes to wear. They can also treat and alleviate day-to-day foot problems, cut nails and soothe cracked heels. Treatments start at £15 and need to be booked in advance.

Bath in comfort

Nothing beats a warm relaxing soak in the tub to wash away stress and rejuvenate the soul. Brockhill houses a specialist bathing facility to give people with restricted mobility access to a refreshing dip. The TUBS facility needs to be booked in advance. Prices start at £7.

Hairdressing

Looking good is an essential part of feeling good. Book an appointment at Brockhill hair salon with the resident stylist for a great value cut. A shampoo and set starts at £10.

Nail care

Your hands are an extension of you. Add colour and a touch of glamour with a file and polish from as little as £5.50. Brockhill's trained nail technician is available on request Monday to Friday.