# HAILSHAM HOUSE NURSING HOME Relationship Centred Care TM

# A home for life for dementia sufferers

Hailsham House Nursing Home, New Road, Hellingly, East Sussex, BN27 4EW

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Hailsham House **Nursing Home is a** modern property standing in a quiet rural location on the outskirts of Hailsham. East Sussex.

It provides specialist nursing care for people with dementia type illnesses under the supervision of Registered Nurses. The home is family owned by Ernie and Dr Karen Graham, whose aims are to provide professional care and support in a homely environment.

### **Facilities**

The home is divided into a number of social groups, each with their own



Homely Atmosphere

Ernie Graham and Dr Karen Graham

spacious communal lounges and dining areas. A full range of bedrooms is offered, mostly single with en-suite facilities and in addition there are support bathrooms. Residents are welcome to bring pictures and ornaments to personalise their rooms.

#### **Resident Choice**

The home is keen to respect residents' privacy, rights, independence and freedom of choice as far as possible,

taking into account their individual ability levels. It operates an "open door" policy whereby relatives and friends are welcome to visit at any time. Meals are normally taken in the spacious dining rooms but residents may choose to have their meal served in their room. The home provides traditional home cooked food using seasonal produce wherever possible. Our qualified chef is happy to provide alternatives choices if requested. Special diets can be accommodated where necessary.



Home Baking

# **Staffing**

All the staff that work in the home are direct employees, thus ensuring continuity of care and facilitating a family atmosphere. The home has a comprehensive training programme and a high proportion of its staff have achieved NVQ qualifications. The training programme includes specialist modules in dementia and challenging behaviour which gives staff a fuller understanding of the residents and how to cope with the many facets of dementia sufferers' behaviour.

# Nursing and Medical and Other Support Services

The home is supervised 24 hours a day by its own team of Registered Nurses. Residents may choose their GP from



Soothing Aromatherapy



Tranquil Gardens

several practices in the area or they can keep their current GP if the home is in their GP's practice area. The home has its own chiropodist.

# **Relationship Centred Care**

The home has social co-ordinators who help the residents to maintain relationships with family and friends. This involves assisting with the development of life story books and providing ongoing communication with their social networks. The programme also includes crafts, games and hobbies as well as regular social activities and visiting entertainers.

### **Spiritual Support**

Local church leaders visit the home regularly to support residents' spiritual and emotional needs in line with the home's aim to provide Christian based whole

person care covering more than just physical needs. Residents are free to follow the religion of their choice and there is a non denominational service on a weekly basis for all residents who wish to attend.

#### **Pre-admission Assessments**

A nurse from the home will be pleased to visit a prospective resident in their home or in hospital and then to produce a written proposal as to how the resident's needs could be met. This is without obligation and provides the client with the fullest possible range of information



Quiet areas to enjoy

### **Convenient Location**

The home has excellent road connections close at hand and is only a short distance from Eastbourne.

Places at Hailsham House can be funded privately, by a local authority or health authority or by a combination of all three.



