

Abbey Park, Coventry

Nursing care



Person-centred care and support

Abbey Park

We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Abbey Park offering:

- nursing care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.

Abbey Park

Abbey Park Nursing Home is situated within its own landscaped grounds in a quiet residential area on Humber Road in Coventry. The location is a short distance from the city centre shops, amenities and many local tourist attractions.

Here we provide nursing care in a homely, purpose-built environment, designed for your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.

Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Abbey Park a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

The Care Team

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Abbey Park.



Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.

Your named nurse and keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

Nursing Care - Our 24-hour nursing care is provided by qualified nurses and trained care staff. We seek to meet increased physical needs and mental frailty with our on-going personalised nursing care.

Most importantly we ensure each resident is treated with the respect and dignity that we all deserve.

Health Care

As a resident of Abbey Park, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. A chiropodist, an optician and a dentist all visit residents regularly. The home employs its own physiotherapist, occupational therapist and reflexologist. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

Cleaning and Laundry

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

Meals and Refreshments

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

Security and Peace of Mind

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid immediately – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

Social Facilities

Abbey Park Nursing Home has a number of residents' communal areas including TV lounges, dining rooms and beautiful gardens. You'll find these areas sociable and popular meeting places for residents.

A hairdresser visits the home twice weekly to use our own well-equipped salon, and our Co-ordinator of Volunteers and our Activities Co-ordinator organise daily activities within the home. We also organise trips and enjoy visits from musicians, entertainers and the local pat-dog scheme.

Community Facilities

Within the city of Coventry there is a vibrant shopping centre and numerous community facilities such as libraries, parks and leisure centres. Historical places to visit include the medieval Spon Street, the old and new cathedrals, St Mary's Guild Hall (the holding place of Mary Queen of Scots, whilst on her way to be executed) and the Lady Godiva statue.

Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.



Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

Where Are We?

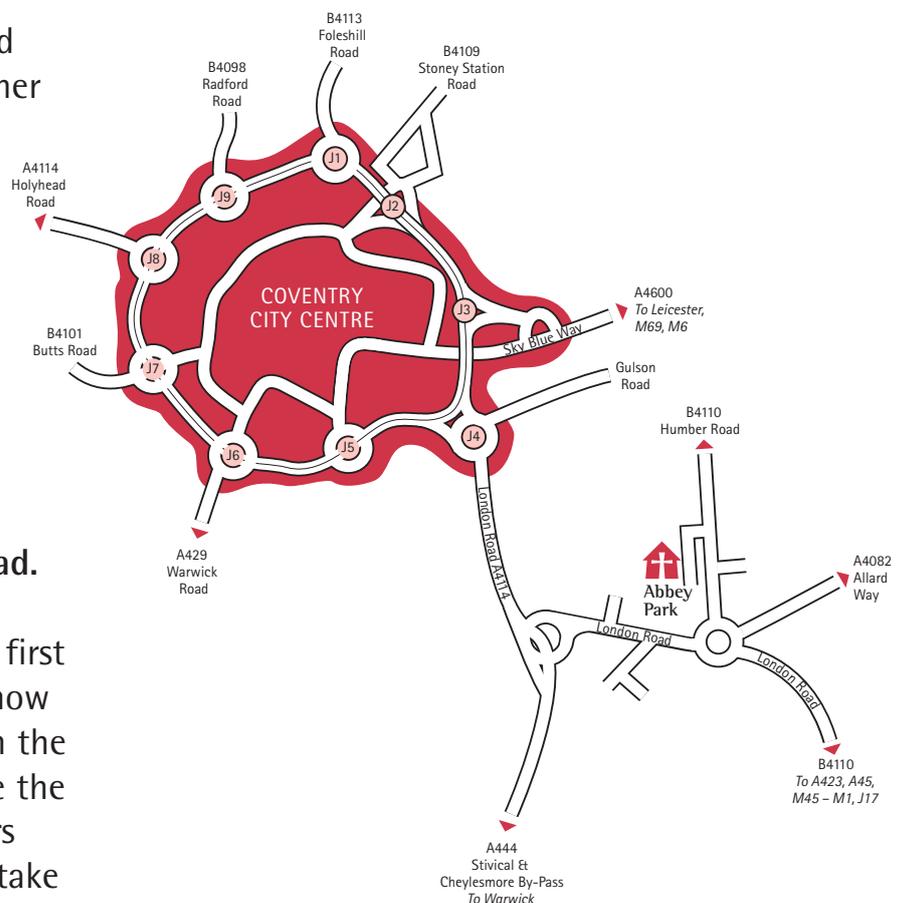
From Coventry City Centre Ring Road. Proceed from J4 along London Road (A4114). At the roundabout take the first left continuing along London Road now A4082. Go past a large Asda store on the left and at the next roundabout take the second exit signed B4110, Seven Stars Industrial Estate. Go up the hill and take the first turn on the left. Once on site take the first turning on the right and park in the car park (shared with ExtraCare Charitable Trust Head Office).

General Directions:

From North. Exit M6 at J3 – Coventry A444, signed for city centre, then take B4110 signed Coventry Airport, this is Humber Road.

From South-west. M5 – M42, then exit M42 at J6 signed A45. Take A46 north and then A46 to A423.

From South-east. Exit M1 at J17 onto M45, then A45 to A423.



Map not to scale – shown as a guide only



Interested in finding out more?

Please give us a call on

024 7650 6045.

We will be delighted to talk to you.

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