## St Anns Kettering. Northamptonshire

St Anns is situated close to the town centre of Kettering in Northamptonshire. The home is ideally located near the train station and Northampton is only 15 miles away. St Anns is a purpose-built residential home that has been providing quality care for the elderly since 1993. It offers a warm and caring environment to a varied range of residents, including those suffering from a physical or mental disability, as well as the elderly.

Accommodation in St Anns is available in a choice of single, single en-suite or companion rooms, which are all pleasantly decorated. Residents are encouraged to personalise their room with their own belongings to help create more familiar surroundings.

Meals may be taken in either of the two delightful dining areas, or in the privacy of residents' own rooms. Our skilled resident cook prepares a range of appetising and nutritionally balanced meals,

taking into account any specific dietary requirements or individual preferences. Morning coffee, afternoon tea and other snacks are available throughout the day.

At St Anns life is for

living, and a full and active lifestyle is encouraged. Our Activities Organiser arranges a varied social calendar of

activities and entertainment.

leisure activities



art & crafts

beautiful grounds

quality care



St Anns Residential Home, 12 The Crescent, Kettering, Northamptonshire, NN15 7HW. T: 01536 415637 F: 01536 415637



www.bmcare.co.uk

# About Care at St Anns

St Anns has a select team of experienced staff who are trained to meet the needs of residents experiencing the varied conditions that often accompany old age. As no two people are the same, the emphasis is on individually planned care, which builds upon a person's strengths and constantly seeks to improve their quality of life. Freedom and privacy are respectfully maintained, yet help is always at hand.

#### St Anns specialises in:

- Long term residential care for the elderly
- Long term care for residents experiencing various physical or dementia related conditions including Alzheimer's

### St Anns at a glance

- Resident call bell system for assistance at any time
- Single, single en-suite or companion bedrooms
- · Specially assisted bathrooms with automated baths
- TV and telephone points in all bedrooms
- In-house laundry
- Hairdressing salon
- Visits by local GPs, district nurses, dentists, opticians and chiropodists by arrangement
- A lovely garden and secure courtyard where residents can move in a safe environment
- Ample visitor parking

### How to find us

From the North or South on the M1, exit at junction 15 and take the A508 to Northampton which then becomes the A45. Come off the A45 onto the A43 signposted to Kettering.

If you are coming from the A14, exit at junction 8 which is the A43 to Kettering.

St Anns is situated close to the train station and town centre on The Crescent which is in between Station Road and Headlands.

#### To arrange a viewing or for further information

B&M Care invites you to visit the home at any time, but if you would like to arrange a viewing at a specific time or require further information, please contact:

The Manager at St Anns Residential Home . 12 The Crescent . Kettering . Northamptonshire . NN15 7HW T: 01536 415637 F: 01536 415637 www.bmcare.co.uk



A typical bedroom at St Anns





The outdoor seating area at St Anns

