

# Award winning care comes to Sevenoaks



Gloucester House



GREENSLEEVES

HOMES TRUST

# Residential Care

We offer residential care within warm, safe and pleasant surroundings. Our well-trained and friendly staff provide the residents with 24-hour personal and practical support to ensure they continue to enjoy maximum independence and peace of mind in the knowledge that help is always at hand.

At Gloucester House we provide the highest quality of care that is tailored to the needs of our residents whilst maintaining and enhancing their quality of life.

In line with our Eden Alternative ethos, we ensure that residents are given choice in their daily life at the Home. This includes the choice of meals, choice of activities they participate in, and how their care is planned and delivered. Our care staff work with residents and their loved ones to create detailed care plans that include every aspect of wellbeing to ensure the resident's health and care needs are continually met.



## Dementia Care

We have long standing expertise in helping older people who are affected by memory loss. The care we provide reflects the individual needs of each resident living with dementia, as underlying conditions of Alzheimer's and other forms of dementia will differ from person to person. We have learned that tailoring care and assistance to the personal needs of each resident is the best approach which maintains independence while having support from our experienced staff when needed.

For those less severely affected by memory loss, we gently prompt purposeful activities in order to keep the mind stimulated and to help maintain good mental health.

In all cases, we take great care to keep close contact with relatives in order to provide the most appropriate and meaningful support to their loved ones.

## Nursing Care

Our specialist nursing teams are highly trained and experienced in caring for older people, from medication management and mobility to personal support. The staff will provide each resident with specialist 24 hour care tailored to their individual needs, while preserving their dignity and independence.

## Respite Care

At Gloucester House we provide short term care relief for carers and family members.

Shorter term respite stays can be arranged to give carers a well-earned break, subject to availability. With care provided 24 hours a day, lovely surroundings, superb menu and a varied programme of activities, even short stays at Gloucester House will be enjoyable for the residents.

# Menu

Food is at the heart of excellent care. At Gloucester House, we provide delicious freshly cooked and balanced meals every day. We cater for different tastes and there is always a choice of food given. The views of our residents are important to the care we provide and we always welcome feedback from them in developing menus that reflect their tastes.

Our chefs are carefully chosen, not just for their skill, but for their commitment to make a positive difference in the lives of our residents.

# Activities

Greensleeves Homes Trust prides itself on providing a range of interesting award-winning events and activities for the residents. Our stimulating programme of daily activities is personalised to suit our residents' hobbies and interests, enabling them to stay active and as independent as possible. The home has a dedicated Activities Co-ordinator who arranges a variety of opportunities for the residents to enjoy daily activities in the home as well as in the local area helping the residents in developing and maintaining close bonds with the local community.



# Welcome to Gloucester House



Gloucester House is situated one mile from Sevenoaks High Street. The home provides outstanding residential, dementia and nursing care, while enabling the residents to retain their freedom to organise and manage their own lifestyles.

The home is built on two floors with lift access and is divided into four 'villages', each in its own wing and with a separate sitting and day room. All the bedrooms have en-suite facilities and we have some double rooms for couples. Every bedroom has sockets for TV and telephone.

A large dining room and sitting room situated on the ground floor give access to the attractive garden which is maintained with the help of our gardener. The home is equipped with a hairdressing salon, activities room and physiotherapy room.

# Greensleeves Homes Trust

Greensleeves Homes Trust is a highly innovative provider of care for older people. We do this in award-winning residential, dementia & nursing care homes across the Midlands, Southern and Eastern England.

As an organisation we are constantly adapting to meet the needs of older people. We have successfully introduced the Eden Alternative approach to care to improve the quality of life for residents at all our homes. The Eden principles provide a framework to transform traditional approaches to care into the creation of communities where life is worth living and where older people can thrive.

We are committed to developing our staff, and we are delighted that the excellence of our homes and staff has been recognised in a series of national and regional awards.

At Greensleeves Homes Trust we empower residents to make decisions relating to daily life in the home. After all, this is their home.

At Gloucester House - your care and comfort  
is our first concern. Always.

Please contact us for more information how we can support you:

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Tel: **01732 741488**

Email: [gloucester@greensleeves.org.uk](mailto:gloucester@greensleeves.org.uk)

[www.greensleeves.org.uk](http://www.greensleeves.org.uk)

Greensleeves Homes Trust is the proud winner of  
a number of national care awards including:

