

Sandygate, Wath-upon-Dearne

Residential and Dementia Care



Person-centred care and support

We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Having worked with older people for nearly 70 years, we have used our experience to develop a special service at Sandygate offering:

- residential and dementia care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.



Sandygate

Sandygate is situated within its own grounds in the small town of Wath-upon-Deane just outside Rotherham. The location ensures both quiet surroundings and a relaxed pace of life for our residents.

Here we provide residential and dementia care for 54 individuals in a purpose-built environment, designed for your ease of access and comfort. Our on-site dedicated staff team will provide you with round the clock care and support.

Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Sandygate a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

The Care Team

Our Home Manager is a fully qualified professional who leads a team including a Deputy Manager, Senior Care Assistants, Care Assistants and support staff. All our staff are fully trained in MHA's high quality care and play a vital part in the creation of a natural, homely atmosphere within Sandygate.

Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

Residential Care - We seek to meet increased physical needs and frailty with our on-going personalised care.

Dementia Care - MHA recognises each person as a unique individual. By getting to know the person and their life history, we aim to understand the meaning behind behaviour and plan our care to reduce any frustrations and improve well-being.

Most importantly we ensure each resident is treated with the respect and dignity that we all deserve.

Health Care

As a resident of Sandygate, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The optician, chiropodist, occupational therapist and dentist all visit residents regularly. All you need to do is inform our care team if you would like to make an appointment with one of these health professionals.

Cleaning and Laundry

Our Domestic Assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

Meals and Refreshments

Our food is freshly prepared on-site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any special dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure, and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Social Facilities

Sandygate has a large number of residents' communal areas including lounges and seating areas. You'll find all these areas very sociable and popular meeting places for residents.

Sandygate has its own Social Care Co-ordinator who organises a complete schedule of activities for you to take part in if you wish. These include painting, crafts, sing-alongs, needlework, books on tape, gentle exercise, games, bingo and speciality coffee mornings. Outside theatre groups, musicians and entertainers visit regularly and we also like to organise social outings.



Community Facilities

The local post office, library and shops are all situated within a short distance of the home.

Wath-upon-Dearne is situated five miles north of Rotherham. The town dates back to Norman times, having an entry in the Domesday Book, and was described as "the Queen of villages" by poet James Montgomery in the 19th century. Today the town is known for the Wath Festival of folk music and the famed throwing of buns from the church tower. Local attractions include the RSPB's Old Moor nature reserve.

Our care team will be happy to discuss any places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs.



Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other ministers of religion in the local area.

Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a modest fee.

Where Are We?

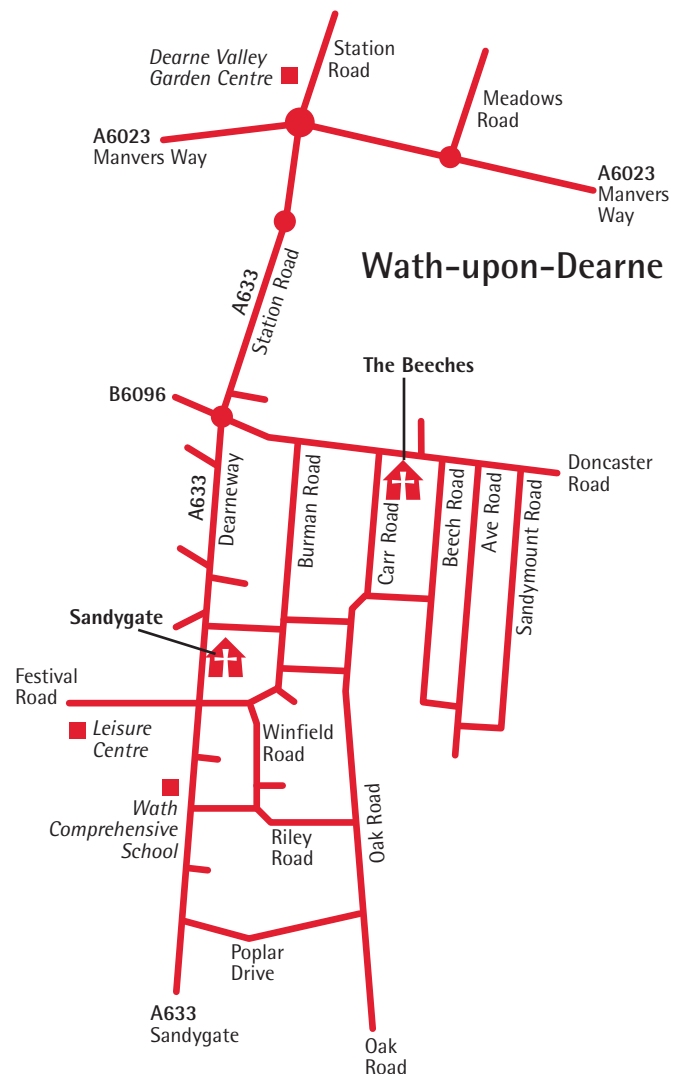
From the east

Take the A1(M), exiting at Junction 35. Take the A630, Sheffield Road towards Rotherham. At Conisbrough take a left hand turn onto the A6023, Low Road. Continue through Mexborough into Wath on the A6023. At the traffic island with the A633, Station Road, turn left.

Continue straight over the next traffic island continuing along the A633, Dearneway and A633, Sandygate. The care home is clearly visible from the main road on your left hand side.

From the west

Take the M1, exiting at Junction 36. At the traffic island follow signs for the A6195, Dearne Valley Parkway. Continue along this road until you reach the traffic island with the A633, Manvers Way. Take this exit right and continue along this road. At the traffic island with the A6023, take the third exit for the A633, Station Road and follow the directions in italics above.



Map not to scale – shown as a guide only



Quality Standards

We operate our own Quality Standards programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA's services have been independently assessed for quality by the English care sector's regulator, the Care Quality Commission (CQC), and have achieved one of the highest ratings.

Interested in finding out more?

Please give us a call on

01709 877463.

We will be delighted to talk to you.

Sandygate

Wath-upon-Dearne

Rotherham

South Yorkshire

S63 7LU

Fax: 01709 878258

Email: home.wat@mha.org.uk



housing and care for older people

Head Office

Epworth House Stuart Street Derby DE1 2EQ

Phone: 01332 296200 Fax: 01332 296925

Email: enquiries@mha.org.uk Website: www.mha.org.uk

Methodist Homes, registered as a Charity - No. 1083995

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