

# Kingfisher House, Birmingham

Nursing Care



Person-centred care and support

# Kingfisher House

---

We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Kingfisher House offering:

- nursing care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

## MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.

## Kingfisher House

Kingfisher House is situated on a quiet road in the Bordesley Green area of Birmingham. The location is a short distance from local shops, amenities and has an ample parking area and its own enclosed landscaped garden.

## Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Kingfisher House a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

## Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your keyworker and named nurse will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.



---

**Nursing Care** - Our 24-hour nursing care is provided by professional qualified nurses and trained care staff. We seek to meet increased physical needs and mental frailty with our on-going personalised nursing care.

Most importantly we ensure each resident is treated with the respect and dignity that we all deserve.

### **The Care Team**

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Kingfisher House.

### **Health Care**

As a resident of Kingfisher House, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. A chiropodist, an optician, an occupational therapist, speech therapist and a dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

### **Cleaning and Laundry**

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

### **Meals and Refreshments**

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

### **Security and Peace of Mind**

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid immediately – 24 hours a day, 365 days a year. Our external fire doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

## Social Facilities

At Kingfisher House we have a large number of different communal areas including spacious TV lounges, seating areas, dining rooms and kitchenettes. You'll find these areas sociable and popular meeting places for residents.

We also have a hairdresser who regularly visits to use our own well-equipped salon or provide you with hairdressing services in your room.

Daily activities at the home are organised by our Volunteer Co-ordinator and include painting, reading, coffee mornings and arts and crafts. We also organise trips to social events and local places of interest, and enjoy visits from musicians and entertainers.

## Community Facilities

We have links with various local organisations who offer opportunities for us to join with other groups, day centres and provide transport to local events.

Within the city of Birmingham there are numerous shopping centres including the new Bull Ring Centre, the Pallasades and the Pavilions. There are numerous community facilities such as museums, art galleries, libraries, parks and leisure centres. The city centre also boasts an IMAX Cinema (which shows giant three-dimensional films).

The National Exhibition Centre (N.E.C.) is located close to Birmingham and hosts many events that may be of interest throughout the year.





## Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.

## Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

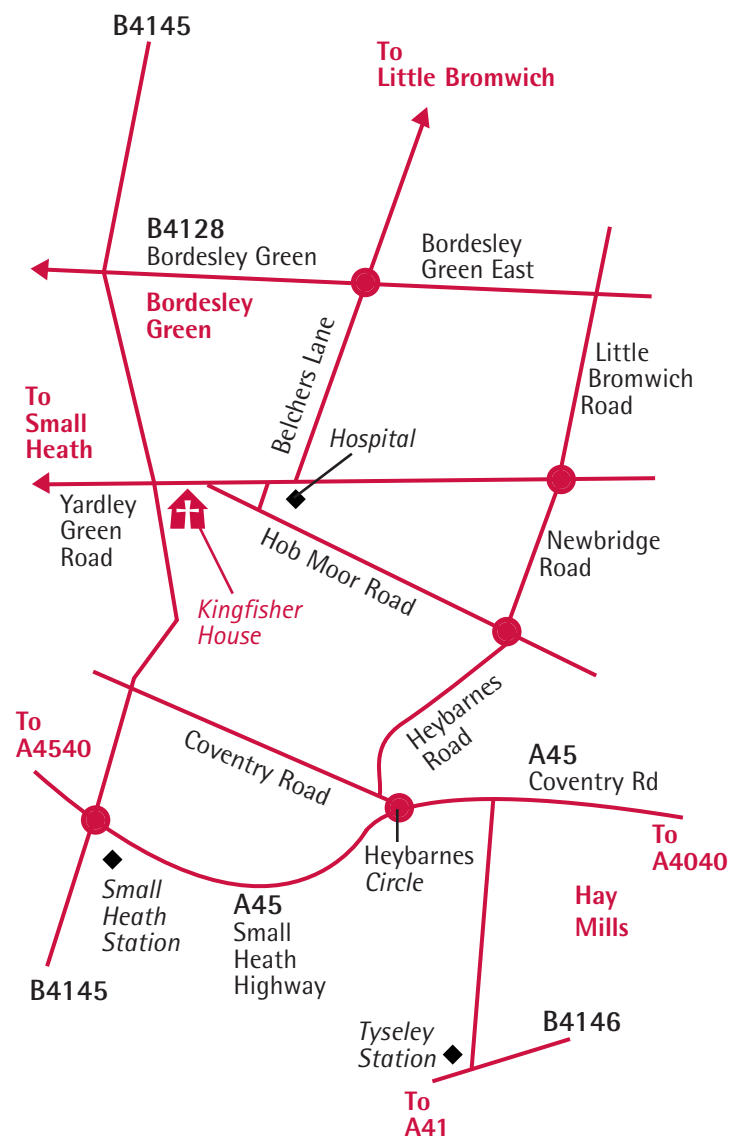
In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

## Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

## Where Are We?

Coming along the A45 (Coventry Road) heading towards the city centre, turn right at Heybarnes Circle into Heybarnes Road. Proceed forward over the first roundabout into Newbridge Road. At the next roundabout turn left into Yardley Green Road. Kingfisher House is approximately 300 yards on the left.



*Map not to scale – shown as a guide only*



### Interested in finding out more?

Please give us a call on

**0121 753 0333.**

We will be delighted to talk to you.

Kingfisher House Nursing Home

171 Yardley Green Road

Bordesley Green

Birmingham

B9 5PU

Fax: 0121 771 4190

Email: [home.her@mha.org.uk](mailto:home.her@mha.org.uk)



housing and care for older people

### Head Office

Epworth House

Stuart Street

Derby

DE1 2EQ

Phone: 01332 296200

Fax: 01332 296925

Email: [enquiries@mha.org.uk](mailto:enquiries@mha.org.uk)

Website: [www.mha.org.uk](http://www.mha.org.uk)

Registered as a Charity - No. 1083995

Company Limited by Guarantee - No. 4043124

Methodist Homes for the Aged is part of MHA