## Willowthorpe Stanstead Abbotts. Hertfordshire

Purpose built to cater for residents' specific needs, Willowthorpe opened in April 2005. The home is situated in the charming Hertfordshire town of Stanstead Abbotts, which has been named 'Hertfordshire's Best Kept Village'. The town is also just 45 minutes from both London and Cambridge. At Willowthorpe, we pride ourselves on providing the very latest facilities and the highest standards in personalised care. With picturesque riverside views, Willowthorpe attracts an array of wildlife as well as narrowboats mooring at the home.

All our rooms at Willowthorpe are single en-suite with shower facilities, and are decorated to the very highest standards. Willowthorpe offers two levels of care within different areas of the home. Our 32-bed Residential Care unit caters for the more physically active resident, offering easy access to our spacious grounds. Our Dementia Care courtyard unit is designed to meet the specific needs of those suffering from a dementia such as Alzheimer's. The unit provides a safe and secure environment, whilst

offering residents freedom to move around its 'wandering path'.

Willowthorpe's residents receive a varied menu of home cooked meals. Tailored for specific dietary requirements, our chefs prepare meals which are both delicious



and nutritionally balanced. Residents may take their meals in a choice of elegant dining rooms and lounges, or in the privacy of their own room.

Willowthorpe encourages its residents to lead full and active lifestyles. Our dedicated Activities Co-ordinator ensures there's always a varied social calendar, with events including day trips, organised walks, lunches out as well as providing holistic and person centred support.





hairdressing

beautiful grounds

> people to meet



Willowthorpe Residential Home, High Street, Stanstead Abbotts, Hertfordshire, SG12 8AS. T: 01920 871811 F: 01920 871821



www.bmcare.co.uk

# About Care at Willowthorpe

Willowthorpe offers a caring environment and a dedicated team of experienced staff to meet the needs of residents experiencing the varied conditions which often accompany old age. We recognise that no two people are the same, the emphasis being on tailor made programmes which constantly seek to improve quality of life using a person centred approach. Freedom and privacy are respectfully maintained, but help is always at hand.

#### Willowthorpe specialises in:

- · Long term residential care for the elderly
- Long term dementia care
- Short breaks

### Willowthorpe at a glance

- Resident call bell system for assistance at any time
- Single en-suite or companion bedrooms
- Selection of specially assisted bathrooms for residents with physical disabilities
- TV and telephone points in all bedrooms
- · Disabled and wheelchair access throughout, including lift
- · Refreshment making facilities for residents and
- their guests
- Willowthorpe shop
- Choice of lounges and dining rooms
- In-house laundry
- Hairdressing salon
- Full activities calendar and daily programme
- Local GPs, district nurses, dentists, opticians and chiropodist visits by arrangement
- One-to-one person centred holistic support
- Keyworker system

#### How to find us

Willowthorpe is situated close to the centre of Stanstead Abbotts near St Margarets train station on the High Street (B181).

Travelling on the A10 exit onto the A414 signposted Chelmsford. At the Amwell Roundabout take the third exit onto the B181 signposted Stanstead Abbotts. Passing St Margarets train station on your left continue over the bridge and Willowthorpe is immediately on your left opposite two shops.

#### To arrange a viewing or for further information

B&M Care invites you to visit the home at any time, but if you would like to arrange a viewing at a specific time or require further information, please contact:

The Manager at Willowthorpe Residential Home . High Street Stanstead Abbotts . Hertfordshire . SG12 8AS T: 01920 871811 F: 01920 871821 www.bmcare.co.uk



The dining room at Willowthorpe





A typical bedroom at Willowthorpe

