

# Fitzwarren House, Swindon

---

Nursing and Dementia Care



Person-centred care and support



# Fitzwarren House

---

We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Fitzwarren House offering:

- nursing and dementia care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

## MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.



## Fitzwarren House

Fitzwarren House was built in 2005 and is situated within its own landscaped grounds in a quiet rural area on Kingsdown Road in Swindon. The location ensures quiet surroundings and lovely views from the bedrooms.

Here we provide nursing and dementia care in a modern, purpose-built environment, designed for your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.

## Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Fitzwarren House a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities and TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

## The Care Team

Our Home Manager is a fully qualified nurse and care professional who leads a team including care managers, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Fitzwarren House.

---

## Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

**Dementia Care** - MHA recognises each person as a unique individual. By getting to know the person and their life history, we aim to understand the meaning behind behaviour and plan our care to reduce any frustrations and improve well-being.

**Nursing Care** - We seek to meet increased physical needs and mental frailty with our on-going personalised nursing care.

Most importantly we ensure each resident is treated with the respect and dignity that we all deserve.

## Health Care

As a resident of Fitzwarren House, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. A chiropodist and hairdresser visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with these or any other health professional.

## Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

## Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

## Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

## Community Facilities

We have links with various local organisations who offer opportunities for us to join with other groups and provide transport to events. Also, our care team will be happy to advise you on local places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs.

## Social Facilities

At Fitzwarren House we have a large number of different communal areas including spacious lounges, activity areas and dining rooms. You'll find these areas sociable and popular meeting places for residents. There is also a large central hall where events and special celebrations take place. This is the hub of the building where daily activities like crafts, singing, poetry and reading can be enjoyed.

We also have a hairdresser who visits to use our own well-equipped salon or provide you with hairdressing services in your room.

## Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.



## Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

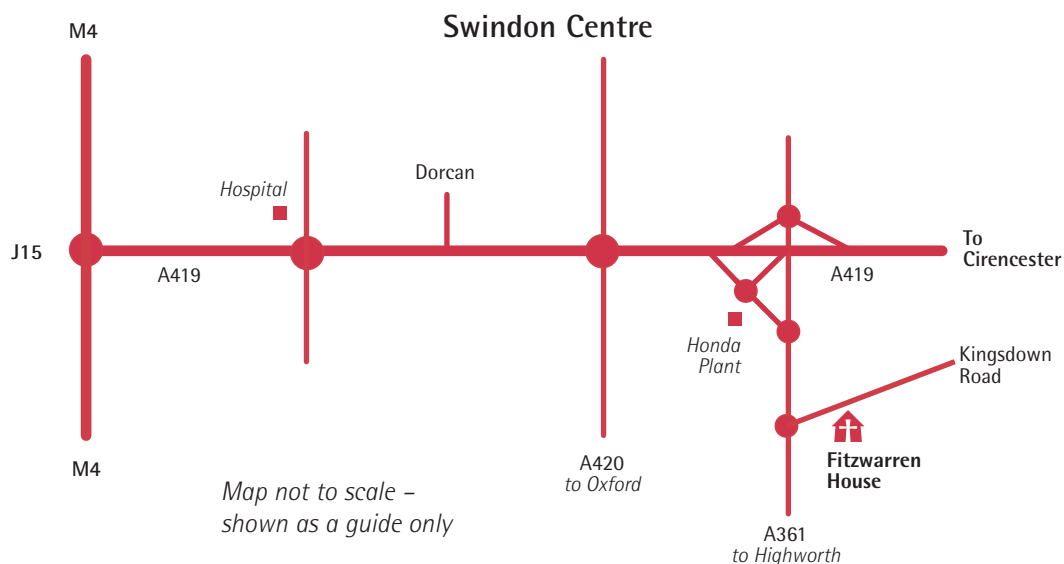
## Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

## Where Are We?

**From the North.** Follow A419 towards Swindon. Take second slip road to Stratton/Honda South. Follow A361 towards Highworth to second roundabout. Turn left at Vickers roundabout into Kingsdown Road.

**From the South.** Leave the M4 at J15, taking the A419 to Swindon. Go straight over the flyover, then take the third sliproad for Highworth. Follow A361 left under bypass and over next roundabout. Turn left at Vickers roundabout into Kingsdown Road.





### Interested in finding out more?

Please give us a call on  
**01793 836920.**

We will be delighted to talk to you.

Fitzwarren House  
Kingsdown Road  
Swindon  
Wiltshire  
SN3 4TD

Fax: 01793 836921

Email: [home.swn@mha.org.uk](mailto:home.swn@mha.org.uk)



housing and care for older people

### Head Office

Epworth House  
Stuart Street  
Derby  
DE1 2EQ

Phone: 01332 296200

Fax: 01332 296925

Email: [enquiries@mha.org.uk](mailto:enquiries@mha.org.uk)

Website: [www.mha.org.uk](http://www.mha.org.uk)

Registered as a Charity - No. 1083995  
Company Limited by Guarantee - No. 4043124  
Methodist Homes for the Aged is part of MHA