

The Herons, Nottingham

Residential Care



Person-centred care and support

The Herons



We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Having worked with older people for nearly 70 years, we have used our experience to develop a special service at The Herons offering:

- residential care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.

The Herons

The Herons is located on Calverton Close, in Toton, Nottingham. The location is a leafy suburban setting, which ensures both quiet surroundings and a relaxed pace of life.

Here we provide residential care for 38 older people in a purpose-built environment, designed for both your ease of access and comfort. Our dedicated, on-site staff team is there to provide you with round the clock care and support.

Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at The Herons a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities and TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

The Care Team

Our Manager is a fully qualified professional who leads a team including a Deputy Manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within The Herons.



Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities to maintain life skills.

Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

Health Care

As a resident of The Herons, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. The Chiropodist, Optician, Occupational Therapist and Dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff.

Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any special dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid promptly – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Social Facilities

The Herons has a number of residents' communal areas including a spacious lounge, tea bars, seating areas and a dining room. You'll find all these areas very sociable and popular meeting places for residents.

At The Herons you have the privacy of your own space and the opportunity to join in a wide range of social activities

such as painting, crafts, sing-alongs, needlework, physical fun, games, bingo and coffee mornings.

Community Facilities

Facilities within easy reach of The Herons include a Tesco supermarket and other local shops. There are numerous attractions in the surrounding area including two Golf Clubs, Wollaton Park and the Attenborough Nature Reserve. Just speak with our care team who will be happy to advise you on places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs.

Quality Standards

We operate our own Quality Standards programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA's services have been independently assessed for quality by the English care sector's regulator, the Care Quality Commission (CQC), and have achieved one of the highest ratings.

Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.



In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers in the local area.

Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we make a modest charge.

Where Are We?

From Derby and the M1, Junction 25.

Drive towards Nottingham along the A52, Brian Clough Way until you reach the Toton Lane traffic island with the B6003. Take the third exit onto Toton Lane and then Stapleford Lane. At the traffic light junction take the first turning on your left into Swiney Way. Follow this road until you reach Calverton Close on the right. Proceed down Calverton Close and The Herons is situated at the end of the road.

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*Not to scale –
shown as a guide only*



Interested in finding out more?

Please give us a call on
0115 946 0007.

We will be delighted to talk to you.

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